## GLOUCESTER HIGH SCHOOL

Quality education in a caring, innovative environment.

### School Calendar

Sunday 7 - Sunday 14 July National NAIDOC Week

Saturday 13 July Gloucester NAIDOC Family Fun Day -Gloucester Recreation Centre 10am-1:30pm

TERM 3

Monday 22 July Staff Development Day

Tuesday 23 July Students return Term 3

Wednesday 24 July NSW All School (State) Cross Country

Tuesday 30 July Combined NAIDOC Celebrations - Taree Parent-Teacher Evening

**Wednesday 31 July** Hunter Athletics Carnival - Glendale

**Thursday 1 August** Y9-11 Career Quip - Taree

Tuesday 6 August Secondary Schools Rugby 7s -Port Macquarie

Thursday 8 August Netball School Cup Finals - Port Macquarie

Monday 12 August U15 Boys and Girls Basketball - Taree

Weekly events to remember: School Band - Mon 3:10 - 5pm Breakfast Club - Wed & Thur 8:30am Homework Hub (Y7-9) - Wed 3:10 - 4:30pm Night Library (Y10-12) - Thurs on demand

## P&C

Our next P&C meeting will be: Monday 19 August 2024 6:00pm - school library

#### CANTEEN VOLUNTEERS NEEDED

Once or twice a term 10:30am-2:30pm No experience required, just a friendly face. Please contact us on 6558 9963.

Follow us on facebook



**NEWSLETTER** Friday 5 July, 2024

## NAIDOC DAY 2024

Naidoc Week (7-14 July 2024) is a time to celebrate Aboriginal and Torres Strait Islander cultures and recognise and share the contributions that Aboriginal Australians make to our country and society.



## **Care Achievement Respect Effort Responsibilty**

129 Ravenshaw Street, Gloucester NSW 2422 / P 02 6558 1605 / F 02 6558 1229 www.gloucester-h.schools.nsw.edu.au / gloucester-h.school@det.nsw.edu.au















A huge thank you to the local community members that came along to help us in our NAIDOC Day activities. Left to right: Aunty Donna Kemp, Uncle Les Atkinson, Mr Jarrad Galvin, Ms Amber Galvin & Ms Kayla Jory



Diverse educational programs that challenge and inspire students

## **PRINCIPAL'S REPORT**

As Term 4 draws to a close I would like to wish students, their families and staff a very safe and relaxing winter vacation. School resumes on Monday 22 July for staff, and for students the next day, Tuesday 23 July. The Staff Development Day for Term 3 will focus on mandatory compliance training for CPR and anaphylaxis.





Following on from Wayne Warburton's presentation this term on digital safety and awareness for young people, I came across a web site called The Carley Ryan Foundation. This was set up by Carley's parents after she had been groomed online and subsequently murdered by him when they met. The foundation was established to educate young people about the dangers online and is operating in Australia and the USA. In Australia the courts now have an enforceable law called 'Carley's Law', making it a crime to plan to harm a child under 16 and in particular targets predators who misrepresent their age. For your reference and better understanding of how these operate, I have included a link to factsheets on various social media platforms (Discord, Facebook, Instagram, Roblox, Snapchat, Tik Tok, Twitch and YouTube) which young people access.

#### https://www.carlyryanfoundation.com/resources/fact-sheets

Congratulations to Tiko Sansom who has been accepted into Star Struck this year. Congratulations also to Thomas Troope, Xavier Soupidis, Tom Maggs, Sam Collie, and Nick Maggs who have reached the next level in the 2024 Youth Rock NSW competition. Their band is called Short Attention, and their original song is called Cure Me. I have heard them practicing and they are amazing. Best wishes boys!

#### Mrs Trudi Edman, Principal

## **YIPIRINYA VISIT & BOWDEN BROTHERS CONCERT**

From Saturday 20 July to Sunday 28 July Gloucester Rotary, assisted by Gloucester High and many community groups, are hosting a visit from the Yipirinya Non-government school in Alice Springs. The students will be visiting our school, several businesses and farms, and of course the ocean across the Mid Coast as well as experiencing a "coastal" lifestyle... very different from their town of Alice Springs. It is an Educational, Cultural and Vocational visit.

Our own Gloucester Music family **The Bowden Brothers are playing a free concert** for school students, parents and invited guests on Tuesday 22 July.

Rotary will have their BBQ in operation from 6pm so come and grab some dinner and then take in the concert from 7pm.

You must book through the link below with try-booking. Limited tickets, so book now.

