

School Calendar

Thursday 23 February
Open Boys Basketball v Dungog - Gloucester

Thursday 23 February
Hunter Blue U15 Rugby League Trials
- Raymond Terrace

Tuesday 28 February
Manning Zone Swimming - Taree

Thursday 2 March
Boys & Girls Rugby Union Trials

Monday 6 - Wednesday 8 March
Great Aussie Bush Camp

Tuesday 7 March
Open Netball - Forster

Thursday 9 March
U15 & Open Hunter Rugby League Trials
- Raymond Terrace

* All activities and events subject to COVID restrictions

P&C

Our next P&C meeting will be:
Monday 20 Feb - 6.30pm - Room AG03

CANTEEN - Phone 65589963

Monday 13 February
Gai

Tuesday 14 February
Kelly

Wednesday 15 February
Merrilyn

Thursday 16 February
Emma

Friday 17 February
Gai

Monday 20 February
Gai

Tuesday 21 February
Kelly

Wednesday 22 February
Merrilyn

Thursday 23 February
Emma

Friday 24 February
Gai

CANTEEN VOLUNTEERS NEEDED

Once or twice a term, 10.30am-1.30pm
No experience required, just a friendly face. Please contact us on 6558 9963.



Follow us on facebook



**WELCOME
YEAR 7!**



Care Achievement Respect Effort Responsibility

129 Ravenshaw Street, Gloucester NSW 2422 / P 02 6558 1605 / F 02 6558 1229
www.gloucester-h.schools.nsw.edu.au / gloucester-h.school@det.nsw.edu.au

PRINCIPAL'S REPORT

Welcome back to the new school year, I sincerely hope you had a safe and enjoyable break spent with family and friends.

I would like to congratulate Adelaide McIntosh in being awarded Gloucester Young Person of the Year at the Gloucester Australia Day celebrations. Many thanks to our school captains Jorja Beard and Nic Maslen who gave an Australia Day address. Thank you also to Adelaide McIntosh and Charles Tonks who performed a musical piece.

The school year has had a smooth beginning with Year 7 settling in well and our Year 11 students now in the senior school.

High schools are very busy complex organisations. All staff worked tirelessly toward the end of last year to get ready for 2023 and I would like to acknowledge that teachers have spent some of their time during the vacation working from home and at school finalising programs and preparing lessons for this year.

Last year we farewelled Mrs Natasha Baylis who moved to a new school in Newcastle and during the last week of school Miss Erin Blake accepted a position in a school in Armidale. We welcome Ms Penny Sear who is teaching Mathematics, Geography and Science; and Mr Drew Grierson who is teaching Business Studies, History and Geography. Due to our Agriculture teacher leaving we have had to re-do the timetable to cover this course. Mrs Sally Andrews, Miss Maggie Falla and Mr Chris Murray will be sharing junior and senior Agriculture subjects and courses. We also welcome Miss Alisha Woods as a School Psychologist. She will share the position with Mr Nathan Paff.

I would like to thank our families who have supported the BYOD program with the majority of students already with laptops and many more who will be getting them in the near future. Teachers are using the laptops at various stages throughout each lesson with lesson notes, activities, feedback and messages online. This supports students who may be absent and for those who would like to consolidate the learning from the day as part of their homework regime. Reminder to parents that if you are unable to purchase a laptop, please contact the school and we will ensure your child has a laptop for the day. These are to be collected before roll call and delivered back from 3:10pm each day. With the school day finishing at 3:10 on Tuesday to Friday this has ensured learning can occur up until the bell, rather than the class packing up 5 minutes early to return equipment. The students are not rushing to meet the buses.

We have had a smooth transition with the bell times changing from 6x50 minute lessons to 5x60 minutes lessons with 2 equal breaks of 30 minutes. The overall feedback from the majority of students and staff has been very positive with benefits being given as: more time for recess to enable students to get food from the canteen, reduced time at lunch (from 50 mins to 30 mins) has reduce playground incidents; less movement between periods; students seem calmer; more time on learning in each class; the afternoon goes quickly; and there is less rushing to get to the buses of an afternoon. This change has been in the planning phase for a number of years. Research undertaken by staff and visits to other high schools was presented to staff over this time. Staff were surveyed and it was agreed to proceed. P&C had been involved in the planning and the outcome, and it was endorsed at the September 2022 meeting. Last year all students were informed at whole school assemblies and during year meetings. The parents of the incoming Year 7 were also informed. These bell time changes are visible in students' timetables which have been and continue to be available on both student and parent Sentral Portal and are on our website under [School Hours](#). If parents have any concerns, please come to the school to discuss these so that we can be specific in our support and respond in a timely manner.



PRINCIPAL'S REPORT Continued...

Our annual swimming carnival was held on Wednesday. It was so good to see the students actively participating in events. The SRC prepared sausage sandwiches and home-made rissole rolls. The senior students entertained everyone in their creative costumes and fun event in the pool. Many thanks to Ms Renee Berger and the SRC for preparing the barbecue for the students, to Mr Adam Cameron and his organising team, to the office staff who managed the administration of the day, to the staff and to the students who were a delight to watch enjoying the day.

