# GLOUCESTER HIGH SCHOOL



**NEWSLETTER** 29 November 2013

## **School Calendar 2013** TERM 4

#### Tuesday 3 December

Industrial Action - 8:30am to 11am Assembly at 12:30pm to welcome Miller **High School** 

Police Liaison Officer Talks Years 7-10

#### Wednesday 4 December

Year 9 Pass Excursion Period 3 and 4 Bucketts Walk with the Miler Students Music and Drama Night 7pm

#### Thursday 5 December

Multicultural Food Festival School Social 7pm to 10pm "Middle Eastern Theme"

#### Friday 6 December

Assembly to Farewell Miller Students

#### Monday 9 December

Presentation Night

#### Tuesday 10 December

Year 10 Drama "The Formal" has been cancelled

Year 10 Leadership Training

#### Thursday 12 December

Junior Book Club Excursion to Newcastle

#### Wednesday 18 December

Last Day of School for Students

#### Thursday 19 December

School Development Day

## Friday 20 December

School Development Day

#### **CANTEEN**

## Phone 65589963

Monday 2 December

Elona

**Tuesday 3 December** 

No Volunteer

Wednesday 4 December

No Volunteer

Thursday 5 December

Grant

Friday 6 December Flona

Monday 9 December

Tuesday 10 December

No Volunteer

Wednesday 11 December

Thursday 12 December

No Volunteer

Friday 13 December

Elona



## TRY-A-TRADE

You may have noticed several students traversing their way through town last week; they weren't truanting or taking an extended lunch break. Year 9 students participated in the Try-A-Trade Day on Wednesday 20 November. Students attended three sessions of their choice conducted by local businesses who have volunteered to support this program. The sessions allowed students to engage with professional workers within the industry, ask questions, perform basic tasks and/or observe the daily operations of a business. Several employers gave students 'a tour' of their facilities which created a very realistic view of how a particular business operates.

This is a very unique opportunity and a privilege that is only possible due to the support from our local community, the outstanding efforts of the Bucketts Way Neighbourhood Group and financial support from the Stratford Coal Community Support Program. Try-A-Trade complements the Gloucester High School Careers program and provides up to date realistic information, so students can more successfully navigate their career path

by making informed, planned and thoughtful decisions. The Hub, on Britten Street, proved to be a great place for students to enjoy lunch and re-group between sessions. Even the hungriest of appetites were suppressed as students enjoyed a free sausage sizzle thanks to the efforts of the Lion's Club.

Gloucester High School would like to thank: Gloucester Veterinary Hospital, DRIFTA Camping Kitchens, Autolec, Harvey World Travel, Gloucester Tyre & Battery Service, Speldon Agriculture, R & D Engineering, TLC by Elizabeth, National Parks and Wildlife, Gloucester Police, Newcombes Coaches and The Bucketts Way Neighbourhood Group for making this day a huge success.



Mr De Angelis



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## PRINCIPAL'S REPORT



As I wander around the school (as I sometimes do) it is heartening to see the efforts of students and staff coming to fruition. Students have either just finished their exams, or are in the final stages. Year 12, 2013, have all signed out and have experienced the highs and lows associated with the end of their secondary education. Our new Year 12 students (2014) are well into their HSC courses, and have moved in to the Study Centre, following a fruitful negotiation process. Staff are feverishly completing marking and academic reports. Preparations are well in swing for our Presentation Night on Monday 9 December. Staff are also busily planning for 2014 by completing their own Professional Learning Plans, Faculty Plans and whole school Management Plan. And during all this, we still have some major events in the form of Peer Support Training, Year 6 Orientation Day, the Resilience for Learning Hub pilot program, the Bucketts Way Community of

Schools e-Learning Program and the much awaited Multicultural Festival and Miller High Intensive Language visit. Who said the end of year was a "wind down" phase!?

I would like to take this opportunity to thank all my dedicated staff and Executive for their ongoing professionalism and hard work. I also thank the dedicated band of parents who make up the Gloucester High School Parents and Citizens Association for their support, diligence and focus on improving outcomes for students. I wish all students a relaxing and safe holiday and look forward to a prosperous 2014.

Cheers, and Merry Christmas!
Pat Cavanagh

## PRESENTATION NIGHT

If your child is receiving an award at Presentation Night a letter will go home inviting you to attend. Everyone is welcome to attend.

