

School Calendar 2020

Monday 31 August

ICAS - Y7 Maths

Tuesday 1 September

ICAS - Y9 Maths

Wednesday 2 September

English Standard HSC Study Day

Friday 4 September

ICAS - Y7 Spelling Bee

Wednesday 9 September

English Advanced HSC Study Day

Thursday 10 September

RUOK Day

Monday 14 - Friday 25 September

Y11 Preliminary Examinations

Tuesday 15 September

English Extension HSC Study Day

Monday 21 September

P&C Meeting - Venue To Be Advised

Thursday 24 September

Y12 Farewell Assembly - Postponed

Friday 25 September

Tri Challenge - Cancelled

CANTEEN - Phone 65589963

Canteen Volunteers -

Due to Covid restrictions we are currently unable to have canteen volunteers.

We would like to thank all those who offer their assistance and look forward to having you back when restrictions change.

R U OK? DAY

R U OK? is a national charity dedicated to inspiring all of us to have regular, meaningful conversations to support anyone struggling with life's ups and downs. You can learn what to say after R U OK? at www.ruok.org.au

Our students will be wearing something yellow on R U OK? Day.

THERE'S MORE TO SAY AFTER RUOK?

Ask R U OK?

- RU OK?
- How are you travelling?
- You don't seem yourself lately - want to talk about it?

Listen with an open mind

- I'm here to listen if you want to talk more.
- Have you been feeling this way for a while?

Encourage action

- Have you thought about speaking to your doctor or a health professional about this?
- What do you think is a first step that would help you through this?

Check in

- Cool? getting there
- Just wanted to check in and see how you're doing?
- Have things improved or changed since we last spoke?

RUOK? DAY
10 September 2020

**Learn what to say at ruok.org.au
A conversation could change a life**



Care Achievement Respect Effort Responsibility

129 Ravenshaw Street, Gloucester NSW 2422 / P 02 6558 1605 / F 02 6558 1229
www.gloucester-h.schools.nsw.edu.au / gloucester-h.school@det.nsw.edu.au

PRINCIPAL'S REPORT

This week we celebrated and acknowledged the work our School Administration Support Staff (SASS) undertake everyday to support our students, their families and our teachers. Apart from our very friendly front office staff who greet you upon entry to the school office, their role is often one 'behind the scenes' – supporting your children academically, socially and emotionally; assisting teachers in class routines, class activities and the care and management of students with specific identified needs; assisting the principal in planning and maintaining school routines, management of the school financial and administrative functions; school timetable and subject/course selections; management of student and school computer and digital devices; and general maintenance of the school environment. I would like to acknowledge the exceptional work of our permanent, temporary and casual SASS team:



Christine Moulds:	School Administration Manager
Patrice Reynolds:	School Administration Officer
Amanda Moore:	School Administration Officer
Erica Ribbons:	School Administration Officer
Robyn Hooke:	School Administration Officer
Julia Green:	School Administration Officer
Jenne West:	School Administration Officer
Janelle Davis:	Student Learning Support Officer
Anne Martin:	Student Learning Support Officer
Julie Schumann:	Student Learning Support Officer
Tim Gould:	Student Learning Support Officer
Sal Mullerworth:	Technical Support Officer
Kim Haschek:	School Administration Officer
Melissa Power:	School Administration Officer
Brian (Barney) McInnes:	General Assistant
Mal Graham:	Farm Assistant

THANK YOU

Thank you !

Mrs Trudi Edman, Principal

CYBER SAFETY WITH YEARS 7/8

All students in Years 7 and 8 recently participated in a wellbeing session with the School Police Liaison Officer for the Manning Great Lakes and Gloucester area.

Discussions were presented on being safe online. Age requirements for the different social media platforms were also discussed.

Laws around sexting, sharing of inappropriate images and being groomed online were also discussed.

Students were able to ask relevant questions in a forum at the conclusion of the presentation.

It is important that students are aware of the ramifications of inappropriate behaviour online and for them to seek help it as soon as it happens.

It is important that parents also support their child through monitoring of their social media use. Misuse of social media is increasing at a rapid rate and through the education of students and parents any future incidents can be minimised.

Let's keep our children safe online.

Ms Myree Ribbons, Head Teacher Wellbeing

WESLEY LIFEFORCE - SUICIDE PREVENTION WORKSHOP

Wesley LifeForce will be conducting a
Suicide Prevention Workshop:
**Club Taree, Auditorium,
121 Wingham Road, Taree
Thursday, 10 September 2020
9am – 4pm**



There is no charge to attend the workshop.