This year the school will be getting some well needed upgrades and additional infrastructure. This may cause planned temporary moves out of classrooms and students may find some areas within the playground will be restricted for a short period of time. We need to ensure safety of those on site while work is being undertaken. However, the result of the planned upgrades is going to improve student learning environments and complement what we have already undertaken during the past 3 years. At this stage, the first phase of works will be the construction of an outdoor gym, shade cover over the basketball court, shade cover over the Year 8 playground area and a General Assistant's workshop. Scaffolding has been installed around the gym area however, I have not yet received a commencement date. The school community will be informed through one or all of the school's communication channels (school sign, school portal, newsletter, P&C, Facebook, emails or SMS) when this information is known. Exciting times ahead!

Mrs Trudi Edman, Principal



Dr David Gillespie MP, Adelaide McIntosh, Jorja Beard, Nicholas Maslen and Mr Trevor Middlebrook

BACK TO SCHOOL VOUCHERS

We are pleased to advise NSW Back to School Vouchers can be used:

1. At the school office for excursions or calculator and art book purchases
2. At the canteen for uniform purchases

Redeem yours through the Service NSW app or here:

<https://www.service.nsw.gov.au/back-to-school-vouchers>

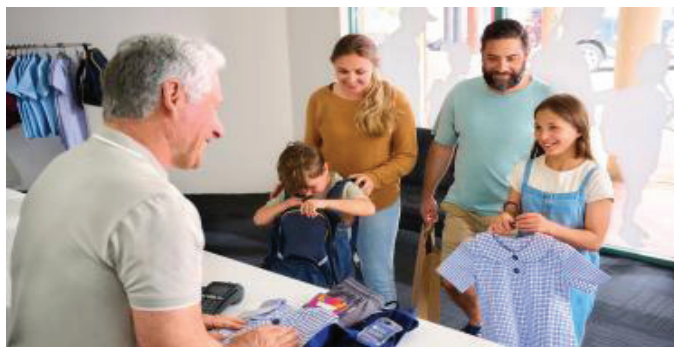
About the vouchers: The Back to School NSW Vouchers program will provide 3 x \$50 vouchers, totalling \$150 for each eligible child.

The vouchers can be used:

- towards the cost of school uniforms, shoes, bags, textbooks and stationery at registered businesses before 30 June 2023.

The canteen is open for uniform purchases at the following times:

- Weekdays during school term 9am - 10.30am and 11.15am - 12.45pm



NEW STAFF

Welcome to our new staff members!



Mr Drew Grierson



Miss Alisha Woods



Ms Penny Sear

BYOD UPDATE

All students are expected to have a working laptop in their possession for the duration of the day. Having equipment operational is being prepared for class. To do this takes organisation on the students' behalf but we all know that sometimes things can go wrong. To assist students on the days when things go wrong, they are expected to borrow a school laptop for the day. Repeated incidents of not being prepared for class for good reason will be noted. If borrowing laptops, students are to collect at the beginning of the day from 8:45am-9:00am and return from 3:10-3:20pm.



Students are responsible for charging their laptops at home, however we have a few initiatives setup to assist if their battery goes flat before the end of the day. One option is during class time, if a laptop goes flat and it is required during that period, the teacher may send the student with a note to the school office or the library to borrow a portable power charger for that period. The teacher will send the student back at the end of the period for the charger to be returned. The second option is during Break 1 and 2, students are able to top-up their charge from the USB-C Charging Station available in the library.

Thank you to the families who have supported the BYOD program. If you are yet to purchase a laptop for your child, information about BYOD can be found on the school [website](#) or if you have further questions or concerns, please contact the school.

PARENT PORTAL

The Parent Portal is a powerful tool allowing access to student information such as timetables, attendance, daily notices, newsletters, messaging and for booking Parent Teacher Interviews.

Access keys have been emailed to all new parents. If you have not received your access key, please contact the school.

Information on how to register and login to the Parent Portal can be found on our website under [Parent Channel](#).

Students can also log on to the Sentral Portal using their regular school username and password. Both parents and students access the Sentral Portal from the same login page - <https://gloucester-h.sentral.com.au/portal2/#!/login>

SCHOOL PHOTOS 2023 SAVE THE DATE

Term 2, Week 2
Tuesday 2 May 2023



2023 ASSESSMENT BOOKLETS

Students received their 2023 assessment booklets on Tuesday. These are also available on both student and parent Sentral Portal and our website under [Student Channel](#).

This document includes:

- What are Assessment Tasks?
- What are the rules surrounding Assessment Tasks?
- Disability Provisions
- Faculty Assessment Schedules
- Assessment Calendar