This assembly will take place in the school hall on Monday 9 December 2013. The assembly will commence at approximately 7:00pm and will conclude at approximately 9:30pm. We would ask you to be at the school hall at 6:45pm in order for you to be seated before the evening proceeds.

Recognising the positive contributions that students make is a vitally important way the school can promote excellence and encourage our school motto "Strive to Excel". We look forward to seeing you there.

## **WORK HEALTH AND SAFETY NOTICE**

It has been observed that several parents are dropping students off in the staff car park area at the water tank end of the school. The school policy is that students are not allowed in staff car parking areas at any time for safety reasons. To reduce the risk to students we do maintain that rule vigilantly as we do not want a staff member backing over a student.

The water tank car park is also a major delivery driveway for the Canteen and Industrial Arts areas and can be congested at the best of times, especially first thing in the morning. Can we please ask that parents refrain from using this area as a drop-off. Please use the designated areas provided. If you have any problems with the designated areas please contact the school to discuss your issues and we can aim for future improvements.

Thanks for your understanding with regards to car park safety and keeping our kids safe.

Mr Mik Wisely

Work Health and Safety Representative

## **INDUSTRIAL ACTION - TUESDAY 3 DECEMBER 2013**

On Tuesday 3 December 2013, members of the NSW Teachers Federation will be participating in a 2 hour state-wide stop-work meeting to hear a report from the Presidential Officers and vote on a recommendation for a new Salaries and Conditions Award. Teaching staff at Gloucester High School will be among those participating in the meeting.

Following an assessment regarding the number of teachers likely to participate in the industrial action, it has been determined that the school will be unable to provide adequate supervision on Tuesday 3 December 2013 between the hours of 8:30 am and 11:00 am. Therefore, in consideration of the safety of students, the school will be non-operational for this period. No supervision of students will be possible between 8:30 and 11:00 am.

Parents and caregivers are asked to make other arrangements for students for this time. Supervision of students will resume at 11:00 am. Roll call will take place at 11:20, after which normal classes will resume. The Resilience for Learning Hub will operate as normal.

The decision to participate in Industrial Action is not taken lightly and the safety of students is paramount. Your support in this matter is appreciated.

Mr Pat Cavanagh Principal

## JUNIOR BOOK CLUB EXCURSION

Junior Book Club members will travel to Event Cinemas, Glendale on 12 December to watch film adaptations of two popular Y.A. books. Catching Fire is a futuristic thriller based on the second novel in Suzanne Collins' The Hunger Games series. Ender's Game is an epic adventure based on the first novel in Scott Orson Card's classic sci-fi series, Ender's Game. In Term 3 members read and discussed Ender's Game and will follow up the film version with a discussion which asks the question: Better – the book or the film? The Country Link Bus will leave at 7am from the Country Link Bus stop and return back at 7:40pm. The cost of the excursion is \$33.90, plus extra money for food and public transport. Students must bring there ID Card's and wear full school uniform.

Ms Lyndy Grey

## RESOURCES FOR PARENTS

School A to Z has a wealth of practical resources for parents on attending a NSW public school and we encourage all parent view this information-rich site. http://www.schoolatoz.nsw.edu.au/

#### You will find:

- important general frequently asked questions for parents including links to enrolment information, term dates, the right school age and answers to questions on composite class.
- It also includes resources for parents whose children are starting Kindergarten or transitioning to Year 7.
- a terrific back to school checklist for parents to use in preparing for the new school year.

## **MULTICULTURAL FESTIVAL**

Gloucester High School's Multicultural Festival will kick off on Tuesday 3 December, with students from Southwest Sydney's Miller Intensive English Centre arriving via train and ready to experience all the glorious hospitality that Gloucester has to offer. This will be the eighth year that students from Miller have visited Gloucester and, every time, the bond that is built between the visiting students and their hosts is extraordinary, particularly given the relatively short period of time that they are here. Departures are often consumed by tears and heartfelt hugs.

This year, 20 students from Miller, many of whom arrived in Australia as refugees, having escaped from a troubled homeland, will take up residence in the homes of Gloucester High School students from Tuesday 3 December to Friday 6 December. It is a short period of time, but one that is jam-packed with activity.

On Tuesday, students will arrive and be introduced to their host families. They will have the opportunity to attend high school classes and see some of the township. On Wednesday, a journey up the Bucketts Walk will test fitness levels. Following lunch in Billabong Park, students will return to the high school to rehearse their acclaimed theatrical production (see below).