Our Suicide Prevention Workshops are designed to teach people how to identify the signs that someone may be at risk of suicide and appropriate action to take. Effective interventions can make a real difference and save lives.

Please register using this link:

<https://www.eventbrite.com/e/wesley-lifeforce-suicide-prevention-full-day-workshop-taree-nsw-tickets-116187837951>

The training is open to community members aged over 18 years

- As spots are limited and demand is high for our workshops, please ensure you only book if there is a genuine intent to attend.-

We will ensure that appropriate safety precautions are taken into consideration on the latest guidelines for Physical distancing for coronavirus (COVID-19) as advised by the Australian Government and Department of Health. Please ensure that you take appropriate actions to be safe. As we build a COVIDSafe Australia, everyone must continue to practise physical distancing and good hygiene, and stay at home if you are sick.

Each participant will receive a certificate of attendance as well as support materials.

Morning Tea will be provided.



Year 12 students to have COVID-19 test results faster

COVID-19

PROTECTING YEAR 12 STUDENTS FROM COVID-19

Year 12 students will now have their COVID-19 test result fast tracked through pathology. They simply need to advise the nurse or doctor doing the test they are HSC students.

Results will be fast tracked to reduce disruption to their studies and exams. We also want to reduce potential anxiety around getting tested and ensure students self-isolate at home until results are known. This will help protect the whole community.

It is important that all Year 12 students:

- Stay 1.5m apart where possible
- Wear a mask if physical distancing isn't possible
- Get tested asap if they have even the mildest of symptoms
- Tell the clinician doing the test they are a Year 12 student and to mark the referral 'Urgent - HSC student'
- Stay home and self-isolate until results are known
- Receive a negative test result before returning to school; showing the school a screenshot of an SMS result is sufficient
- Call the contact number provided by the clinic if results are not received within 36 hours
- Where a medical practitioner determines that a COVID-19 test is not indicated, a medical certificate must be provided to the school to confirm that the student does not have symptoms that warrant a COVID-19 test. The certificate must also indicate that the student is able to return to the school environment

As social young adults, senior students may be at greater risk of COVID-19 than the younger children at school.

They're also more likely to be out and about in situations which could put them at risk of COVID-19 if they don't stay vigilant.

Find the nearest testing clinic at : www.nsw.gov.au/covid-19/how-to-protect-yourself-and-others/clinics

IMPORTANT INFORMATION - COVID-19 SCHOOL REQUIREMENTS

During the COVID-19 pandemic, anyone with symptoms of COVID-19 (fever, cough, sore throat, shortness of breath, loss of taste, and loss of smell), even mild symptoms, should not be at school.

We will encourage parents to arrange for the person who is unwell to be tested so they can return to school as soon possible once their symptoms have resolved to minimise the absence from school. For people who are unwell with respiratory symptoms, a negative COVID-19 test result must be received and sighted by the school.

COVID-19 test results for HSC students will be prioritised by NSW Health to minimise any impact on HSC preparations. When HSC students are getting tested, they need to advise the GP/clinic that they are currently doing their HSC so their test results can be prioritised.

COVID-19 testing for students with complex health or disability may be challenging. In these situations, we ask the parent/carer to have their child assessed by their medical practitioner.

Where a medical practitioner determines that a COVID-19 test is not required, a medical certificate must be provided to the school to confirm that the student does not have symptoms that warrant a COVID-19 test. The certificate must also indicate that the student is able to return to the school environment.

Where a parent/carer is unwilling to allow their child to undertake a COVID test or provide the school with a negative COVID-19 test result, the student is to be excluded from school for a 10 day period. Additionally, the student must have been symptom free for at least 3 days before returning to school.

MATHS CORNER QUESTION (for students and parents)

Question:

A set of marbles can be divided in equal shares among 2,3,4,5 or 6 children with no marbles left over. What is the least number of marbles the set could have?

Previous Answer:

Consider the frequency of appearance of the digit "1" in each of the places.

Units Place: the digit "1" appears once in every ten. Since 500 has 50 tens, the digit "1" will appear 50 times in the units place.

Tens Place: the digit "1" appears ten times in every hundred. Since 500 had 5 hundreds, the digit "1" will appear 50 times in the tens place.

Hundreds Place: the digit "1" will appear 100 times in the hundreds place (100, 101, 102, ..., 199)

The digit "1" will appear a total of 200 times in the page numbers.

* Maths corner questions have been provided courtesy of 'Australasian Problem Solving Mathematical Olympiads (APSMO) Inc' an advanced problem solving course currently being undertaken by some of our Year 7 & 8 students.



