

School Calendar 2020

Wednesday 25 November

Peer Support Training

Friday 27 November

PtoH Y6 transition - half day

Monday 30 November

P&C Extraordinary Meeting -
6.30pm Avon Valley Inn

Tuesday 2 December

Musical Auditions - P3&4

Thursday 3 December

PtoH Y6 transition - full day
Musical Auditions - P5&6

Tuesday 8 December

Y9 Excursion - Paintball & Aqua Park

Monday 14 December

Presentation Award Ceremony

CANTEEN - Phone 65589963

Monday 23 November

Elona

Tuesday 24 November

Vanessa

Wednesday 25 November

Sharee

Thursday 26 November

Merrilyn

Friday 27 November

Elona

Monday 30 November

Elona

Tuesday 1 December

Alison

Wednesday 2 December

Tracey

Thursday 3 December

Merrilyn

Friday 4 December

Elona

P&C MEETING

Our next P&C Meeting will be an extraordinary meeting held at the Avon Valley Inn.

Monday 30 November
at 6.30pm.

NEWSLETTER Friday, 20 November 2020



FLAG RAISING DURING NAIDOC WEEK



Care Achievement Respect Effort Responsibility

129 Ravenshaw Street, Gloucester NSW 2422 / P 02 6558 1605 / F 02 6558 1229
www.gloucester-h.schools.nsw.edu.au / gloucester-h.school@det.nsw.edu.au

NAIDOC WEEK ACTIVITIES

Our students celebrated NAIDOC in a variety of ways. All students engaged in Aboriginal culture and showed respect and responsibility throughout the week.

On Monday, several of our Aboriginal student leaders ran a ceremony that signified the start of NAIDOC week. This ceremony started with an Acknowledgement of Country and was followed by individual students reading about Aboriginal perspectives and the history of NAIDOC. At the conclusion of the assembly two students then accompanied the Deputy Principal to raise the school flags.

Each morning in roll call, messages were announced about NAIDOC and students had the opportunity to learn a little each day about Aboriginal culture and customs, including Dreamtime.

Staff from across the school also showcased some Aboriginal perspectives within their classrooms based on their subject or activities.

On Wednesday, we held a Remembrance Day ceremony which had a focus on the contribution made by Aboriginal soldiers during war. Our school captains ran this ceremony and it was respectfully received by all of our students.

During the week a colouring competition was started where the students paid 50c to enter. The image had been drawn by one of our Aboriginal school leaders. The winners of this competition were announced on assembly last Monday. The prizes included canteen vouchers.

Bark painting was also an option for many students who attended art workshops. About 40 students participated in this and created some outstanding art work.

On Friday, teachers from the Aboriginal ED team created and supplied pancakes to students for breakfast as they entered the school. During Period 4, most students watched a short film on dreamtime and listened to the history of this custom and how it impacts on Aboriginal culture. The SRC created a Covid safe sausage sizzle and students were exposed to some fantastic didgeridoo playing in the main quad at lunch time.

Any money raised will be added to our funds for the creation of an Aboriginal garden at the front of our school. We have some funding already but works have been put on hold in 2020 due to restrictions.

I am very proud of our Aboriginal students with the input and impact they make every day. This group of young leaders have shown their growing capabilities and we look forward to continuing to work with them into the future.

Mr Wisely, Aboriginal Ed Coordinator, Deputy Principal



Always Was, Always Will Be.

8-15 NOV 2020



**Aboriginal Student Leaders during our
NAIDOC Week assembly**



BARK PAINTING

PRINCIPAL'S REPORT

This is the time of the year when our Stage 4 and Stage 5 students undertake their yearly exams. Most students tend to breeze through their exams, but for some students it can be an anxious and stressful time. We have a number of support measures in place for students experiencing difficulty during this time. If you are concerned for your child's wellbeing during this time please let the school know and / or seek support from your local GP who will be able to develop a long term plan of support in building inner resilience, emotional strength and wellbeing.



Alex and Scott Bratfield – local business owners, refurbished two postie bikes to enter in the Variety Postie Bash. During the refurbishment of the bikes many differences were made. Scott and Alex gave our students and staff the opportunity to enter a competition, for a gold coin donation, to guess the number of differences. The winners were: Jessica Murray, Natalie Rayner, Jarred McIlroy and Maggie Falla. Congratulations and pleased we could support it.

Great news, our back carpark is now completed and looks amazing. It has opened up the back area and provided many more car spaces for staff. This should allow for more car spaces on the roads near the school for parents to collect their children. The Anglican nursing home has offered to replace the boundary fence and this too will improve the area. We are very thankful to them for this offer.