On Thursday, a gala Multicultural Food Festival will take place in the main quadrangle. Under the guiding influence of Food Technology teachers Mrs Trudi Edman and Mrs Louise Harris, dishes from a wide range of cultural backgrounds will present students and staff from Gloucester High School and Miller High School with an opportunity for their taste buds to explore the world. YUMMY! Then, on Thursday night, a multicultural mix of music and dance will feature at the School Social. The theme for this social will be 'Middle Eastern', forcing Gloucester High School students to do some research and improvising in order to find suitable costumes.

On Friday, after some emotional farewells, the Miller students will hop back on the train to make the long journey home to Sydney.

Undoubtedly, the highlight of Miller's visit is their performance of a play that presents stories drawn from the students' vastly diverse backgrounds. With students from countries ranging from Afghanistan, Iraq, Syria, Sri Lanka and Iran, the play explores stories and experiences that are at once tragic and humourous, heartbreaking and funny. The

performances are expertly directed by Miller's Ruth Hartcher-O'Brien who, with former teacher Kevin Costa, was the driving force behind the origins of this unique collaboration.

The Miller performance will take place in the SCHOOL HALL on WEDNESDAY 4 DECEMBER at 7PM, with the general public welcome to attend. An unforgettable night of theatre, which will also feature music and drama performances from Gloucester High School students, is guaranteed.

When: Wednesday 4 December at 7pm Where: Gloucester High School Hall

Cost: \$4.00 at the door



## **4GB THUMB DRIVES**

4GB THUMB DRIVES are for sale at the School Office.
Gloucester High School 4GB Thumb Drives are \$10.00 each

## **AECG MEETING**

A reminder that the AECG (Aboriginal Education Community Group) meeting will be at 12:00 on Tuesday 17 December at Gloucester Primary School.

## **ITINERARY - MULTICULTURAL FESTIVAL 2013**

## Tuesday 3 December

11:38am Miller students arrive at Gloucester Station – transported to school.

12:00pm Meet with host students in Senior Quad.

12:30pm Assembly – Introducing students.

12:50pm Lunch time as normal.

1:35pm Miller students to rehearse in hall.

3:15pm School finishes. Travel home with host students.7:00pm Dinner with host families or out at Roundabout Inn

#### Wednesday 4 December

9:00am Rollcall with host students

9:10am Students travelling to The Bucketts Walk

11:00am Lunch in Billabong Park (SRC BBQ).

12:00pm Return to school for rehearsal time in hall

3:10pm Meet up with host students in quad to travel home.

7:00pm Music and Drama night in school hall.

10:00pm Finish

## **Thursday 5 December**

9:00am Rollcall with host students

9:10am Student move to hall for Drama performance

11:00am All students move to quad—canteen closed: Multicultural Food Fest, Music, Dancing...etc

12:30pm Soccer match

1:30pm Miller students attend classes with host students.3:10pm Meet up with host students in quad to travel home.

7:00pm Social "Middle Eastern" Theme

10:00pm Finish

#### Friday 6 December

9:00am Rollcall with host students9:10am Final assembly and farewell

10:00am Students board bus for transport to station – normal classes Periods 2-6.

10:55am Train departs

#### \* Subject to change



School Social

The theme is

"Middle Eastern"

Thursday 5 December 2013

7pm to 10pm

## NO MORE 'WAITING FOR GODOT'

Year 11 Drama finally found what they've been looking for – a production of their favourite play, *Waiting for Godot* by Samuel Beckett. The play is the most famous example of the Theatre of the Absurd genre and was staged in sensational style by the Sydney Theatre Company on Wednesday 20 November at the Sydney Theatre. The Year 11 students had earlier been treated to a new Australian play, *Vere*, by John Doyle (Roy of 'Roy and HG' fame) at the Sydney Opera House.

Waiting for Godot is an existential play about two tramps who search for meaning and purpose in a timeless, placeless and ultimately meaningless world. The play is celebrated for being at once very bleak in outlook and yet very funny in presentation. The two tramps in this production were expertly played by Hugo Weaving (*The Matrix, Lord of the Rings*) and Richard Roxburgh (*Rake, Mission Impossible 2*). Year 11 students studied the play last term and are currently studying Contemporary Australian Drama, so both plays were relevant and topical.

In between shows, students gorged themselves on crepes and desserts at Pancakes on the Rocks while My Davis sensibly consumed a green salad. Mr Davis also received compliments for his expert driving in the city as well as his impressive sense of fashion.