YEAR 10 VISUAL ART - CREATURE FEATURE

Year 10 Visual Arts students have been working on a unit called 'Creature Feature'. They explored artists who have created mythical and imaginary creatures throughout history and their choices and actions in the creation of their artworks.

The students created a collage using their own choice of three animals and/or insects to make a fantastical creature. This was a way of developing ideas for further artworks. They continued along this theme to develop a collection of works including a detailed drawing and an abstract sculpture.



LUNCH TIME AG CLUB

Students have been encouraged to come down to the Ag farm during lunch times to work on the various projects and processes that are happening.

The inaugural session, on Friday 21 July, had students weeding, digging a post hole and building the compost bins. A fantastic afternoon left Mr Murray impressed with the enthusiastic and responsible efforts from all students!



YR 10 INDUSTRIAL TECH: METALS

Despite the impact of COVID, Year 10 Metal students are well under way creating a range of major projects including barbeques, dog boxes, meat smokers and bike parts.



Cody cutting his metal to length



Beau and Aiden ready to weld their BBQ's



Lachlan designing and creating a prototype sprocket guard for a high-performance motor bike using a 3D printer



Josh welding his dog crate



Parker, Will and Alarni putting up a native bird hollow

METALS AND ENGINEERING WORK PLACEMENT

Students in Year 11 Vet Metals and Engineering have been participating in work placement at a number of business's around town. Ben Haynes working at **Gloucester Mufflers & Auto repairs**, Lane Edwards at **Gloucester Mobile Mechanical Services**, Jack Walmsley at **Greg Forbes Automotive** and Harry Moore at **Harwell Lifts**.

All students had an enjoyable and educational experience. We would like to thank these businesses for their ongoing support of our students.

Ben Haynes on work placement at Gloucester Mufflers



LIBRARY NEWS

The library is open at lunch times for borrowing and assessments or catching up on homework. If seniors are looking for a quiet place to study they can book the side rooms for individual or study groups. We also have an updated selection of study guides to support HSC students as their exams approach. The library is supporting R U OK? with a selection of wellbeing resources available for students to browse or borrow.

SCHOLASTIC - Book Club

Pick up your Book Club Catalogue Order (Issue 6) from the LIBRARY.

To avoid cash transactions, orders for this issue need to be made online via www.scholastic.com.au/LOOP or returned and paid for by EFTPOS at the Front Office by 11/9/2020.



Our favourite thing - new books!

GLOUCESTER SCHOOLS TRI CHALLENGE - CANCELLED

Unfortunately, due to updated guidelines which came out 17 August, we will be unable to run our annual Tri Challenge even at the end of Term 3.

This will only be the 2nd cancellation since the event first ran in 1992 (the other was in 2008 due to the weather).

Students, you now have a whole year to get training for next year!

SCHOOL UNIFORM

We would like to thank our P&C for their ongoing support and management of our school uniform policy and sales.

School uniform information, policies and order forms are available on our school website -

<https://gloucester-h.schools.nsw.gov.au/uniform.html>

Gloucester High School Uniforms



Junior T Shirt \$25



Hoodie \$38



Senior Shirt \$25



Boys Micro Fibre
Shorts \$20



Girls Micro Fibre
Shorts \$20



Unisex Micro Fibre Track
Pants \$28

**Uniform Items
can be purchased
from the School
canteen
Monday to Friday**



Girls Skirt \$50



GLOUCESTER HIGH SCHOOL P&C ASSOC. CANTEEN

School Uniform Order Form

Samples are available at the canteen for students to view or try on for size (including skirts)

Orders with payment (Cash/Cheque) are to be placed at the school canteen.

Cheques to be made payable to: *Gloucester High School P&C Association Canteen.*

Eftpos payments can be made at the school office. Ph: 02 6558 1605 for Enquires

NAME: _____ YEAR: _____ PHONE: _____

GHS Uniform Items	Size Range 8, 10, 12, 14Y, 16Y, S, M, L, XL, 2XL	Price per Item	Quantity Ordered	Total Amount
Blue Junior Polo		\$25		
White Senior Polo		\$25		
Hoodie/Jacket		\$38		
Boys Micro-Fibre Shorts		\$20		
Girls Micro-Fibre Shorts		\$20		
Unisex Micro-Fibre Track Pants		\$28		
Girls Pleated Skirt		\$50		
TOTAL PAYABLE				

NOTE: Girls Pleated Skirt is an ordered item which is kindly made locally by Mrs Elaine Murray. Please contact Elaine with size required and pay at Office or Canteen. Ph: 0409 542 068

Office Use Only

Date.....