Come and share a great Community night out. Thanks to Gloucester Rotary and The Bowden Brothers.

Book Here. https://www.trybooking.com/CTGSO





## **YOUTH ROCK NEWS**

We are thrilled to announce that Gloucester High School's very own student band, 'Short Attention', has secured a spot in the semifinals of the Youthrock 2024 competition! This statewide school band competition, open to talented musicians aged 19 and under, has been a platform for showcasing the best young musical talent across our state.

They will be competing against some fierce rivals with eight other bands in their heat. The semifinals, scheduled for 5pm Saturday 3 August, promise to be an exhilarating event as they compete head-to-head against other top bands vying for a spot in the finals. This achievement is a testament to the dedication and talent of the band members, as well as the guidance and support from their teachers and mentors.

If they win their heat they will be in the grand final which will be on the Sunday 4 August.

Exciting news: The event will be livestreamed on Facebook, allowing fans and supporters from all over to tune in and cheer for 'Short Attention' in real-time. Follow Youth Rock band Competition on Facebook
<u>https://www.facebook.com/YouthRockNSW</u>

Stay tuned as 'Short Attention' continues their journey in Youthrock 2024, representing Gloucester High School with passion and determination. Let's cheer them on as they strive to make their mark in the vibrant music scene of our state!

Rock on, Gloucester High School!

#### Mr Bob Swadling, Music Teacher



## **ADEUS OTAVIO!**

This week we bid farewell to Otavio Mezzei, our wonderful Rotary exchange student from Brazil. Since joining our Year 12 cohort in Term 3, 2023, Otavio has left an indelible mark on our school community.

We wish you all the best in your future endeavors. May you carry with you the knowledge and experiences you've gained here, and may they serve as a foundation for your future successes. Remember that Gloucester High School will always be a place where you are welcome, and we hope to hear about your adventures and achievements in the years to come.

Thank you, Otavio, for being a part of our community. Safe travels, and may your journey ahead be filled with joy, growth, and endless possibilities.

#### A little something from your teachers:

"Otavio has been a great asset to our Business Studies class over the past 12 months. His keen interest in the business world and his knowledge of global issues has sparked many intellectual conversations that students were able to engage in. Students in Business Studies have enjoyed hearing how Otavio's community in Brazil operate and how largely they differ compared to our small town of Gloucester. I feel student's eyes have been opened to a range of cultural perspectives and how the world can be different and the same from place to place. Otavio has been a pleasure to teach, and I wish him all the best for all his endeavours in the future."

#### Mr Grierson, Business Studies Teacher

"Otavio has been a valued member of Advanced English for the past year. Despite English being his second language, Otavio's understanding of English literature and history has impressed us all - and rescued me at times when I've not known the answer to a particularly challenging question! Otavio has a great sense of humour, an impressive general knowledge (I'd have him on my trivia team any day!) and possibly the loveliest handwriting of any student I've ever taught. Not to mention his musical talent that we saw in his performances with Kevin on stage. Otavio is an exceptional young man and we have been very lucky to host him here at Gloucester High School. I'd like to wish Otavio every success and happiness for his future and I hope Gloucester always holds a special place in his heart."

#### Miss Nolan, English Teacher

"Otavio, It has been a great pleasure to have you in the Sport, Lifestyle and Recreation (SLR) class. I have really enjoyed our battles on the Tennis and Badminton courts, shooting games on the basketball court and soccer. I have taken great delight in our many and varied sporting conversations and the things you have taught me about your home country. Thank you and all the best mate!"

#### Mr Cameron, SLR Teacher

"It has been a pleasure to have you along for the journey that is Modern History. Your insightful contributions and love of history has been of great benefit and has built up our classroom environment. Your perspective has always been welcomed. Wish you all the best!"

#### Miss Sylvester, Modern History Teacher

"Your presence has greatly enriched our classroom environment. Your insightful contributions to our class discussions have been invaluable, often providing a unique perspective that has broadened our understanding of Brazilian school culture. Your friendly and open conversations, comparing the teaching and educational differences between your school in Brazil and here, have not only been enlightening but have also created a greater cultural awareness among us. We have thoroughly enjoyed your enthusiasm, warmth, and the camaraderie you brought to our class."

#### Ms Pickett, Biology Teacher



Diverse educational programs that challenge and inspire students

## **CULTURAL EXHIBITION AND EXPLORATION**

"On Tuesday the 2nd of July myself and a group of students headed downtown, as part of the 'Sisters Speak and Bro Speak program' we have here at Gloucester High School.

