## GLOUCESTER HIGH SCHOOL

#### School Calendar

#### Term 3

Wednesday 14 September HSC Study Day - English Extension

Monday 12 - 21 September Y11 Preliminary HSC examinations

**Thursday 22 September** Y12 Graduation Assembly Y10 Vaccinations

Friday 23 September Spirit Day GHS Tri-Challenge - Cancelled Last day of Term 3

#### Term 4

Monday 10 October Students Return Thursday 27 October SRC Leadership Training Day

\* All activities and events subject to COVID restrictions

#### P&C

Our next P&C meeting will be: Monday 19 Sept - 6.30pm - Room AG03

#### CANTEEN - Phone 65589963

Monday 12 September Vanessa Tuesday 13 September Merrilyn Wednesday 14 September Merrilyn Thursday 15 September Emma Friday 16 September Vanessa Monday 19 September Vanessa Tuesday 20 September Emma Wednesday 21 September Merrilyn Thursday 22 September Emma Friday 23 September Vanessa

Follow us on facebook



Quality education in a caring, innovative environment.

**NEWSLETTER** Friday 9 September, 2022

## LEADERSHIP ASSEMBLY

Congratulations to our 2023 elected leaders, officially badged and inducted at our Leadership Assembly on Thursday. Our leaders for 2023 are:

#### **School Captains**

Jorja Beard & Nicholas Maslen

#### Senior Leaders

Natalie Rayner, Adelaide McIntosh, Ryan Beggs

#### House Captains

Student Representative Council		
Tibbuc:	Miranda Yates & Chloe Tresidder	
Mograni:	Emily Marsh & Seth Muddle	
Kurracar:	Josephine Fitzgerald & Simone Erasmus	
Belbora:	Gabrielle Bird & Toreen Denyer	

Year 11:	Mackenzie Schafer, Tallulah Ashby, Abbey Seale, Thomas Troope
Year 10:	Locky Moulds, Kaysha Smith, Xavier Soupidis, Alana Benson
Year 9:	Seth Toohill-Sargent, Irelyn Want, Blake Walker, Stacee Henderson
Year 8:	Krystal Penfold, Louis Want, Charlotte Todd, Rahni Cardy



2023 School Captains, Jorja Beard and Nicholas Maslen

#### Care Achievement Respect Effort Responsibility

129 Ravenshaw Street, Gloucester NSW 2422 / P 02 6558 1605 / F 02 6558 1229 www.gloucester-h.schools.nsw.edu.au / gloucester-h.school@det.nsw.edu.au



2023 SRC and Senior Leaders receiving their badges (Years 9, 10 & 11)





2023 House Captains for Belbora & Kurricar after receiving their badges

2023 House Captains for Mograni & Tibbuc after receiving their badges





Thank you to our Music and Drama performance students that provided entertainment at the assemblies

We also handed out our latest round of Commendation Certificates, awarded after receiving four Merit Certificates in our Positive Behaviour Reward System.



**Year 11 Commendation recipients** 



Year 10 Commendation recipients



Year 9 Commendation recipients



Year 8 Commendation recipients



Year 7 Commendation recipients

## SPIRIT DAY

On the last day of Term 3, the SRC will be hosting a Spirit Day. The day is all about lifting school spirit by having students compete on behalf of their school houses in novelty activities to win the Spirit Cup. The day includes activities such as drama games, trivia, STEM challenges, mini-Olympics etc. The activities are run by the students for the students. On the day, students are asked to come dressed up in their house colours for a gold coin donation. All money raised from this donation will be split between the charities the SRC have been supporting this year. We look forward to seeing students come to enjoy a fun, high spirited end of the school term. This event contributes to a positive school culture.

## **PRINCIPAL'S REPORT**

Once again, we have had a very busy two weeks.

#### Leadership Assembly

Yesterday students and parents witnessed our future school leaders being inducted into their leadership positions for 2023 of school captains, senior leaders, Student Representative Council (SRC) and house captains. Students holding these leadership positions have been voted in by their peers and staff. They are expected to uphold the school values, be a voice for students, motivate students to participate in school events and to promote the school within the broader community. Congratulations to our 2023 school leaders.

#### **State Athletics**

Congratulations to the following students who represented our school and the region at state athletics in Sydney: Edward Hollingsworth competed in the multi-class events for 100m, 200m, 800m and shot put; Jessica Howard, Emily Beggs, Kaitlin Beggs, Nylah Wisely and Lara Maslen in the 4X100m relay.