Authorised by

Gloucester High School Uniform Policy

JUNIOR (Years 7-10)

- Sky Blue Gloucester High School Polo T Shirt with navy stripe on collar and printed with school emblem
- Plain Navy Shorts/ Long Pants (no logos, stripes or embellishments)
- White or navy socks, Black Leather School Shoes/Joggers
- Navy Gloucester High School Hoodie/Jacket with school emblem
- Girls (optional) Skirt – Navy/Royal/Gold Check Skirt, with pleats (The desirable length approx. 10cm above knee)
- Navy/Black Stockings in winter optional

SENIORS (Years 11-12)

- White Gloucester High School Senior Polo T Shirt with navy/gold collar.
- Optional White Seniors Button Up Collared School Shirt printed with school emblem and seniors in navy
- Plain navy shorts/navy long pants (no logos, stripes or embellishments)
- White or navy socks, Black School Shoes
- Navy Gloucester High School Hoodie/Jacket with school emblem
- Girls (optional) Skirt - Navy/Royal/Gold Check Skirt, with pleats (The desirable length approx. 10cm above knee)
- Navy/black Stockings in winter optional.

All uniforms are available at school canteen or school office.

Jewellery and Make-Up

- Some jewellery, such as long earrings and bangles/bracelets, can be safety hazards in practical classes. For this reason they are not allowed to be worn at school.
- Excessive make-up and nail polish should not be worn.

Hats and Caps

- The wearing of hats and caps for sun protection is actively encouraged, especially during recess, lunch and all outside sporting activities. However, hats should be removed in class and during assemblies.

FOOTWEAR REQUIREMENTS

The Department of Education states in the publication “School Uniforms in New South Wales Government Schools (2004) (Updated 25/3/15)”, that under the Workplace Health and Safety Act 2011 schools must ensure that students are not exposed to health or safety risks while they are on Departmental premises.

The school has a duty to require students to wear appropriate footwear so as to avoid injury. The DET policy “Chemical Safety in Schools (1999)” clearly states:

“It is mandatory that students carrying out practical activities using chemicals or equipment in schools wear enclosed leather footwear. Sandals, open footwear or high heeled shoes must not be worn in workshops or laboratories”.

ACCEPTABLE STYLES: The school expects that students wear closed in leather, lace-up style shoes. They must cover the top of the foot and have a small heel.



STYLES THAT ARE NOT ACCEPTABLE: Students **MUST NOT** wear black soft “ballet” style shoes, open styled “Mary Jane” shoes, canvas shoes or any similar.



In cases of genuine hard ship the school maintains a fund to assist with the provision of articles of uniform. A confidential approach to the Principal or Year Adviser by letter or discussion is encouraged in these circumstances.

CAREERS NEWS

Charles Sturt University

Early Entry

Several GHS students have been choosing to enrol in CSU in recent years, predominately at the Port Macquarie Campus. Below is an outline of up to date information which may assist parents and students when considering CSU.

There are 2 Early Entry programs available for Charles Sturt University – I recommend applying through both. Please keep in mind that the SRS scheme is an option for most universities not just CSU; however, only one SRS offer can be made during this UAC round.

1. Charles Sturt Advantage early offer program – apply online direct to Charles Sturt for up to 3 courses. Fill in the application form and answer 3 questions on motivation, resilience and empathy. Also include a referee who can speak well of you - in case we follow up on the application. You will be made an offer in September based on you meeting the conditional reduced ATAR. Please see Mr De Angelis if you would like some **sample answers** for the Charles Sturt Advantage early offer program – it is important not to copy these but just to use them as an idea of what sort of answers students give – CSU wants to hear YOUR story/experience. A few hints... check your grammar and spelling and work toward the 150 word limit!

2. Schools Recommendation Scheme (SRS) – select this in UAC and complete the information required and submit. This allows you to be considered for early offer complete for any of the courses in your preference list (as it is on the 20th September) – for a range of university's – including Charles Sturt University. Offers through SRS can be **unconditional** – ie – the offer is yours/you have the place regardless of your ATAR - OR it could be **conditional** – you will need to reach the required conditional ATAR listed in your offer. Unconditional offers will be formally made to you in the November early offer round and will be given to your highest preference eligible that round.

Virtual Open Day

CSU has a virtual open day running over 4 days. The 15th, 16th and 17th of September and also Saturday the 26th September. Students, parents and the community can **register interest now** and then sign up for information sessions, check out videos on courses, speak with academics and current students as well as residential and support staff - and ask all the question you want.