Mrs Trudi Edman, Principal

MENTAL HEALTH AND WELLBEING

For thorough information on support services available to students, parents and teachers please follow this link:

<https://education.nsw.gov.au/student-wellbeing/counselling-and-psychology-services>

APPOINTMENT REMINDER

I would like to remind parents to make an appointment if they wish to meet with a teacher. This can easily be done through the school office on 6558 1605. Our office staff will liaise between you and the teacher to arrange a suitable time which may be in person or via a telephone conversation. Please appreciate that a teacher's day is very busy with scheduled lessons, together with lesson preparation, compliance and administrative responsibilities, which makes it difficult for a teacher to attend an unscheduled meeting.



Gloucester High School P & C SCHOOL CANTEEN MANAGER 5 days/30 hours per week

Essential Criteria:

- Experience in a school canteen or hospitality
- Knowledge of NSW Healthy Schools Canteen Strategy & willingness with menu planning
- Exceptional customer service & interpersonal skills
- Ability to work as a team leader with organisational & rostering skills
- Excellent cash handling & time management skills & ability to adhere to deadlines
- Computer literacy skills
- Drivers licence & use of own car
- Food Handlers certificate
- Working with Children Check

Desirable:

- A Food Safety Supervisors certificate

Applications close 30th November 2020

Enquiries to the Secretary, Anne Maggs.

Applications to be sent by email:

gloucesterhighschool@pandcaffiliate.org.au

CREATION MYTHS WITH YEAR 9 HISTORY ELECTIVE

continued from last week...

How the Sky Became Complete

Millions of years ago, in the Sky Valley, the creator of the sky (Skymus) was reviewing his creation. He originally made the sky in a plain blue colour that never rained and occasionally had animals and the breeze fly through the area.

"This will not do" Skymus screamed at his servant (Gertrude). He ordered her to visit the god of all creations (Jim Bob) to discuss their options on how to make the sky better.

So, she set off to the city of creation where Jim Bob was currently finishing off his new creation 'Fairy Floss'. Gertrude barged into his door and asked him to travel back to the Sky Valley with her to have an important meeting with Skymus. Jim Bob refused to come with Gertrude and continued with his project. This was terrifying to her as if she returned without him, Skymus would throw her into prison for the rest of her life and she would never be free.

Gertrude decided to come up with a plan, if she instead took the creation god's most prized possession, the Fairy Floss... she could give it to Skymus and he could use his powers to summon Jim Bob to Sky valley. Using this plan, Gertrude snuck up behind Jim Bob and took the Fairy Floss and put it in a jar whilst he was doing something else.

As she tried to sneak out of the door, the creation god turned around and realised that it was missing and shouted 'Where is it!?' He saw Gertrude trying to escape and charged towards her with a furious face, he grabbed the jar of Fairy Floss and started tugging on it to get it back. It was like a game of tug of war with two raging bulls.

But Gertrude did not give up. She stood her ground and they fought over the jar for several minutes until suddenly... it flew out of their hands and exploded in the sky like fireworks. As the fireworks popped and crackled, it created individual clouds. Over the span of 10 minutes, nearly the entire sky was full of the clouds that we see today.

Back in Sky Valley, Skymus saw the clouds and rejoiced. Finally, the sky was complete, he decided to undo the curse on Gertrude to free her, but it was too late. Jim Bob was very angry with Gertrude for trying to steal his creation and instead of letting her go he decided to lock her up in his own prison, above the sky for the rest of eternity. To this day, whenever Gertrude cries this creates the rain and the storms. Jim Bob's anger and shouting makes the lightning and the thunder we hear still echoing today.

Jazmyne Rolvink



BOTTLE ROCKETS

After exams, Year 10 wanted to explore some areas of science that interested them. They requested we make bottle rockets. They researched how air resistance impacts on the bottles movement and designed features to add to their rockets to reduce the drag caused by the air resistance. We had launch day down on the oval and the students were most impressed with how high and far their rockets travelled.



COMPOSTING WITH PARROTS FEATHER

This term, the enthusiastic Year 7 Ag class were looking for green matter (to add to the scraps that we get from Georgia Britton and our canteen) when one of our neighbours, Paul Collett, came to the rescue. He was cleaning out the invasive river weed “Parrots Feather” from his waterways and loaded up our trailer. A big thanks to Paul and remind anyone who has old silage to get rid of - we need some for both the compost bins as well as around the garden to suppress the weeds.