Mr Davis



## **CAREERS NEWS**

#### **Work Experience Handbooks**

All Year 9 students should have received their Year 10 Work Experience Handbooks. Although Work Experience will take place during Weeks 10 and 11 Term 1 2014 (March 31 – April 11), it is important that students begin trying to find a placement. To secure a Work Experience placement on its own is a valuable endeavour for all students. They will need to utilise their communication skills in order to 'sell themselves' in order to acquire a position. It is noteworthy that students use this opportunity to identify placements that are relevant to their particular interests. It's a wonderful opportunity to experience and 'trial' a job and test whether or not it may be a possibility for a career in their future. Work Placement Forms (The form that needs to be signed by parents and employers) will be handed out to students before the end of Term. Good luck!

Mr De Angelis

# AN ENTHUSIASTIC BEGINNING TO THE PEER SUPPORT PROGRAM!

A large group of Year 10 students attended Peer Support training last Thursday 21 November. The day involved a range of activities to assist in developing the skills which are necessary for the effective facilitation of Peer Support groups. The day began with a discussion centred on student expectations of the leadership training, as well as good leadership and positive communication skills. Students learned that groups can be dynamic and through a range of games, learned how they can help identify individual similarities and differences within groups and encourage maximum participation of all students. Smaller group sessions throughout the day provided the Year 10 students with opportunities to develop an understanding of how to empathise with the needs of group members and establish agreements for working together, develop skills in effective communication and strategies in managing a group. All students who completed the training were then encouraged to apply as a Peer Support Leader. I am pleased to state that approximately three-quarters of the participants applied to become a Peer Support Leader for Orientation Day and for 2014.

Orientation day provided the successful applicants with the chance to demonstrate their newly developed leadership skills and apply the cooperation, energy and enthusiasm that were on display during the training day. Year 10 students have described their experiences over the two days as exciting, fun, awesome, great and worthwhile. Other comments included 'it helped build leadership skills', I gained confidence with group work', 'it was a good bonding opportunity', 'it's good to get outside instead of always being inside', 'it was a good learning experience' and 'it's good to work with the year group'. One student, who wishes to remain anonymous, stated that 'learning is fun'.

Mrs Stanton and I would like to congratulate the students for a wonderful training day. It was pleasing to see the students working together with enthusiasm, maturity and responsibility. I would also like to acknowledge the wonderful efforts by the Peer Support leaders throughout Orientation Day. Positive leadership and decision-making skills and cooperation were on display throughout the activities and it was pleasing to see the bonds already developing between the Peer Support Leaders and the Year 6 students. The Peer Support program is off to a great start for next year!

Ms Sue Keirstead Peer Support Training Coordinator and Year 10 Adviser









## TRANSITION DAY WAS FANTASTIC

My experience at Gloucester High School's Transition Day was fantastic and mind blowing. After we meet our awesome peer support buddies we went and played games with them. We played all sorts of games and most importantly the peers all got us to laugh and we all had fun. Then they showed us most of the school, it is really big and a bit confusing at first but our peer supports told us you will find your way around and not to worry because you'll get used to it next year. We got to see the Maths, English, Art, Drama, Kitchen, Sport and Maths storerooms and some of the staff rooms. After that we had our recess and played some handball as that seems to be the thing in the Year 7 quad. Then we went and played some different sports with our new classmates. We played Cricket, T-ball and Newcombe Ball which seem to take some tolls in the injury way but never the less it was all a lot of fun. Then we got to have a sausage sizzle and a soft dink. Thanks SRC for cooking the sausages. Then we played more handball. Finally we split up in to our normal four groups. One group did Woodwork, one did Art, one group did Science and then one group did Library and Drama. We have all been lucky enough to do them all and as it was the last trip to the high school this year and I can firmly say it was great and that we all enjoyed ourselves. Finally we collected our bags and headed home on our choice of transport. The day was so much fun and we thank you all for organising it and giving us the chance to do it.