Campus tours

CSU has currently suspended campus tours. **Register your interest here** and you will be the first to know when tours are back up and running. This is a great way to see the campus, the facilities, get a feel for the university and meet with a current student to ask any questions you like as they show you around.

Book a one-on-one video chat

You can book a time that suits you best to chat one on one about your study options, plan out the best preference order for you and ask all the questions you want. You can invite mum and/or dad or a friend to the meeting too. If you select the Port Macquarie campus – you will meet with Bernadette Gammon.



Virtual Open Day 2020

This is Charles Sturt. This is your future.

Book your spot!

→ csu.edu.au/openday

CAREERS NEWS continued...

Year 12 Scholarships (Post School)

Now is the time for students to start preparing for 2021 SCHOLARSHIPS. Most scholarships open in August and September. Term 3 will certainly be a hectic time for most Year 12 students and it's easy to forget about scholarships. Begin preparing resumes and collating information regarding employment experiences (paid and volunteer), extra-curricular activities, academic and non-academic achievements, Centrelink and tax information. The following information can be a very useful and informative guide.

There are hundreds of scholarships out there, some worth thousands of dollars. To get a scholarship you need to do the research, complete application, get it in on time complete with all required documentation and make sure you meet the eligibility criteria. To be eligible, you may have to live in a certain area, or be below a certain family income, or be receiving a Centrelink payment, or have academic merit, be involved in community activities, be enrolling in a certain degree, be Aboriginal etc.... . All scholarships have different criteria. Check it out – your research time could pay off!! If you don't have time, ask your family to help out. Apply for anything you believe you are eligible for. Some unis have \$000's not given out in scholarships because nobody applied for them!!! A good place to start looking for scholarships is the Study Assist website. <http://studyassist.gov.au/sites/StudyAssist>

Also see individual university websites for more scholarship opportunities and individual institutions.

Tips on how to make yourself a good scholarship candidate:

DO YOUR RESEARCH: Plan ahead, read the criteria or guidelines for each scholarship very carefully and don't waste your time by applying for scholarships you are not eligible for. Make sure to copy all certificates that you may need to attach with your application, get them certified if necessary, and submit well before the closing date.

DOCUMENTATION IS A MUST: Make sure you include all the documentation you are required to provide such as a resume, references, evidence of your ATAR. If being in financial need is relevant, ensure you can demonstrate this with Centrelink statements, payslips, or Tax statements as required. Failing to provide this may deem you ineligible.

ANSWER ALL QUESTIONS CLEARLY: If you see questions that are not applicable to you mark N/A and explain why. For most questions you will need at least a few sentences, not just one. When you are finished hand your application to Mr De Angelis (the Careers Adviser), a teacher and/or parent/guardian to look over to see if you've missed anything. It is always advisable to have a few trusted people look over your application/s.

THE PERSONAL STATEMENT: It is important to know what the committee is looking for. Discuss your academic qualifications, social and leadership skills and community involvement. Also discuss personal attributes. Demonstrate these by asking teachers, employers or mentors to write you a reference.

SELL YOURSELF: Treat a scholarship application as if you are applying for a job. You need to put your best foot forward and make sure you are chosen for this scholarship over others. When scholarships ask for evidence of community involvement look beyond what you may have done at school. Make sure you mention all of the ways you may have been involved. Some examples of what students have given as examples before include: School Captain, Student Representative Council, church group, nominations for awards, certificates for academic excellence, volunteering, tutoring or mentoring others, representation in various sporting activities, camps or conferences, study trips, scouts and guides, work experience or charity work.

ASK IF YOU ARE UNSURE

If you are unsure of any details get in touch with the people providing the scholarship and ask questions to make sure a simple error does not mean you miss out! Please don't hesitate to ask Mr De Angelis for assistance!



#2020HSC
#StayHealthyHSC

Stay healthy on your HSC journey

Questions about the HSC?

Contact the COVID-19 support team on **1300 138 323**
email covid19support@nesa.nsw.edu.au
visit educationstandards.nsw.edu.au/stayhealthyHSC

Need help managing stress?

Visit **ReachOut.com** for information, tools and tips to turn exam stress into success. If you need help right now, call **Lifeline 13 11 14** or **Kids Helpline 1800 55 1800** or talk to your GP



SCHOOL VISION STATEMENT

Gloucester High School aims to develop a supportive learning environment that engages all students, teachers and community in the pursuit of excellence.



Education &
Communities

Principal
Deputy Principal
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Email:
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Mrs Trudi Edman
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