#### Year 6 into Year 7 BBQ Evening

Last Tuesday, Layne Ross, facilitated an evening for our Year 6 into 7 students and their parents. Layne will be the 2023 Year Adviser for our Year 7 students. Many thanks to the 90+ parents and keen students who came along. The evening started with a barbecue, students playing handball, parents and staff chatting, followed by a quick tour of the school with Mr Wisely before a presentation in the hall. Incoming students heard about the roles of key support staff and a brief outline of school life and routines for high school students. During the rest of the year, students will have the opportunity to visit the school again and have a taste of high school classes in TAS, Science, English and Maths.

#### Thank you to our School Administration Support Staff (SASS)

This week is SASS Recognition Week. I would like to publicly thank our wonderful support staff. The team support the students and staff in a myriad of roles: front line in communications; finances; enrolment; attendance; excursions; preparation of equipment for lessons (science laboratories and kitchen); managing digital hardware and software; library resources; timetable; newsletter; policies; in class support for students and teachers; farm and school grounds maintenance; first aid; formal assemblies and much more. They are instrumental in supporting teachers, caring for our students – your children - and connecting with the community. We thank you.

#### Year 11 Exams

Year 11 Preliminary HSC yearly exams start next Monday. We wish all students well during this time. If you have concerns that your child may not be coping, please let Mrs Stanton (Year Adviser), Miss Ribbons (Head Teacher Wellbeing), or Maddison Callinan (Student Support Officer) know.

#### Mrs Trudi Edman, Principal







## **BREAKING NEWS!**

Year 12 Drama students - Lynelle Hester, Anita Jackson, Anna-Rose Seale and Brooke Willis have been nominated for ONSTAGE.

Held in February, at the Seymour Centre, Chippendale, the program features exemplary group and individual performances, script writing and video drama by 2022 HSC Drama students.

This is a prestigious achievement and testament to their amazing work!

## **COWS CREATE CAREERS**

Our Year 9 Ag class have been given the opportunity to be a part of the Cows Create Careers program thanks to Sally and Chris Maslen from Speldon Partnership, who have donated two fresian bull calves, Lightning and Mator for the program. We have been keeping them at the school farm from the age of four weeks old and feeding them four litres once a day. Our class have been taking turns in feeding the calves, checking their general health, and making sure they always have water, hay, grain, and fresh bedding, as well as weighing them once a week. This program teaches students about the dairy industry and the career opportunities it holds. Thanks to Sally, we have had had the opportunity to learn about the health of dairy cattle. She came to school and helped us tag the calves and showed us how to give the calves a general health check. We are going to be looking after the calves until they're about a year old, then we will sell them. Thank you, Chris and Sally for giving us this opportunity.



Emma Bignall & Selina Denyer, Year 9 Ag



### WEAR IT PURPLE DAY

Staff and students were invited to participate in Wear It Purple day on the Friday 26 August 2022. We wish to send the message to students and the local community that we accept everybody for who they are and believe all students should feel a sense of belonging. We encourage inclusion and harmony for all.





## **R U OK? DAY**



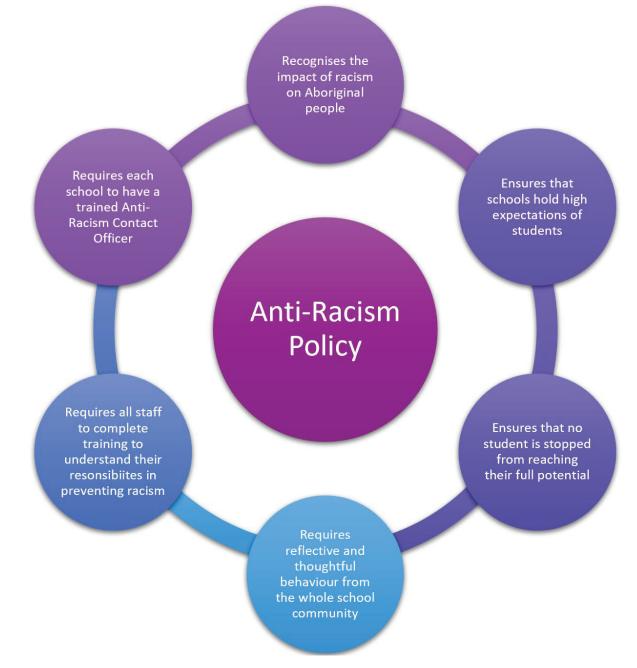
We participated in the National Day of Action when we remind students that every day is the day to ask, 'are you OK?'. We encourage starting meaningful conversations whenever they may spot the signs that someone they care about might be struggling with their mental health. Conversation starters were handed out at lunchtime to promote speaking out and asking for help.