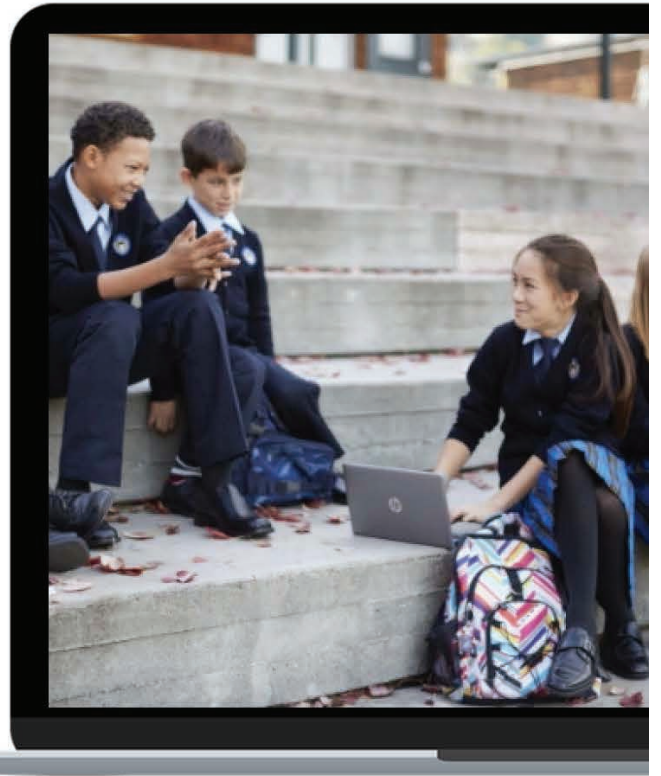


Gloucester High School



www.hp.com.au/byod

Access Code: GloucesterHS



Buying directly from HP ensures your child has the right device and support to work in the school environment. Importantly, it guarantees the latest learning devices at affordable pricing. All devices have been selected to meet the schools minimum device requirements.

How Do I Purchase?

The easiest way is to purchase online at www.hp.com.au/byod and use your school code. You can also purchase via the HP Call Centre 1300 725 017 (Mon - Fri 9am - 8pm AEST)

Payment Options?

Pay with Visa, Mastercard, American Express, PayPal, G Pay, Apple Pay

What is Accidental Damage Protection (ADP)?

ADP covers the device against accidental drops, spills or damage. Zero excess for three major claims over 3 years. E.g if a student were to drop their device and crack a screen we will come to site to repair at \$0 excess including parts and labour.

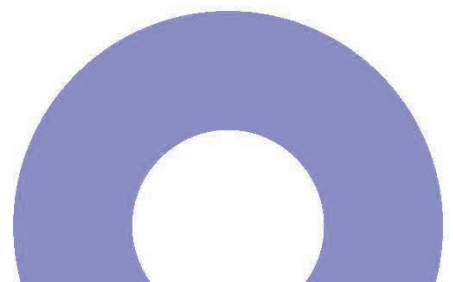
IMPORTANT UPDATE REGARDS THE SALE OF ADD-ON INSURANCES !!!

The Australian Securities and Investments Commission has introduced new regulations regarding the sale of add-on insurance products. These regulations now require a 4 day 'pause' between the purchase of a device and any add-on insurance associated with that device. We are still more than happy to assist you to purchase once that time has lapsed.

BE SURE TO CLICK YOUR INTEREST and we will contact you.



For any assistance please call
your friendly HP BYOD specialist
Katrina Parker 0438 898 814





Gloucester High School



www.hp.com.au/byod

Access Code: GloucesterHS

**RECOMMENDED BYOD
DEVICES FOR GHS, PURCHASE
& DELIVERY FROM TERM 4**



**3 YRS ACCIDENTAL DAMAGE
PROTECTION INSURANCE**

~~\$284~~ **\$97** Save \$187



For any assistance please call
your friendly HP BYOD specialist
Katrina Parker 0438 898 814



~~\$2,095~~
\$1,457
SAVE \$638

**BEST
SELLER**

**HP ProBook 435 x360 G9 13.3" AMD
Ryzen 5 + Pen + 3yr Onsite Support 16GB
RAM / 256 GB Storage**

**RECOMMENDED BY GHS FOR
BEST VALUE & SPECIFICATION**



~~\$1,858~~
\$1,287
SAVE \$571

**HP ProBook 435 x360 G9 13.3"
AMD Ryzen 3 + Pen + 3yr Onsite Support
8GB RAM / 256 GB Storage**



~~\$2,007~~
\$1,387
SAVE \$620

**HP ProBook 435 x360 G9 13.3"
AMD Ryzen 5 + Pen + 3yr Onsite Support
8GB RAM / 256 GB Storage**



~~\$2,539~~
\$1,787
SAVE \$752

**HP ProBook 435 x360 G9 13.3"
AMD Ryzen 7 + Pen + 3yr Onsite Support
16GB RAM / 512 GB Storage**

SWIMMING CARNIVAL 2023

Our Swimming Carnival was held this week with great weather on the day.

In a rare event, six individual records were broken on the day – all by the same person! Well done to Kaitlin Perry of Year 8 who broke the 13 yrs girls 100m freestyle, 50m freestyle, 50m backstroke, 50m breaststroke, 50m butterfly and the 12-14 yrs Junior 200m IM record. Two of the records had stood since 1987 and one had stood since 1983! Great effort Kaitlin.

Also, a special mention to Olivia Wade who also broke the 13 yrs girls 50m breaststroke record but came 2nd!

Excellent participation levels and house spirit were displayed throughout the day. The winning house was Tibbuc on 348 points, Belbora 2nd on 314, Mograni 3rd on 268 and Kurricar 4th on 234.