We left school and headed down to the Billabong Park, where we had hot chips and sandwiches – they were delicious! Once we had something to eat, we went over to the Art Gallery, where our own artworks were showcased. As I was walking up to the gallery, I saw the word "ART" in the windows, in a beautiful aboriginal design – it was so eye catching, our year 9 art class did an amazing job! When I walked into the gallery, I saw my own artwork that I painted in my art class, the artwork was about 'Life's Journey', right next to my artwork was one of my classmates, Hailee. As we walked around the gallery, it was special to see all the artwork people in our community have created.

Once we had a good look around at the Art Gallery, we drove over to Minimbah Gardens. We explored around the sacred place, and took it all in. Jarrad Galvin showed us some traditional aboriginal methods, such as – how to make a rope out of local plants, how to use Sandpaper Leaves to sand sticks, and what different types of leaves there are, and the different purposes they have, i.e. Herbal teas.

It was a great experience, and I'm so grateful that I got to be a part of such a great day."

#### Krystal Penfold, Year 9 Student

Many thanks to Amber and Jarrad Galvin for making this possible for our students, many of whom were busy helping to run activities at the school on the day of our NAIDOC celebrations.



**Minimbah Gardens** 



Gloucester Art Gallery 'A Cultural Exhibition 2024' 20 June - 14 July

## **YR 10 MARINE STUDIES**

As part of the boating unit, students have been learning to tie a number of knots culminating in a rescue scenario involving Ted, who drove his Triton through a flooded causeway. Working together using the knots learnt, the class safely rescued Ted.



## **FROM THE KITCHEN**

## **Anglican Church Luncheon**

On Thursday 27 June, the Year 11 Hospitality students enjoyed assisting with the catering for an Anglican Church luncheon, located at the Church Hall. Prior to the day, the students prepared two soups which provided a tasty light lunch for the guests. The delicious dessert options were prepared by the Anglican Church Ladies Committee. The luncheon was hosted for the parishioners and friends of St Paul's Anglican Church. The Hospitality students utilised their abilities to adapt to a different working environment, just as they will when they complete their mandatory work placement. The students enjoyed mingling and chatting with the guests as they offered tea and coffee. The Anglican Church Ladies Committee offer support to many within our local community, and for us, it was a pleasure to help and assist for such a notable cause.

Thank you, Year 11 Hospitality!



## **Crazy Milkshakes**

Year 10 Food Technology recently enjoyed experimenting with the creation of new and exciting milkshake recipes. As you can see from the photos the students once again, utilised their creative flair to produce and present these delicious milkshakes!



Mrs Louise Harris, Food Tech/Hospitality Teacher

## YEAR 12 MODERN HISTORY

Year 12 Modern History students took a two day trip to Sydney to visit the Australian National Museum and the Sydney Jewish Museum. For some it was their first time exploring these significant sites and experiencing the joys of Central Station's EzyMart. On the Thursday, they attended the annual History Teacher's Association Study Days designed to support student understanding and knowledge of core aspects of our HSC topics, with all students getting a lot out of it. This excursion's accommodation fees were generously covered by the Philippa Medcalf Memorial Remote Subsidy Grant and we are deeply grateful to them in supporting our senior students.

#### Miss Skye Sylvester



## **YEAR 12 ENGLISH**

Year 12 English Studies had some fun winding down with Bananagrams in their final lesson for Term 2!



## **NSW TOUCH GALA DAY**

Last Wednesday, our Girls and Boys 7/8 Touch Football teams travelled to Tuffins Lane, Port Macquarie to play in the NSW Touch Gala Day.

#### **Boys Team**

The day started very well for the boys with a big win over Heritage Christian College 10-0. Tries to Sam Griffin (4), Dean Griffin (3), Xander Galvin, Justin Boorer and Beau Laurie.

Our second game was against Great lakes College which was a very close match. Tries to Sam Griffin and Justin Boorer were not quite enough with Gloucester going down 3-2.

The next 2 games saw Gloucester play some very well drilled touch sides with a 9-0 loss to Mackillop College and a 7-2 loss to St Clare's. Justin Boorer scoring both tries.

#### Mr Adam Cameron, Coach

#### **Girls Team**

The girls played five games in their pool while at Port Macquarie. The group was led by their most senior player Lara Kemp throughout the day, but all the girls played their part in supporting each other when needed. There were several highlights during each game with Lily Sansom and Madison Gooch both making line breaks to sprint for the try line. Darcy Hall made some exceptional intercepts from the opposition to get the team in some dangerous areas to attempt to score and Lara Kemp putting it all on the line with a tricky diving try in our last game. Emily Clarke, Bonnie Kendall, Isabella Fisher, and Ellie Cameron were crucial in each game making runs, receiving the ball and distributing it when needed. The girls ended the day with 2 wins, 2 draws and only 1 loss, finishing the day 3rd in their pool. They were all dirty with mud, exhausted and big smiles on their face. A super effort from the girls.