The class composting



MATHS CORNER QUESTION (for students and parents)

Question:

100kg of chocolate is packaged into boxes each containing 1.25kg of chocolate. Each box is then sold for \$1.75. What is the total selling price for all the boxes of chocolate?

Previous Answer:

Since the successive terms of the sequence increase by 3, relate the sequence to the multiples of 3 and display the table to the right. Compare each of the terms of the sequence with the multiple of 3 directly

Order of terms	1	2	3	4	...	100
Terms of sequence	1	4	7	10	...	?
Multiples of 3	3	6	9	12	...	(300)

below it. Notice that each term of the sequence is 2 less than the corresponding multiple of 3 directly below it. Since the 100th multiple of 3 is 300, the corresponding term of the sequence is $300 - 2 = 298$.

* Maths corner questions have been provided courtesy of ‘Australasian Problem Solving Mathematical Olympiads (APSMO) Inc’ an advanced problem solving course currently being undertaken by some of our Year 7 & 8 students.

Gloucester High School Year 10 Drama presents

STORIES IN THE DARK

BY DEBRA OSWALD



GLOUCESTER HIGH SCHOOL HALL

Friday December 11 at 7:00pm

Saturday December 12 at 2:00pm & 7:00pm

*Starring Savannah Ashby, Emma Elder, Melia Gauci-Mulder, Lynelle Hester,
Anita Jackson, Haylee Mathew, Sadbh Renshaw, Anna-Rose Seale,
Jessie Stewart, Emily Walker and Brooke Willis*

Tickets: \$4:00 at the door

Stories in the Dark explores the power of storytelling, mingling the magic and earthy wisdom of folk tales with the hard-edged story of violence, conflict and the struggle to survive.

STORIES IN THE DARK - CHANGE OF ROUTINE

On Friday 11 December at 11:10am, Year 10 Drama will be presenting their end of year production, STORIES IN THE DARK, in the school hall. Your child will be attending this performance and admission will be by gold coin donation.

Stories in the Dark, by Debra Oswald, is a play for young people that explores the power of storytelling, mingling the magic and earthy wisdom of folk tales with the hard-edged story of violence, conflict and the struggle to survive.

In Stories in the Dark, a terrified 12-year-old boy finds himself separated from his family in the unfamiliar streets of a war torn city. He takes refuge in a bombed-out house and, in the total blackness his bravado, crumbles into tears. Into his life steps Anna – older, street smart and scornful of his crying. As a way of shutting the boy up, she starts to tell him a story that she vaguely remembers from her own childhood. And so begins a journey into the shifting, shimmering world of ogres, princes, singing bones, foolish lads and wolf-mothers.

This performance of Stories in the Dark will take place during Periods 3 and 4. If you have any queries about this change of routine, please contact me at the school on 6558 1605. Social distancing guidelines will be in place for these performances.

Scott Davis, Year 10 Drama Teacher

PEER SUPPORT TRAINING - YEAR 10

When: Wednesday 25th November 2020 (Week 7)

Where: Gloucester High School

How does the Peer Support Program work?

Year 10 students will take part in a one day leadership training program, facilitated by their teachers, using training developed by Peer Support Australia. Peer Support is an important program for building self-esteem in young people, skilling them to cope with the challenges of day-to-day life.

The following skills are explored during the Peer Leaders' Training:

- relationship building
- communication
- empathy
- decision making
- problem solving
- creative thinking
- flexibility
- assertiveness
- co facilitation

Students wishing to be peer support leaders for 2021 must complete the training.

Notes with further information have been sent home with Year 10 students.

**LIMITED
NUMBERS**

**BOOKINGS
ESSENTIAL**

**FEE FREE
SERVICE**

Are you work ready? Need some help?

Are you 15 -19 years old?
Not enrolled in education/
training/employment?

Mid Coast Connect can assist with:

- + Find the right course for you
- + Career planning
- + Job search assistance
- + Job applications
- + Resumes & cover letters

Brooke will be at the
Bucketts Way Neighbourhood Group
88 King St, Gloucester
26th November 9.30am - 3pm
10th December 9.30am - 3pm
Call on 0422 449 482

MID COAST
connect
opportunities for youth
www.midcoastconnect.com.au

CALLING ALL YEAR 12 SCHOOL LEAVERS

Get ahead and learn, upskill and prepare for 2021. Enrolments for a new Summer Skills program of fee-free training and skills support is now open, find out more on:

<https://education.nsw.gov.au/summer-skills>



CAREERS NEWS

FROM UNIVERSITY OF NEWCASTLE

Save the World in 60 Minutes – University of Newcastle

9 December. 5.30pm

Engineering is the magic that happens when imagination meets science... it's the inventive mindset that finds creative solutions to the world's biggest problems.