## Our commitment to anti-racism education

With your support, we do the very best we can to ensure culturally inclusive, cohesive, safe and engaging learning experiences for all our students. If at any time you find that you have a concern about racism in our school, you are encouraged to come to the school and talk with a member of staff so that your concern can be resolved. The NSW Department of Education has a Complaints Handling Policy to ensure that complaints are handled fairly.

The Anti-Racism Policy is summarised below.



In the case of complaints relating to racism in schools, you can also contact the school Anti-Racism Contact Officer (ARCO) on telephone **(02) 6558 1605** or via email **Skye.Sylvester4@det.nsw.edu.au**.



## **Gloucester High School Uniform Policy**

#### JUNIOR (Years 7-10)

- Sky Blue Gloucester High School Polo T Shirt with navy stripe on collar and printed with school emblem
- Plain Navy Shorts/ Long Pants (no logos, stripes or embellishments)
- White or navy socks, Black Leather School Shoes/Joggers
- Navy Gloucester High School Hoodie/Jacket with school emblem
- Girls (optional) Skirt Navy/Royal/Gold Check Skirt, with pleats (The desirable length approx. 10cm above knee)
- Navy/Black Stockings in winter optional

#### SENIORS (Years 11-12)

- White Gloucester High School Senior Polo T Shirt with navy/gold collar.
- Optional White Seniors Button Up Collared School Shirt printed with school emblem and seniors in navy
- Plain navy shorts/navy long pants (no logos, stripes or embellishments)
- White or navy socks, Black School Shoes
- Navy Gloucester High School Hoodie/Jacket with school emblem
- Girls (optional) Skirt Navy/Royal/Gold Check Skirt, with pleats (The desirable length approx. 10cm above knee)
- Navy/black Stockings in winter optional.

#### All uniforms are available at school canteen or school office.

#### Jewellery and Make-Up

- Some jewellery, such as long earrings and bangles/bracelets, can be safety hazards in practical classes. For this reason they are not allowed to be worn at school.
- Excessive make-up and nail polish should not be worn.

#### Hats and Caps

• The wearing of hats and caps for sun protection is actively encouraged, especially during recess, lunch and all outside sporting activities. However, hats should be removed in class and during assemblies.

Gloucester High School Uniform Policy – updated 2020



#### FOOTWEAR REQUIREMENTS

The Department of Education states in the publication "School Uniforms in New South Wales Government Schools (2004) (Updated 25/3/15)', that under the Workplace Health and Safety Act 2011 schools must ensure that students are not exposed to health or safety risks while they are on Departmental premises.

The school has a duty to require students to wear appropriate footwear so as to avoid injury. The DET policy "Chemical Safety in Schools (1999)" clearly states:

"It is mandatory that students carrying out practical activities using chemicals or equipment in schools wear enclosed leather footwear. Sandals, open footwear or high heeled shoes <u>must not</u> be worn in workshops or laboratories".

ACCEPTABLE STYLES: The school expects that students wear closed in leather, lace-up style shoes. They must cover the top of the foot and have a small heel.



STYLES THAT ARE NOT ACCEPTABLE: Students MUST NOT wear black soft "ballet" style shoes, open styled "Mary Jane" shoes, canvas shoes or any similar.



In cases of genuine hard ship the school maintains a fund to assist with the provision of articles of uniform. A confidential approach to the Principal or Year Adviser by letter or discussion is encouraged in these circumstances.

Gloucester High School Uniform Policy – updated 2020

### **YEAR 10 INTERVIEW TASK**

Year 10 students recently engaged in practice interviews as part of their English assessment task for Term 3. Students have been developing their resume and cover letter, and were interviewed by a panel of both teachers and community members. They were asked questions about their interests and hobbies, their favourite subjects, potential future careers, news and current events. Students gained vital skills to prepare them for their post school ambitions. Staff who attended received positive feedback from the venue commenting on student's polite manners, presentation, behaviour and overall attitude.