Kyra Edstein - Year 6

On Wednesday 27 November, all year six going to Gloucester high school next year were invited for an Orientation Day. We had four groups I was in number three and this week we had drama/library. In drama we learnt how to do warm up exercises in acting and played a couple of games one which was called 'You' Drama was awesome. In the second half we had Library. In Library we learnt the places of books, computers and who the staff there were. In period one we were each given a map and put into a peer support group. In our peer support group we learnt where all the classrooms were and how to read a map of the school and make our way around it. In period three, two peer support groups were put together to make a team for PE. In PE we played three sports, T-Ball, Newcombe ball and Cricket. We played Cricket first and split into two teams. My team was bowling first and we won. Next we played t-ball my team was fielding first. We scored guite a few home runs but I'm not guite sure if we won or not but not that it matters if we won or not. Last we played Newcombe Ball, Newcombe ball was awesome and really fun. We all had heaps of fun. Lunch was next we all got a free sausage sandwich, drink and iceblock. We hope the High School keeps up with this program because it makes all the soon to be Year 7 kids confident and comfortable in changing schools and thank you to all the year ten students for giving up their time to help us.

Ella Blamires - Year 6









## AN ENTHUSIASTIC BEGINNING TO THE PEER SUPPORT PROGRAM! AND A FANTASTIC TRANSITION DAY!

#### It was a fantastic day!

On Thursday 21 November, I participated in a Peer Support Training Program the High School staff had put together. I'd like to say thank you to them for a good day. It taught the Year 10 students a lot, such as activities we could play with the Year 6 students for them to get to know each other more! So, on Wednesday 27 November we did a range of activities with the Year 6 students and showed them around the school. It was a fantastic day! I am looking forward to continuing to develop the bonds with the Year 6 students next year.

Emily Hewitt - Year 10

#### It was so much fun!

On Wednesday 27 November Shannon Baker, Byron Hall and I were selected to be peer support leaders of Group 2. Throughout the day we played several games including Tee-Ball, Cricket and Newcombe Ball. It was so much fun! The best and final part was when we had a sausage sizzle for lunch.

Wade Hooper -Year 10





## YEAR 10 LEADERSHIP AND GOAL SETTING DAY 2013

On Tuesday 10 December all Year 10 students will participate in a Leadership and Goal Setting day. It will be run at the Gloucester Baptist Church Hall.

Students will gain knowledge of leaders within society and their roles. Create understanding of how leadership impacts on them. Develop skills and understanding of Leadership capabilities. Develop insight into how leadership skills can lead to personal success. Create skills in goal setting and realistic future planning.

Students will participate in three sessions, firstly on Leadership, participants will be shown a range of leaders within society and asked to discuss the impacts those people have or have had. Participants will be asked to reflect on their own thoughts of leadership by completing activities on self-awareness, influential people and creating a personal mission statement.

Secondly, Goal Setting, participants will be guided through an explanation of goals and how to set realistic targets. Students will set some basic goals and create strategies to achieve these. Short medium and long term goals will be discusses.

Thirdly, Mind matters, participants will be given strategies on how to manage their thoughts. Games and activities will be used to show students how to best approach challenging situations, personally and in groups. Participants will gain some insight into how best react in difficult situations.

Students will be given a sausage sizzle for lunch and will participate in team building activities in the afternoon. The day is designed to be a fun rewarding day with students developing a better understanding of Leadership and Goal Setting. The teachers delivering the day are Ms Keirstead, Mr De Angelis and Mr Wisely. If you have any questions regarding the day please contact me on 65581605.

Mr Mik Wisely

## LIBRARY NEWS

## Yancoal Helps Make the Library a Better Place for Students

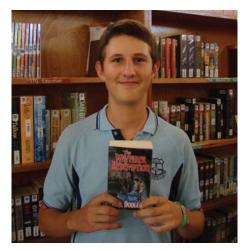
Last Friday 6 November Yancoal Australia presented Gloucester High School with a generous donation of \$1000.00 towards the Making the Library a Better Place for Students Project. The Project aims to re-configure the Library's circulation-service area to create a more inviting, user-friendly and practicable "front of house". The financial assistance provided by Yancoal's Community Support Program will significantly help us achieve our goals. We are very grateful to Yancoal for their support.

Lyndy Grey & Jenne West

#### **Book Review:**

The Wayfarer Redemption, by Sara Douglass

'I was browsing the library's series section when I came across an eye-catching title that I hadn't heard of before. *The Wayfarer Redemption*, it turned out, it was an excellent choice. Book 1, *The Wayfarer Redemption*, not only had an enticing book-cover, but the story turned out to be unique. It has a mysterious theme, woven cleverly through the ancient mythical forest setting of Avarheim. The Prologue is really important but it only unravels mid-way through an adventure that revolves around a prophecy which threatens an entire civilisation. There are six books in *The Wayfarer Redemption* series. I rate *The Wayfarer Redemption* (#1) a 4 out of 5.'