Kaitlin Perry

Congratulations to our Age Champions and Runners up for the day as follows:

	Male Champion	Male Runner Up	Female Champion	Female Runner Up
12 yrs	N/A	N/A	Xanthe Fenning	Lara Taylor
13 yrs	Christopher Bolton	Liam Wamsley	Kaitlin Perry	Olivia Wade
14 yrs	Riley Schafer	Nicholas Maggs	Alicia Edwards	Jessica Marchant
15 yrs	Mitchell Whitby	Seth Toohill-Sargent	Mia Tresidder	Irelyn Want
16 yrs	Zac Schafer	=Sam Collie =Jacob Edwards	Mackenzie Schafer	Ruby Tonks
17+ yrs	Charles Tonks	Nicholas Maslen	Taleah Higgins	Natalie Rayner
Champion of Champions	Charles Tonks	Sam Collie	Kaitlin Perry	Mia Tresidder
Ironman / Iron woman	Zac Schafer	Nicholas Maslen	Emma Bignell	Natalie Rayner

Other events that were held on the day included the 50m freestyle Champion of Champions which was won by Charles Tonks in the male event with Sam Collie runner up. Kaitlin Perry was the female Champion of Champions, Mia Tresidder was runner up.

Our unique Ironman/Ironwoman event was also held with Zac Schafer and Emma Bignell taking the titles. Runners up were Nicholas Maslen and Natalie Rayner.

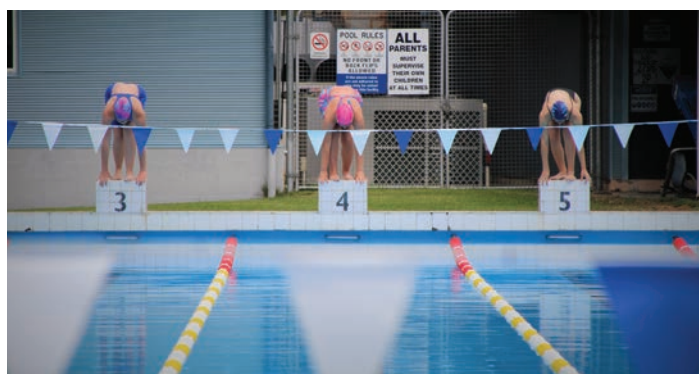
A big thank you to our student photographers, Lachlan Gorton, Spencer Muddle and Kevin Dimaculangan for these fantastic photos of the day!

SWIMMING CARNIVAL 2023 Continued...

For those who have qualified, the Zone Swimming Carnival will be held on Monday 28 February at the Taree Aquatic Centre. Students are to check the Representative Sport noticeboard to see if they have qualified. A bus will run at cost of \$10 per student with a limit of 24 seats. More information will follow on permission notes.

Students who wish to nominate for events either not run at Zone (ie. 200m free) must supply Mr Cameron a verified time on Swimming Club letterhead prior to the Zone carnival. Other events such as 400m, 800m free and 400IM require nomination via the Hunter Sports office and qualifying times apply. See Mr Cameron if you interested in these events.

If students wish to nominate for events not run at Zone or Hunter (ie. 400 IM, 400 free and 800m free) they must complete the nomination form located on the Hunter School Sport Association website. This form needs to be submitted 2 weeks prior the Hunter carnival. Please note there are qualifying times for these events and they are stipulated on the nomination form.





SWIMMING CARNIVAL 2023



**SWIMMING
CARNIVAL 2023**



WALL ART INSTALLATION

At the end of last year "edugrafix" installed a number of fantastic art panels around our school grounds. A special mention to Sarah Galvin who designed the artwork shown top right, representing Gloucester.

Thank you edugrafix and Sarah - we love them!



FROM THE AG FARM

Pasture Improvement Program

Thankyou to **Gloucester Rural Supplies** for organising the lime and gypsum for our pasture improvement program, **Speldon Partnership** for storing and spreading the lime and gypsum and **Hunter Valley Lime** for sponsoring the lime.

Gloucester High School is grateful for the time, effort and support provided to improve our pastures. Students will now be able to engage in pasture selection and fertiliser preferences, then monitor outcomes of their choices.



New Addition to our Herd!

We are excited to introduce the newest arrival to the herd. A heifer calf out of a MACKA'S cow by Marlen Brando.

Our students have been working with two Angus, donated by MACKA'S. They were donated as 9 month old heifers initially to support the show team. They have since been added to the school's herd and will be put into a timed breeding program for future shows. Students were responsible for selecting the sire and will now be monitoring the health of the calf and implementing the vaccines and drenches.

Thanks again to the MACKA'S crew for your ongoing support of our students.



Wellbeing 2023



At Gloucester High School, we are passionate about excellence in education and assisting students to fulfil their potential as learners and people. We recognise that learning and wellbeing are linked, and many initiatives are implemented to support student wellbeing.

The Peer Support Program for Year 7 will be run in Term 1 during timetabled wellbeing lessons. This is run by Year 11 students who have been trained as Peer Support Leaders. Peer support is a peer led, skills based, experiential learning program which empowers young people to support each other and contribute positively to society. It helps to develop in students the key skills of resilience, assertiveness, decision making, problem solving and leadership.

The Great Aussie Bush Camp for Year 7 will be run during Week 7, Term 1. The camp is designed to help students with the transition from primary to high school. The camp involves fun and rewarding challenges that activate key learning in communication, decision making, problem solving, resilience, team building and leadership.

Students in Years 7 – 10 will continue to engage in timetabled wellbeing lessons each fortnight. These lessons cover a variety of areas and are based on the NSW Department of Education Wellbeing Framework.