Want to be part of the solution? Get involved with our live event, Save the World in 60 Minutes, where you'll hear from our researchers about emerging renewable energy solutions, brainstorm ways to tackle climate change, and compete for the title of Sustainability Superhero.

Join us online for the University of Newcastle's the Art of Problem Solving exhibition, showcasing some of our most exciting engineering and computing innovations - like a soft robot manta ray for coral reef research, a mind-controlled prosthetic hand, a contender for the world's fastest boat, a healthcare respirator and a scaffold for the human spine. Prizes to be won!

<https://www.newcastle.edu.au/events/faculty-of-engineering-and-built-environment/save-the-world-in-60-minutes>

University of Newcastle – 2021 Undergraduate Info Session

18 December. From 10am

Join us virtually and talk to our team about degrees, changing preferences, alternative entry options, accommodation and more.

The Info Session will be held after ATARs are released and prior to the close of change of preferences for consideration in December Round 2 so it's perfect timing to get the advice you need to finalise your UAC application.

Knowing your ATAR means your choices may have changed. There are a variety of entry schemes and adjustment factors available to you. Talk to our team who help you understand your adjusted ATAR and your options.

If you are yet to apply and needing some extra advice, be sure to make a virtual appointment with our expert teams.

<https://www.newcastle.edu.au/events/future-students/2021-undergraduate-info-session>

Campus Tours

"We're pleased to let you know that we are now taking individual bookings for campus tours of our Callaghan, NUspace and Ourimbah campuses. These tours are being run outside of school hours.

We would love to welcome any interested students on to our campuses during these times, in particular those who have applied to commence their studies in 2021.

Book a spot online to one of our small group campus tours." - <https://www.newcastle.edu.au/study/forms/campus-tour-booking-form>

E: futurestudents@newcastle.edu.au

W: [newcastle.edu.au/study](https://www.newcastle.edu.au/study)

The University of Newcastle

University Drive, Callaghan NSW 2308 Australia

CAREERS NEWS Continued...

7 Things I Wish I Knew Before Starting University

Jess loved her days at university, but there are a few things she'd change if she had her time again. Get ready to coast into uni life thanks to Jess' helpful reflections on her own experiences.

When I look back on my own years at uni, I can safely say it was the best time of my life.

However, while I made some great decisions and had a lot of fun, I also made a few mistakes and learned a lot along the way. Let's just say that if I could go back in time, I would have a few words of advice for my younger self. Here they are.

<https://www.fya.org.au/2020/02/03/7-things-i-wish-i-knew-before-starting-university/>

CSU ATAR Advice Days

Friday 18 and Saturday 19 December

Our team will be on hand to help with any preference, course or enrolment questions you may have. You'll also be able to access virtual booths and info sessions on admission pathways, accommodation, scholarships, and more.

<https://charlessturt.online-event.co/invitation/atar-advice-day-friday-18-december>

TAFE NSW Scholarships - Who is eligible for a Fee-Free Scholarship?

Students can get the skills they need to get the job they want and their course fees will be covered.

Young people (aged 15-30) who meet the Smart and Skilled Fee-Free Scholarship criteria are eligible for a government subsidy which covers their Smart and Skilled course fee.

Eligible students can receive a single Fee Free Scholarship in a financial year, and two Fee-Free Scholarships across 4 financial years.

<https://www.tafensw.edu.au/enrol/payment-funding/smart-skilled>

Financial support for school leavers

There are a range of student payments available for school leavers going on to further study, including ABSTUDY and Youth Allowance for Students and Apprentices. Find out which financial support packages you may be eligible for using the Payment and Service FinderExternal link.

https://www.centrelink.gov.au/custsite_pfe/pymtfinderest/paymentFinderEstimatorPage.jsf?wec-appid=pymtfinderest&wec-locale=en_US#stay

Harvest Trail Information Service

Not sure which provider to contact in your area? Whether you are looking for harvest work or needing to hire workers, you can call the Harvest Trail Information Service (HTIS) Monday to Friday 8am to 8pm on 1800 062 332 for advice.

<https://jobsearch.gov.au/harvest/providers/harvest-trail-information-service>

CAREERS NEWS Continued...

Microsoft Traineeship Program

Microsoft Australia is very proud of the newly created Microsoft Traineeship Program, which aims to create a new, diverse pipeline of exceptional IT talent while also addressing the technical skills shortage in Australia.