Shaedon Flanagan - Year 8

## **NEW BOOKS**

[Cover images and blurbs courtesy of Michael Morpurgo: http://www.michaelmorpurgo.com]

## **MEET THE AUTHOR**: Michael Morpurgo

Michael Morpurgo is a British author of many books for children, five of which have been made into films: "For me, the greater part of writing is daydreaming, dreaming the dream of my story until it hatches out – the writing down of it I always find hard. But I love finishing it, then holding the book in my hand and sharing my dream with my readers." Readers can find extracts, activities, extra titles and media content on Michael Morpurgo's web site as well as more information about the books.

Morpurgo is noted for his "magical storytelling", for recurring themes such as the triumph of an outsider, survival, and characters' relationships with nature, and for vivid settings such as the Cornish coast or World War I. (http://www.fantasybookreview.co.uk/Michael-Morpurgo/biography.html)

#### Sixteen titles from Morpurgo's Older Fiction collection are now available in the Library.



## WAR HORSE

In 1914, Joey, a young farm horse, is sold to the army and thrust into the midst of the war on the Western Front. With his officer, he charges towards the enemy, witnessing the horror of the frontline. But even in the desolation of the trenches, Joey's courage touches the soldiers around him.



## LITTLE FOXES

Bullied at school, nagged in Aunty May's tenth-floor council flat, there's only one place Billy really feels alive -- in the wilderness by the canal. There he watches a cygnet on the water and protects a family of fox cubs. Then his secret place is discovered and the fox family decimated. Unwanted and unloved, Billy and the last fox run for their lives.



#### THE WRECK OF THE ZANIBAR

Life on the Scilly Isles in 1907 is bleak and full of hardship. Laura's twin brother, Billy, disappears and then a storm devastates everything. It seems there is little hope... that is until the sailing ship the Zanzibar is wrecked on the island's rocks and everything changes...



#### THE GHOST OF GRANIA O'MALLEY

Everyone knows the Big Hill is full of gold, and now the islanders are intent on cutting the top off it and making themselves rich. Jess and Jake are determined to save the Hill, a beautiful, special, perfect place, but what can they do? A plan is needed, and fast. Could the ghost of Grania O'Malley be the answer?



#### FRIEND OR FOE

Evacuated from London, David and Tucky feel like the war is a long way away from their new life in the Devon countryside. Then one night the skyline of the moor is lit up with gun flashes, and the distant crump of bombing miles away brings the war back to them and shatters their new-found peace.



## THE WHITE HORSE OF ZENNOR

Since the beginning of time, strange and mysterious things have happened here... At the furthest edge of Britain, where the sea gently washes over the land and myths brush against reality, lies Zennor. Set in a church town where men become beasts and ghosts roam freely, these are haunting and unforgettable tales where magic lies around every corner.



#### WHY THE WHALES CAME

"The Birdman puts spells on people. We mustn't talk to him. We're not supposed to." Gracie and Daniel have been warned to stay away from the mad Birdman- but the message in the sand tells

them that the Birdman isn't what he seems. Then they get lost in the fog and stranded on Samson Island. Should they believe the Birdman's story that the island is cursed?



#### MY FRIEND WALTER

Living with a ghost can have its difficulties, I discovered, even if he is your friend. Remember Sir Walter Raleigh, who laid his cloak in a puddle so that Queen Elizabeth I could walk across? Well, Bess meets his ghost and finds out he's an ancestor.

How will Bess explain Sir Walter to her family? Especially when he breaks her brother's fishing rod, steals a horse and smokes cigars in her room!



#### TWIST OF GOLD

Sean and Annie have one chance to escape the potato famine in Ireland, but they must leave their dying mother behind. They travel in search of their father, across rough seas, to a new land of hardship: America. There they busk on a city street, run a riverboat, join a wagon train across the prairies, and dig for gold.



## WAITING FOR ANYA

Jo finds out that Jewish children are being smuggled away from the Nazis over the mountains near his village. All goes to plan until German soldiers start patrolling the mountains, and Jo realises the children are trapped. Jo's slightest mistake could have devastating consequences...



#### THE WAR OF JENKINS EAR

Toby Jenkins doesn't like boarding school and thinks he'll never fit in or make the top rugby team. But then he meets Christopher who claims to have special powers. When the village boys start a war with the school 'toffs', Toby is caught in the middle. Can Christopher provide the miracle that Toby needs?