#### Mr Drew Grierson, Coach



Girls Y7/8 Touch Football Team Back: Madison Gooch, Lily Sansom, Lara Kemp, Emily Clarke, Darcy Hall Front: Ellie Cameron, Isabella Fisher, Bonnie Clarke



Boys Y7 Touch Football Team Back: Corey Everett, Xander Galvin, Justin Boorer, Beau Laurie, Joshua Stanton Front: Dean Griffin, Sam Griffin, Miller Ribbons



## Enhanced Learning

**Educational Services** 

"the study skills specialist"

## Mid-Year Check-up

As we approach the second semester now is a good time to do a bit of a check-up to see if students can improve their approach to their learning. Parents you may like to go through these questions with your child and together set goals for Semester 2.

- 1. Have you set yourself goals to strive for during this year?
- 2. Do you know what motivates you to learn and complete your work for school?
- **3.** Do you try to take a positive approach to school and your studies?
- 4. Do you make the most of class time, listening and focusing and completing all work?
- 5. Have you been asking for help if you don't understand something?
- 6. Have you been writing all your homework into your diary or online planner and getting it done?
- **7.** Have you been breaking down bigger tasks and scheduling the work in your diary/planner?
- 8. Have you been keeping track of what you complete and rescheduling unfinished work?
- **9.** Have you organised your folders for papers and digital resources for school?
- **10.** Do you have folders or somewhere at home to file away all your work and notes for your topics?
- **11.** Have you been working on study notes each time you finish a topic for a subject?



- 12. Do you have a term planner above your desk where you can easily see when work is due?
- **13.** Have you set up a good study environment at home, a place where you can focus and work?
- **14.** Are you doing around an hour and a half of schoolwork most nights (2-3 hrs for seniors)?
- **15.** Have you thought realistically about whether you have too many outside school activities?
- **16.** Have you allocated set periods of time for school work (eg at least 3 x half hour blocks)?
- **17.** Do you remove all distractions etc. when you are focusing on your schoolwork at home?
- **18.** Do you prioritise each afternoon what you will work on that night?
- **19.** When you make study notes, are you making them visual with mind maps, highlighting etc?
- **20.** When you study for a test, do you both 'learn' the content and 'practise' the skills?
- **21.** Do you try to do lots of the practise under examination conditions?
- **22.** Have you reviewed the different study techniques that you should use for your learning preferences?
- **23.** Are you doing more than 'just reading' when you study for an assessment?
- 24. Have you thought about how you will overcome the obstacles you face in achieving your best?
- **25.** Have you set up some routines to try and create habits that will help you this year?



## GLOUCESTER NAIDOC FAMILY FUN DAY

7-14 JULY 2024

Recreation Centre Sat 13 July 10 am –

**KEEP THE FIRE BURNING!** 

BLAK, LOUD AND PROUD

BBQ and bushtucker

- Healing workshop
- Face painting
- Service Providers
- Nerf wars
- Jumping castle
- Temporary tattoos
   Reptile show
- Hair braids
- Kids crafts
   Ngarralinyi Radio

Amber Galvin Ph: 0400 582 141

#GloucesterNAIDOC #GloucesterWorimi

- facebook.com/GloucesterWorimi
- @naidocweek @ @naidocweek





Aboriginal Affairs NSW



# Gloucester Aboriginal Community Gathering

We would like to invite Gloucester Aboriginal community members to join us:

Where: Rec Centre Friday 12 July 2024.

Come for a yarn and a feed to talk about what we want in our community and how we can work together to make it better!

When: 5.30-7.30pm

Please RSVP (for catering purposes) to gloucesterworimi@hotmail.com by Monday 8 July.

Lucky door prizes to be won!



Supported and funded by the PHN



Gloucester Worimi First Peoples Aboriginal Corporation

Diverse educational programs that challenge and inspire students



\*Please note that all participants need to become members of the Gloucester District Tennis Association. Please find membership access at https://play.tennis.com.au/gloucesterdistricttennisassociation All participants will need to show proof of membership on first day of clinic.

## SCHOOL VISION STATEMENT

Gloucester High School aims to develop a supportive learning environment that engages all students,

#### teachers and community in the pursuit of excellence.



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