For Microsoft partners and customers interested in hosting a trainee, this is an opportunity to get access to new and emerging talent from a diverse pool of candidates.

For aspiring trainees, this program provides an excellent foot-in-the-door to an exciting and rewarding career in IT.

More info here:

<https://www.microsoft.com/en-au/microsoft-traineeship-program>

and here:

<https://www.megt.com.au/microsoft-traineeship-program>

JMC - 'Learning Creativity: the Art of Adaptation'

Thursday 26th November. 4pm

Online via Zoom. Access link will be emailed to all registered participants.

In today's fast evolving world, the key to thriving in any industry is the ability to adapt. It is about responding to changing demands, new technologies or emerging industries. Creativity is at the centre of adaptation, and the good news is, it is a skill that can be learned and mastered.

In this webinar, we'll be bringing insights from the design industry into perspective and providing a practical way to look at creativity and unlock its true potential in all of us. This talk is relevant to all subjects in the high school curriculum, and you'll learn 7 tips that you can put immediately into practice!

<https://www.jmccademy.edu.au/events/industry-events/learning-creativity-the-art-of-adaptation>

UTS Options Day

Date : 17th Dec 2020

Time : 1pm-6pm

Venue : UTS City Campus

Cost : FREE

Contact : UTS Future Students : Future.Students@uts.edu.au / 9514 1711

Event Description :

As part of UTS Info Week (14-18 December), be sure to join us at UTS Options Day on Thursday 17 December 2020 to get all your last minute university questions answered.

Whether you want to chat one on one with our staff, find out about admission pathways, attend an info session or just get a taste of life at UTS, we've got you covered.

Register your interest: <https://infoweek.uts.edu.au/>

USEFUL FOR:

Getting things done, figuring out your goals, and finding and keeping that energy for tasks both big and small.

MOTIVATE ME



It is important to find (and keep) motivation in your life, as it not only drives you toward achievement but also increases your general happiness and wellbeing.



What is motivation?

Motivation is what drives you to make the things you want happen, from the big things in life (goals and hard tasks) to the small things (getting out of bed in the morning!).



What can motivation help with?

Motivation helps you get the most out of life. It gives you direction, a sense of purpose and achievement in life which can lead to feeling more satisfied, positive, and increases general happiness and wellbeing.

To wrap up

- › Motivation helps you get the most out of life and drives you to do the things you want to make happen.
- › Setting small but interesting goals is a good way to find initial motivation.
- › Plotting your progress and letting people know your goals is also a good way to make sure your motivation sticks around.

Motivation: how to find it and then keep it!

- › Set goals that can be measured and have an end point. This can help give you something to work toward.
- › Choose goals that interest you. This seems obvious, right? If you choose areas that interest you, it'll be a lot easier to find the time to do it, plus you'll enjoy it along the way.
- › Find things that interest you within goals that don't. Unfortunately not all goals or tasks will interest you. So, try and find something within that task that does motivate you.
- › Make your goal public. If you tell another person your goal or write it down, it becomes even more of a motivating factor to make a good attempt at keeping your word.
- › Plot your progress. By tracking your progress you can celebrate small wins and keep motivated.
- › Break up your goal. Break it into smaller, less-scary tasks. Start with the easier stuff first, then as your confidence increases, move on to the more challenging components.
- › Use rewards. Promise yourself some sort of reward each time you complete a task.
- › Don't do it alone. Join a class or find a teacher or someone you can share the experience with. Other people can be encouraging in hard times.

IT'S COMING SOON!!!!

THE GHS 2021 MUSICAL

MAMMA MIA!



CALLING FOR AUDITIONS

Tue Dec 1st Period 3-4 (11:00am-12:50pm)

Wed Dec 2nd, Period 5-6 (1:40pm-3:15pm)

If you would like to audition for an acting part, please inform Mr Davis or Mrs Ingram in person or by email at scott.davis10@det.nsw.edu.au. Be prepared to sing a few bars from the song of your choice and read part of a scene from a provided script.



SCHOOL VISION STATEMENT

Gloucester High School aims to develop a supportive learning environment that engages all students, teachers and community in the pursuit of excellence.



Education &
Communities

Principal
Deputy Principal
Address:
Telephone:
Email:
Web:

Mrs Trudi Edman
Mr Mik Wisely
129 Ravenshaw Street, Gloucester NSW 2422
6558 1605 Fax: 6558 1229
gloucester-h.school@det.nsw.edu.au
www.gloucester-h.schools.nsw.edu.au