#### LONG WAY HOME by Michael

George doesn't want to spend his summer with another foster family, and Tom is angry that George is coming to stay on his family's farm. But when disaster strikes, Tom realises that George is like a brother. Has George finally found a place to call home?

## WHAT IS SAVE - A - MATE?

The Australian Red Cross, Save - A – Mate or SAM program, was a progression from a program that hit the scene in Western Australia in 1997, called HOPE, primarily aimed at educating communities on recognising and responding to a heroin overdose emergency. It soon became evident that an expanded program was required to cover alcohol and poly drug use, hence SAM as we know it was created.



The 3 hour program covers;

- Defining what a drug is according to the World Health Organisation.
- Classifying drugs in terms of their effect on the Central Nervous System and recognising a drug as a stimulant, depressant or hallucinogen.
- Understanding how personal factors such as ones tolerance level, mood, body size and health can impact on the effect a drug has on the body. Understanding how different environments such as the beach, a house party, a nightclub or a music festival can also impact on the experience of using drugs.
- Defining a drug overdose and learning how to recognise key signs and symptoms of both depressant & stimulant overdose.
- Recognising and responding to seizures, panic attacks, psychosis, overheating, heat stroke and shock.
- Education on the agreement between police and ambulance staff on attending an overdose.
- Training and practice of the recovery position.

With its unique combination of alcohol and other drug education sided with first aid and emergency response training, SAM has been a stand out in the landscape of drug education programs. In 2008 it took out the well respected award for Innovative Drug Policy presented by the United Nations Commission on Narcotic Drugs, thanks to its creative and effective way of addressing the drug problem and promoting positive health.

In August 2012, six Youth/Health workers were trained through Home base Youth service Forster to facilitate/roll out the program in the Great Lakes, Taree, Gloucester area, mainly through high schools with year 10 students.

The 3 hour version of the program (which does not include CPR) was run with all Year 10 students on the Wednesday 23 October 2013 and those who attended the entire program will receive a Certificate of Participation from Australian Red Cross.

Facilitators, Laura Rigby (Child Adolescent Mental Health Service- CAMHS), Corrine Stephenson & Briony Joyce (Homebase Youth Service) and Sheryl Tester (Gloucester Shire Council, Youth Development Officer – YDO) would like to thank Gloucester High School Principal and staff, particularly Mrs Trudi Edman for welcoming us into the school and Year 10 students for their enthusiastic participation on the day.

Sheryl Tester Youth Development Officer

## TREATMENT OF HEAD LICE

Around 23 per cent of school children screened through the NSW Health Nitbusters program have head lice. Head lice are a very common problem that most parents and teachers are more than familiar with. If your child has head lice here are some treatment tips:

- Do not treat your child if their scalp is irritated or inflamed
- Always read the head lice product label and directions before you apply it to your child's head. Products can be found in local chemists
- Apply the head lice product to every strand of your child's hair and work through, leave for 20 minutes, and comb out with a good quality lice comb
- Check your child's head and if dead lice are found, the product has worked. However make sure you re-treat your child's head in seven days to catch nymphs that have emerged from unhatched eggs
- Reduce the risk of your child catching head lice by tying their hair back or braiding it.

For more information visit: www.health.nsw.gov.au/publichealth/environment/headlice/treatment.asp

## PARENTING IDEAS

For some great ideas please click on the following link http://www.parentingideas.com.au/Parents/Parenting-Magazine or parents can join the live Parenting ideas discussions on Facebook https://www.facebook.com/ parentingideas.com.au

## **GLOUCESTER AGENCIES Supporting Youth & Families**

Family Referral Service 1300 006 480

Youth Centre: 6558 2559

Young people 12 to 18 years & Parents

- Drop-in facility, Free supervised venue to socialise- have someone to talk too, gain Info support & referral
- OPEN Wed, Thurs, Fri b/w 3pm & 6pm
- Skills based workshops
- **Parenting Teens with Manning** Support

Facebook "Gloucester Youth Centre"

## Manning Support Service: 6551 1800 Child 0 to 12 years & Family

- Support for families
- **Group & Individual Programs**

## Community Health: 6538 5058 Child, Young Person & Family

- Counsellor
- **Positive Parenting Program**
- **Outreach Child Adolescent Mental Health Service**

## Communities for Children: 0490 073 097 Children 0 to 12 years

- Story time at the Library Mondays 10-11am
- Family cooking program

## **Bucketts Way Neighbourhood Group** Community 6558 2058

- **Homework Centre**
- Centrelink Agency 6558 2867
- **Employment Agency**
- **Emergency Relief**
- Com. Dev. & Education

## Facebook Gloucester Neighbourhood Centre













If you haven't already heard, - "Santa is coming back to Gloucester!"