There will also be other wellbeing initiatives throughout the year to support student wellbeing. The National Day of Bullying and Violence being one of these which will be held on 18 August in 2023.

The wellbeing team at Gloucester High School are here to support your child to become healthy, happy, engaged and successful. If you feel your child is not doing well, please contact the school for assistance. Our team members are listed below:

The Gloucester High School Wellbeing Team

Head Teacher Wellbeing – Ms Myree Ribbons

School Psychologists – Mr Nathan Paff, Miss Alicia Woods

Student Support Officer – Miss Maddison Callinan-Sands

Year Advisers:

Year 7 – Miss Layne Ross

Year 8 – Ms Jocelyn Wray-Davis

Year 9 – Mr Adam Cameron

Year 10 – Mrs Judy Pickett

Year 11 – Mr Andrew Herps

Year 12 – Mrs Toni Stanton

Boys Adviser – Mr Rob Seale

Girls Adviser – Ms Tess Nolan



What is bullying?

Bullying has three key features.

It:

involves a misuse of power in a relationship

is ongoing and repeated, and

involves behaviours that can cause harm.

Bullying can also occur online. This is known as cyberbullying, which is using technology such as the internet or mobile devices to bully someone. It can include sending abusive texts and emails, posting hurtful messages and putting inappropriate comments on pictures of others.

Bullying of any kind is not acceptable in NSW schools, whatever the reason. Schools are committed to working with parents, staff and students to prevent bullying and respond quickly and effectively if it does occur.

What can you do if your child has been bullied?

Listen calmly and get the full story

Your child needs to know that they are being heard. Their feelings matter and their concerns should be taken seriously. Encourage your child to talk about what happened. Explain to your child that reporting the bullying is okay.

After listening to their concerns, ask questions to get more details if needed: who, what, where, when.

Reassure your child that they are not to blame. Children may blame themselves and this can make them feel even worse. Say supportive things like, 'That sounds really hard to deal with', or 'I'm so glad you told me. You should feel safe at school'.

Ask your child what they want to do – and what they want you to do

It is important to help your child to find their own solution as this will help them feel that they have some control over the situation.

If your child is not in any immediate danger and they feel confident, they could try these strategies:

Ignore the bullying.

Turn their back and walk away.

Act unimpressed or pretend they don't care.

Say "No" or "Just stop!" firmly.

If the bullying happened at school, support your child to tell a teacher.

If your child wants to talk to someone other than the school or you think added support would help, you could tell them to go to the Kids Helpline website. They can also call for free on 1800 55 1800.

When do I contact the school?

Your child may be reluctant for you to speak to school staff. Discuss the idea and reassure them that the school would want to know and is able to help.

If needed, make an appointment to meet with your child's teacher. You could also ask to talk with the principal.

Contact the school immediately if you have a concern about your child's safety.

Support for parents and carers
Kids Helpline also has a parent line with trained teams who provide support, information and counselling for parents of children aged 0-18 years. You can call them for the cost of a local call from 9am to 9pm Monday to Friday and 4pm to 9pm on weekends on 1300 1300 52.

Telephone interpreter service
If you would like to contact the school or Parent Line NSW and need assistance with English please call the telephone interpreter service on 131 450, tell them what language you need and ask the operator to make the call. The operator will get an interpreter on the line to assist you with your conversation. You will not be charged for this service.

Personal development, health and physical education information for parents

Dear parents and caregivers

This year, students in Year 7-10 will be involved in the mandatory subject Personal Development, Health and Physical Education (PDHPE). This subject prepares and supports students to lead, and contribute to, healthy, safe and meaningful lives which promote respect, responsibility, enjoyment, inclusion and social justice for self and others.

Our school's PDHPE program covers a wide range of education matter, including relationships, drug use, sexuality and sexual health, body image, mental health and wellbeing, protective strategies, movement skills and performance, safety and physical activity. Some of the content of the program deals with sensitive issues. The school recognises this by teaching about these issues within the context of a developmentally appropriate program and by providing information to you about the program.

The school program will be implemented in a manner that supports the role of parents and caregivers, and reflects the ethos of the school community.

For more information on PDHPE go to the [NESA website](#).

Some of the specific content which will be covered in PDHPE includes:

Stage 4	Stage 5
<ul style="list-style-type: none"> • Self identity • Physical, social and emotional changes during adolescence • Grief and loss • Communication, connections and seeking help • Caring and respectful relationships • Abuse and power • Bullying and harassment, including homophobic bullying • Protective strategies and responding to risk • Mental health and positive attitudes • Healthy food habits and the relationship between diet, physical activity and health • Drug use, including medications, tobacco, alcohol and cannabis 	<ul style="list-style-type: none"> • Supporting yourself and others • Valuing diversity and difference • Developing equal and respectful relationships • Recognising and responding to abusive situations • Discrimination, harassment and vilification • Grief and loss • Communication, connections and seeking help • Healthy food habits and eating disorders • Drug use including illicit drug and the consequences of drug use on the individual and others • Sexual health including the evaluation of safe sexual health practices, contraception and sexual behaviours • Sexual choices and their consequences

Stage 4	Stage 5
<ul style="list-style-type: none"> • Sexual health, rights and responsibilities in sexual relationships • Sexually transmitted infections • Acknowledging and understanding sexual feelings • Road safety, protective behaviours and equipment • Risk and strategies to minimise harm • Personal safety, first aid and accessing health information and services • Movement skill and performance 	<ul style="list-style-type: none"> • Planning and managing sexual health including reproductive and sexual health checks • Road safety, including responsible driver and passenger behaviour • Consequences of unsafe road use and the causes of road crashes • Influences on health decision-making and risk behaviours • Accessing services including getting your own Medicare card

PDHPE will be delivered 1-2 lessons per week throughout the course of the year.