## MATHS CORNER QUESTION (for students and parents)

#### **Question:**

The average of 6 numbers is 4.5. A further 2 numbers are added and the average is still 4.5. What is the sum of these two number?

A. 27 B. 9 C. 36 D. 4.5 E. 8

#### **Previous Answer:**

Keep subtracting 17 until the remainder is divisible by 15, i.e. 143, 126, 109, 92, 75, which is divisible by 15. So we have 4 shorts and 75 + 15 = 5 shirts, in total 9, hence the answer is B

\* Maths corner questions have been provided courtesy of 'Australasian Problem Solving Mathematical Olympiads (APSMO) Inc' an advanced problem solving course currently being undertaken by some of our Year 7 & 8 students.

## **MULTI SPORT DAY**

Our two Multi-categorical classes went to an inclusive school sport day on Thursday 25 August in Taree.

This day was organised by the Department of Education Disability Inclusion Officers.

Students with disability from Great Lakes College, Bulahdelah Central School, Tuncurry Public School, Taree High School, Chatham High School, Manning Gardens Public School, Old Bar Public School and Gloucester High School attended this event.

Students played golf, bowls, boccia, seated volleyball, soccer, football and hockey.

Our students had an amazing day participating in various modified sporting activities. The students were teamed up with Taree High School students and had a lot of fun. Many friends were made, and the students were all very respectful and supportive of each other.

## **SECONDARY SCHOOL 7S**

Last Wednesday, around 40 students travelled to Port Macquarie for the NSW Rugby Secondary School 7s competition.

Our school entered 4 teams: U13 Boys, U13 Girls, U15 Boys and U17 Girls.

All teams played excellent rugby on the day with the U17 Girls making the final. Emily Marsh was a standout for the team with Bree Norrie playing strongly. Hayley Edwards, Kaitlyn Commons and Halle Camarda all played very well on the day.

The U13 Girls won 2 games and lost 2. Jessica Marchant had a great day with Alice Murphy, Reannah Yates and Makaylee Gooch all playing very well.

The U15 Boys got better as the day went on. Despite not winning a game they improved and only lost their last game in the dying seconds. Riley Marsh captained the side with great leadership. Zac Schafer was strong all day with Charlie Nunn and Jarrah Wilson playing well.

The U13 Boys had a great day. No wins but a great day was had by all. Samuel Wilson was hard to tackle all day, with Archie Ribbons and Jaxson Galvin running the ball well. A great try to Aiden Blanchard was also a highlight.

Massive thank you to Hannah Yates who coached the teams and to the many wonderful parents who came and supported the players.



**U17 Girls** 



## **TELL THEM FROM ME**

Tell Them From Me is a suite of surveys (for students, parents and teachers) for measuring student engagement and wellbeing. The surveys can be used to capture student, parent and teacher voices, providing reliable evidence for schools to use in identifying strengths and areas for improvement to support students at our school.

The survey is conducted entirely online on smartphones, iPads, tablets, laptops or computers. The surveys will typically take 15 minutes or less to complete, although the student survey is a little longer and may take 20 minutes, and is completely confidential.

Students will participate in the survey at school early in Term 4 (although we will try and get Year 12 students to participate before they leave at the end of Term 3)

Parents will have been sent information about the survey and also information on how they too can participate in the surveys. The parent survey is open from Monday 5th September until Friday the 4th November.

The results of the surveys are completely anonymous and confidential. The school will receive only aggregated data, which means we will not see individual responses from any participant.

Participating in the survey is entirely voluntary but the more responses we receive the better picture we have about how the school is operating and what areas we need to focus on to build a better school community.

If you want more information on these surveys you can go to <u>education.nsw.gov.au/ttfm</u> or contact Mr McInerney at the school.

We encourage you to participate in this survey.

## Gloucester Show 28<sup>th</sup> & 29<sup>th</sup> October

## **Fine Arts Section**

## There is a class for Student Works Get your paint and pencils out

Any medium, any subject, by artist who is a school student. This is an Open Entry, not part of the Junior Section. Entry fee is \$1. All entries are to be made at the pavilion entries office at the Showground, weekdays from Monday 17th until Tuesday 25<sup>th</sup> October, between 10am until 4pm. Note: Entries in this section close on Tuesday to enable hanging on Wednesday. All works are to be delivered to the stewards between 12 noon and 1pm on Wednesday 26<sup>th</sup> October with competitor's ticket attached. All exhibits must be suitably framed with hooks and wires and be of a standard suitable to hang. Works will be hung at the discretion of the stewards. Exhibits for sale must have the price on the back of the work. Commission of 20% of marked price goes to Gloucester AH & P. All entries are to be collected and signed out on Sunday 30<sup>th</sup> October between 9am and 10am. No entries can be collected on Saturday evening.