Santa will be in Gloucester from Saturday 30 November to Saturday 14 December 2013 to have photo sessions with you. Santa's House will be at the old NRMA Building opposite the Roundabout where the Christmas Tree will be.

Hurry book your photo session with Santa by phoning & prepaying at Harvey World Travel Gloucester (36 Church Street) - phone 6558 1055 or email gloucester@harveyworld.com.au.

This is a Fund raising project so all Businesses, Clubs, Sporting Groups, Schools, Churches, Charities and Adults are encouraged to participate. Christmas is FUN!

Combo 1 Cost \$25.00 1 x Half A4 size

- 1 x Postcard size

Combo 2 Cost \$25.00 2 x Postcard size 4 x Mini Size

Combo 3 Cost \$20.00 1 x A4 Print

Combo 4 Cost \$12.00 1 x Half A4 Print

(Apex Christmas Carnival)

Session Times: Saturdays 10:00am to 3:00pm

Thursday 5:00pm to 7:00pm



Profits will be donated to various Gloucester Charities \$1000.00 was donated to 5 Gloucester Charities in 2012. Cash Payments would be appreciated to reduce administration costs Credit card transactions will attract a Credit card fee of 2% (MasterCard & Visa Only)

Santa in Gloucester has been brought to you by: Gloucester Advocate, Garners Home Timber & Hardware, Gloucester Variety Store, National Australia Bank, Shojon, and Harvey World Trave Special Thanks to: Santa, Gloucester Business Chamber, Gloucester Men's Shed, Wendy Fraser, Jeff De Witt-

## Australian Government Mobile Service Centre



#### Serving Regional Australia

Visit the Mobile Service Centre to find out about Australian Government payments and services for rural families, older Australians, students, job seekers, people with disability, carers, farmers and self-employed people.

Billabong Native Garden Car Park, Denison Street

**GLOUCESTER** 

Monday, 2 December 2013

9.30 am to 3.00 pm

For more information, go to humanservices.gov.au and search for Mobile Service Centre or call 132 316.





## Santa's Slave Ride

**BILLY KART** Kids of all ages! Bring a non-powered\*

billy kart and join in the fun.

- Teams of two a Driver and a Pusher
- Karts are powered by the Pusher
- Categories are determined by the Pushers' age: 5 - 10 Years 11-16 Years 17 and up
- Karts can be sponsored by a Business with logo decorating kart

Prize for the winner of each category. Also prizes for the best decorated billy kart - Santa Theme.

- · Participants will push the karts from Channells corner to roundabout and back again
- · Finish with a Business House Challenge Wrinklies Dash
- · Participants will need helmets, gloves and elbow protection

Enter now at Yates & Twomey or Harvey World Travel • \$5 entry

Event organised by Rotary at the Apex Christmas Carnival

Thursday 12th December 2013



## **BCA National** Want to further your education? Study NOW, Pay LATER



Bucketts Way Neighbourhood Group Inc. in affiliation with BCA National Training Group are now offering these courses

#### Diploma of Management BSB51107

Develop the skills to manage and lead more effectively and inspire success in your team.

into management roles or school leavers wanting to earn work in counselling practice, case management, child while they learn.

## **Diploma of Community Services Work** CHC50612

Few careers are more rewarding than the social and This course is ideal for existing workers looking to move welfare professions. With BCA National, you can train to protection, youth work family support and more.

Courses starting in December at our office 88 King Street Gloucester

We provide all learning materials, ongoing support, mentoring and industry placement to help you complete your diploma. Study NOW, pay later with VET FEE-HELP.

> or more information contact Tahlea or Kerry for an information ack on 02 6558 2454 or email Tahlea at training@bwng.org.au

#### SCHOOL VISION STATEMENT

Gloucester High School aims to develop a supportive learning environment that engages all students, Teachers and community in the pursuit of excellence.



**Deputy Principal** Address: Telephone: Email:

Mr Pat Cavanagh Mr Mike King 129 Ravenshaw Street, Gloucester NSW 2422 6558 1605 Fax: 6558 1229 gloucester-h.school@det.nsw.edu.au