If you would like more information, please contact Mr Kingston (Relieving Head Teacher Mathematics and PDHPE) on 65581605 at the school.

Yours sincerely



Principal

SAFER INTERNET DAY

7 Feb 2023 was Safer Internet Day.

Technology has evolved dramatically in the last 20 years, creating huge benefits and opportunities. It has also exposed us to risks with real-world impacts. This is why online safety awareness is so important.

Safer Internet Day is a global event that brings together communities, families, schools and organisations from more than 200 countries to help create safer online spaces.

The [eSafety Commissioner](#) is the lead in Australia for Safer Internet Day.

The theme for Safer Internet Day was:

- *Connect safely and with purpose* – by keeping apps and devices secure and using social media in positive ways.
- *Reflect before we act* – by taking a moment to consider how what we do and say online may affect others.
- *Protect ourselves with knowledge* – by telling family and friends about the eSafety Commissioner and how they can help.

Families can get support to set up good digital habits from our collection of webinars and resources from the eSafety Commissioner and their trusted partners here:

<https://www.nsw.gov.au/education-and-training/cybermarvel/safer-internet-day/parents-and-carers>



CAREERS LETTER TO PARENTS OF YEAR 10 STUDENTS 2023

Dear Parents / Carers,

Year 10 is a very important year for a number of reasons. From a career point of view many significant decisions must be made, regardless of whether students are leaving after Year 10 or continuing to Year 12, in relation to a career path.

WORK EXPERIENCE

The Work Experience programme for 2023 will run from:

Monday 27 March to Thursday 6 April (Weeks 10 and 11 of Term 1).

This is 9 working / school days in total.

In order for insurance details to be completed, I will need to have all applications processed by the 20th of March. At this stage, all students should have received Application Forms (**Student Placement Record**) and we will begin Work Experience preparation through Career lessons. Students are encouraged to contact potential employers face to face or via phone or email, and have the Student Placement Record (SPR) signed by the employer. However, if there is difficulty doing this, I can post / email / fax them, upon student request, in order to complete the required forms.

The Student Placement Record has a section to be completed by the student, a section for parents / carers, and a section for employers to complete. The employer section **must** have the name, address, and contact details so I will be able to touch base with them. Students may choose to have one placement with the same employer for the two week duration or two placements, one each week. This is something students will need to negotiate with host employers.

Students that wish to work on a building site with any tradesman for Work Experience must have completed the **WH&S White Card Course** before commencing their placement. GHS will be delivering or contracting another RTO to deliver a White Card Course this term (Date not yet known).

Any parents who would like to speak with me about any concerns / issues or to discuss student placements should contact me at the school.

Kind Regards,

Michael De Angelis

Michael De Angelis
6550 2675
Careers Adviser



Care Achievement Respect Effort Responsibility

129 Ravenshaw Street, Gloucester NSW 2422 / P 02 6558 1605 F 02 6558 1229
www.gloucester-h.schools.nsw.edu.au / gloucester-h.school@det.nsw.edu.au

School vaccination program

Keeping your child up to date with routine vaccinations helps to protect them from serious preventable diseases such as meningococcal, whooping cough, tetanus, and cancers that are caused by HPV (human papillomavirus).

As part of the NSW School vaccination program, students in Year 7 are offered free vaccines for diphtheria-tetanus-pertussis (dTpa) and human papillomavirus (HPV). In Year 10, students are offered the meningococcal ACWY vaccine.

Parental consent is required for your child to receive routine vaccinations at school. If your child is in Year 7 or Year 10 this year, you can now provide this consent online. You will receive an email from us with details on this year's school vaccination clinic and information on how to provide consent for your child's vaccinations.

From February 2023, children in year 7 will now only need one dose of HPV vaccination. This change has been endorsed by the Australian Technical Advisory Group on Immunisation (ATAGI) based on evidence showing that one dose provides the same level of protection against HPV as two doses.

If you have already consented to your child receiving two doses of HPV vaccine, they will only receive one dose.

If your child previously missed their second dose of HPV vaccine, they are now considered fully vaccinated and do not require a second dose.

A small number of students who are immunocompromised are still recommended to receive a three-dose course of HPV vaccine. If your child is immunocompromised, it is important to discuss their immunisation needs with their GP.