## GLOUCESTER PRE SCHOOL IS CELEBRATING ITS



WE WISH TO INVITE THE GLOUCESTER COMMUNITY TO A TOUR OF THE CENTRE

## 24TH SEPTEMBER 2-4PM 52 HUME ST, GLOUCESTER

FOR MORE DETAILS CONTACT ROBYN:

ACCOUNTS@GLOUCESTERPRESCHOOL.COM.AU

Diverse educational programs that challenge and inspire students



The Rainbow Warriors is a fully registered "All Abilities" soccer club specifically modified for young people who may ordinarily face challenges to play in a mainstream situation. The club was founded in Taree NSW, in 2017 and has become a permanent fixture in affiliation with both Football Mid Nth Coast and Northern NSW Football.

The objective of the club is to build confidence, provide positive outcomes and opportunities for young people with additional support needs to play soccer. Also to target fitness, gross motor skills and promote social development.

The foundation of the club is built on the word "ABILITY" with focus on the development of each player's personal skills and emotional wellbeing. These skills, when supported and encouraged are great tools for an individual to carry into their day to day life, building relationships and general capacities.

We meet every Sunday morning at 9.30 am at Omaru Park during the soccer season. It's fun, inclusive, and a great way meet new friends, not only for players but also for parents and carers.

Registration is \$100.00 and can be covered with an Active Kids Voucher. Membership includes a full uniform, jersey, shorts, socks and Gala Days.



To find out more call Matty Zarb on 0431 126366, visit the Facebook Page at The Rainbow Warriors FC or email rainbowwarriorsfc@hotmail.com





## LEARN HOW TO SUPPORT SOMEONE WHO **IS EXPERIENCING GAMBLING HARM**

Mental Health First Aid (MHFA) training will teach you practical skills to support someone who is experiencing gambling harm. Make a real difference to people in your community.

**MHFA TRAINING BENEFITS** 

#### KNOWLEDGE

#### of mental illnesses, treatments and first aid actions.

## CONFIDENCE

#### **DE-STIGMATISING**

#### **SUPPORT**

Improves knowledge Increases confidence

Decreases

Increases the support

"It is well structured and informative around gambling harm and mental health. It is great to have programs like this highlighting the issues and reducing the stigma associated with gambling harm." - Michelle

#### LEARN PRACTICAL FIRST AID SKILLS

- Recognise the signs that a person may be experiencing harm as a result of their gambling
- Provide initial help using a practical, evidence-based Action Plan
- Seek appropriate professional help, and
- Manage your own self-care when helping someone experiencing gambling harm.

This is a 4-hour educational course, not a therapy or support group.



#### **HOW DO I SIGN UP?**

Please call 0468 473 529 or email info@rejuvenatingspirits.com.au

For more information, visit mhfa.com.au/courses

DATES	14 Sept 2022
TIMES	10.00am - 2.30pm
COST	*Free Sponsored Spaces
VENUE	HEADSPACE
VENUE	1/101a Pulteney Street
	Taree
FACILITATOR/S	
	<b>CAROLINE HAINES</b>
	Principal Master Instructor

\*Spaces are Sponsored by Gambling Aware

Registration is required to reserve your seat





FREE Parent Online Summit - 3 days, 3 themes, 21+ world-class speakers: 7th - 9th October. If you want tips, tools and ideas to parent your child to be resilient, confident and independent - this FREE summit is for you! Register for your FREE ticket here: www.spectrumparentsummit.com



## Designed for Parents by Parents

## 21+ speakers on building resilience, confidence & independence in your child

# BOOK YOUR <u>Free</u> spot now

#### SCHOOL VISION STATEMENT

Gloucester High School aims to develop a supportive learning environment that engages all students,

teachers and community in the pursuit of excellence.



Education & Communities Principal Deputy Principal Address: Telephone: Email: Web: Mrs Trudi Edman Mr Mik Wisely 129 Ravenshaw Street, Gloucester NSW 2422 6558 1605 gloucester-h.school@det.nsw.edu.au www.gloucester-h.schools.nsw.edu.au