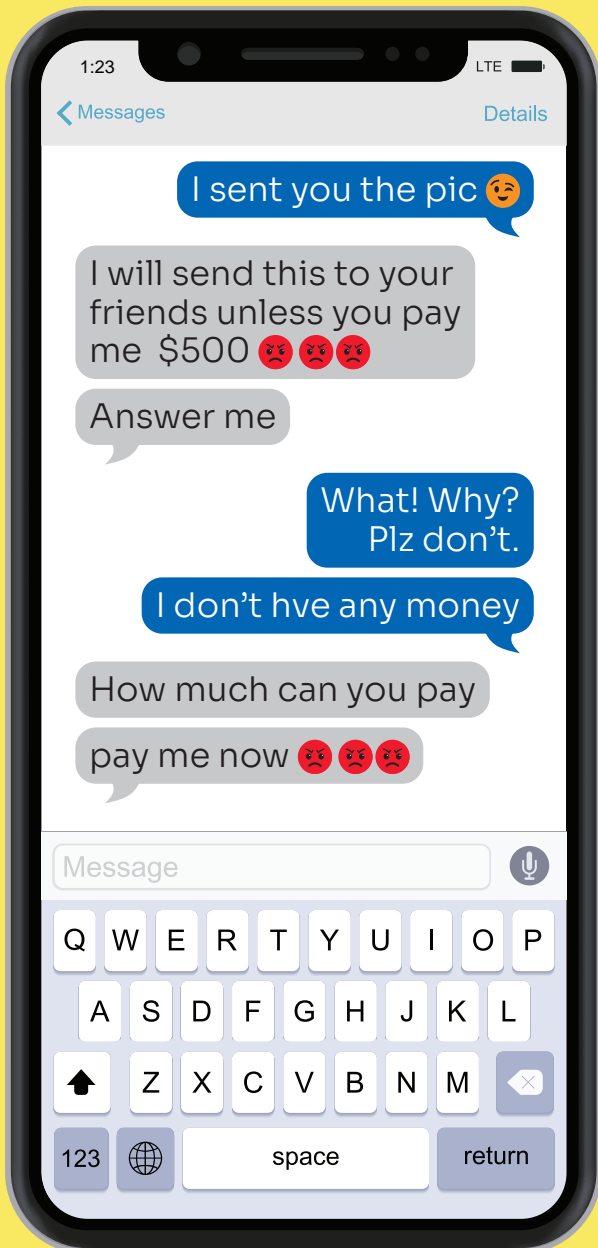
If your child misses a school vaccination clinic, you can speak to a GP or pharmacist about catching up on vaccination.

For more information on school vaccination visit: health.nsw.gov.au/schoolvaccination or [If you have any questions, please](#) contact your local Public Health Unit on **1300 066 055**.

NSW Ministry of Health

ABN 92 697 899 630

73 Miller St North Sydney NSW 2060
Locked Mail Bag 961 North Sydney NSW 2059
Tel. (02) 9391 9000 Fax. (02) 9391 9101
Website. www.health.nsw.gov.au



This is sextortion.

It's a scam.
And it's trending.

You can make it stop.

- ✓ **Do** stop the chat
- ✓ **Do** take screenshots of the text and profile
- ✓ **Do** block the account and report it to the platform
- ✓ **Do** report to the ACCCE
- ✓ **Do** get support

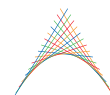
- × **Don't** send more images
- × **Don't** pay
- × **Don't** respond to demands
- × **Don't** enter into further communication
- × **Don't** think you're alone

If you're under 18, we can help.

The Australian Centre to Counter Child Exploitation is here to keep children and young people safe from online sexual exploitation and abuse.



To report or get help:
accce.gov.au



Australian Centre to Counter Child Exploitation



If you're in a life-threatening situation, call Triple Zero (000).

The eSafety Commissioner can help to remove naked or sexual images shared online without your consent: eSafety.gov.au



A MESSAGE FROM THE AUSTRALIAN FEDERAL POLICE

The Australian Federal Police through the Australian Centre to Counter Child Exploitation is seeing a concerning global trend of teenage males being targeted to send explicit images of themselves and then blackmailed. This is called sexual extortion, or sextortion.

The AFP is urging families to have important safety conversations to prevent young people from becoming victim. This crime can have serious wellbeing and psychological impacts.

How does sextortion start?

- Unsolicited friend and follow requests on social media
- Direct messages on one app and then being asked to keep chatting on a secondary app
- Conversations suddenly and quickly becoming sexualised
- Requests for sexualised images or content
- What can families do?
- Have open and regular conversations about your child's online activities and interactions
- Know what platforms, apps and games they are using and who they are interacting with
- Remain open and approachable, victims will be reluctant to come forward if they feel they will be punished or blamed
- Ensure your child knows that it is okay to leave conversations if they feel uncomfortable or unsafe
- Support your child and know how to respond. The [Online blackmail and sexual extortion response kit](#) has been created to recognise sextortion and get help.

The Australian Centre to Counter Child Exploitation is here to keep young people safe from online sexual exploitation and abuse.

You can make a report via accce.gov.au/report

For further information, resources and advice visit thinkuknow.org.au

MATHS CORNER QUESTION (for students and parents)

Question:

The front chainwheel of a bike has 52 teeth and the rear sprocket has 18 teeth. When I start pedalling the bike, how many times will the front chainwheel have turned when it and the rear sprocket are next both in their starting positions?

- A. 9 B. 52 C. 234 D. 248 E. 936

Previous Answer:

96 can be factorised as 1×96 , 2×48 , 3×32 , 4×24 , 6×16 and 8×12 . The lucky dates are then 24/4/1996, 16/6/1996, 12/8/1996 and 8/12/1996, giving a total of 4 lucky dates, **hence the answer is B.**

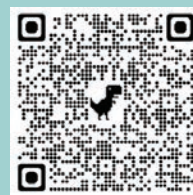
* Maths corner questions have been provided courtesy of 'Australasian Problem Solving Mathematical Olympiads (APSMO) Inc' an advanced problem solving course currently being undertaken by some of our Year 7 & 8 students.



DramaWorks

Contemporary theatre workshops for students to engage in a diversity of performance styles, techniques and conventions beyond the classroom delivered by industry professionals.

- **Tuesday 28 March to Friday 31 March 2023 (Term 1 Week 11)**
- **9 am-3 pm each day**
- **Year 6/7/8/9 workshops - Immersive theatre & Viewpoints**
- **Year 10/11/12 workshops - Devising & Creating theatre that moves**
- Showcase performance - Friday 31 March 6:30 pm
- Workshops held at the historic **Maitland Gaol, East Maitland**
- **\$200 per student**, including a **DramaWorks t-shirt**
- For further information or to apply visit The Arts Unit DramaWorks Newcastle webpage using the QR code



**** Please see Ms Berger for information on Drama Works ****

North Coast Music Camp

April 29 - May 2 2023

Camp Drewe, Lennox Head & Lennox Head Cultural Centre

Camp Drewe Road, Lennox Head



<https://artsunit.nsw.edu.au/local-arts-programs/rural-north/north-coast-music-camp>



Supported by



Education



Are you a **student** with a **disability**? Or are you a parent or carer?

'Learning Together' is a free online toolkit
for students of any age.



Learn how to work
well with your school,
uni or TAFE



Find out
more about
adjustments



Register for
free training or
get more help



scan here to
download your
copy now, or go
to our website

Australian Centre for
Disability Law



www.disabilitylaw.org.au/education or ph 1800 800 708



Opening Workshops

What: Gloucester Gymnastics Club will be hosting two workshops to open our 2023 program. These workshops will be run by Lachlan Tolhurst, Jay Kilpatrick and Rhianna Howlett. Lachlan has competed at International Level and all coaches are Gymnastics NSW accredited.

All are welcome, you do not have to be a member of the club, just come along for some fun and give gymnastics a go!

Children will be supervised during session times only, please be ready to collect your child at the end of their session.

When: **Saturday February 11th, 2023**

Session 1: 9am—10am (4 - 7 years)

Session 2: 10am—12noon (8+ years)

Where: Gloucester Recreation Centre

Price: \$10 per session

To book please contact us by text 0451 105 061
or by email gymnasticsgloucester@gmail.com



2023 Mixed Twilight Netball



Competition 1 starts Wednesday 22nd Feb

Registration fees are \$150 for two competitions (starting Feb and Sept) and Saturday Netball. Players turning 14yrs in 2023 and older can play.

Active Kids Vouchers can be used.

Head to our Facebook page *Gloucester Netball* or our website www.gloucesternetball.com.au for more information or register at <https://www.playhq.com/netball-australia/register/314657>



Gloucester Basketball is now taking names for all Competitions. Please text Kate 0418263219 or email gloucesterbasketball2422@hotmail.com

Starts:

- **Monday 27/2/2023**
Mini's (Kindy-Yr2)
3:30-4pm (includes training and games)

Div 2 (mixed primary school Yr2-Yr5)
4pm, 4:30pm, 5pm

Div 1 (mixed high school Y6-Y10)
5:30pm, 6pm, 6:30pm

- **Tuesday 28/2/2023**
Junior girls (Y4-Y10)
5-6pm

Mixed seniors
6pm, 6:40pm

- **Thursday 2/3/2023**
Ladies
6pm, 6:40pm

Times may change slightly depending on number of participants



Registration

U8yrs \$30
8-11yrs \$60
12-17yrs \$70
18yrs +/-seniors \$85

Game fees

Juniors \$6 per game or \$60 online for 12 week season
Seniors \$8 per game or \$80 online for 12 week season

Preferred payment is online and is to be paid by week 2

THUNDERBOLTS TENNIS ACADEMY

TERM 1 TENNIS COACHING

Term 1 Weekly Junior, Adult and Squad classes are Exciting, Challenging & **FUN**.

• Saturday 8am -11am

• Monday & Tuesday 4pm - 6pm

TTA is a family orientated Tennis Coaching Business servicing the Gloucester District. We offer a range of programmes for all ages and playing standards and specialize in junior player development.

Head Coach at **TTA** Rusty Power has been coaching tennis for over 40 years.

He is an ATPCA Advanced Pro (level 2) Qualified and Insured Coach.

To confirm a position in a group that suits your age and ability,
please contact Rusty or Kimmy on 6558 7576
or thunderboltstennisacademy@outlook.com

TTA also offer school holiday clinics, special needs session, Private Lessons by appointment
and **WILDCARDS** (2-5yrs Program).

Tennis Today, Tennis for Life

SCHOOL VISION STATEMENT

Gloucester High School aims to develop a supportive learning environment that engages all students,
teachers and community in the pursuit of excellence.



Education &
Communities

Principal
Deputy Principal
Address:
Telephone:
Email:
Web:

Mrs Trudi Edman
Mr Mik Wisely
129 Ravenshaw Street, Gloucester NSW 2422
6558 1605
gloucester-h.school@det.nsw.edu.au
www.gloucester-h.schools.nsw.edu.au