

School Calendar 2013

TERM 4

Monday 21 October

Year 9 Girls - Shine

Wednesday 23 October

Save A Mate - Year 10

Friday 25- Sunday 27 October

Duke of Ed Bronze Practice Expedition

Monday 28 October

Year 9 Girls - Shine

Wednesday 30 October

Years6 Transition activities

Thursday 31 October

Peer Support Training

Tuesday 5 November

Spirit Day with Sam Cawthorne

Friday 8 November

Silver Duke of Ed Practice Expedition

Monday 11 November

Year 10 examinations

Remembrance Day Ceremony

Snakes Tales - Year 10 Science

Saturday 16 November

Year 12 Formal 6.30pm

Monday 18 November

Year 9 Examinations

Wednesday 20 November

Year 8 Examinations

Monday 25 November

Year 7 Examinations

Tuesday 3 to Friday 6 December

Multicultural Week

CANTEEN

Phone 65589963

Monday 21 October

Elona

Tuesday 22 October

Julie

Wednesday 23 October

No Volunteer

Thursday 24 October

Alison

Friday 25 October

Elona

Monday 28 October

Elona

Tuesday 29 October

No Volunteer

Wednesday 30 October

Jennie

Thursday 31 October

No volunteer

Friday 01 November

Elona



GLOUCESTER SCHOOLS TRI CHALLENGE 2013

Gloucester High School's Tri Challenge is a unique event that began about the same time as the Gloucester Mountain Man Tri Challenge. The 2013 Tri Challenge, held on the last day of Term 3, was a great success once again with 31 individuals and 16 teams completing the 9km bike ride, 4km kayak and 4 km run. Well over 150 students were on the course as marshalls, cheering on the competitors. The 20th running of the event saw a slight change with the kayak leg starting below the Rocky Crossing causeway due to the river being low.

First to complete the course in a time of 1h:17m:37s was senior male Shelby Green. He was followed in close succession by junior males Ryan Yates (1h:17m:52s), Lachlan Clarke (1h:18m:25s), and senior males Tom Redman (1h:18m:25s), and Mitch Kellner (1h:18m:29s).

The first individual female home and 12th overall was Natalie Williams (1h:23m:35s) followed by Kate Radford (1h:31m:09s).

The first team to complete the course in 14th overall was the Year 8 mixed team of Jacob Bird, Emmeline Moulds and Bryce Lacey (1h:27m:34s). The first male team was Trae Cooper (bike, kayak) and Tom Wood (run) in 16th overall (1h:29m:21s). The first female team made up of Year 7 girls,



Continued on page 5



Care Achievement Respect Effort Responsibility

PRINCIPAL'S REPORT



I sometimes speak about the concept of being a life-long learner. I try to promote with students the idea that learning is a continuum that starts at birth and continues for the rest of our lives. Thinking that learning stops at the end of your “formal” education undersells the great potential for continual growth that exists in all of us. I like to think of endings becoming new beginnings. Take, for instance, our Class of 2013. Year 12 are currently completing their HSC exams – the culmination of their secondary education. The new beginning for each of our Year 12 students will take the form of further university study, training or entry into the workforce. Even a gap year should be treated as a chance to learn and grow into the world around you. Another example was evident yesterday when our current Year 6 students, nearing the end of their primary years, attended the great transition activities offered by the GHS staff, thus taking their first steps

into the next phase of the continuum. I then think of my brother who, at age 50, has decided to undertake a new and unfamiliar career. And then there’s my mother who, at 85, is planning her next art exhibition!

These examples are a source of reflection and inspiration for me, and I hope they are for you. I find myself contemplating “What next?” Perhaps a short course at TAFE or adult learning? Maybe I’ll learn how to juggle? I’ve always wanted to do that. Bus driver’s license? Who knows. The important thing is to never forget the capacity of us all to keep on learning and to keep on growing. It’s never too late!!

Cheers!

Pat Cavanagh

YEAR 12 YEARBOOK

A group of hard-working Year 12 students have produced an impressive looking yearbook for Year 12 to commemorate their years at Gloucester High School. The book features profiles of every Year 12 student as well as numerous photos and recaps of each year of their high school lives. There are also pages for students to sign and/or write messages to their peers. This is a must-have keepsake for graduating students. The office is now taking orders. The cost is \$40 per book.

YEAR 12 FORMAL

The Year 12 Formal will take place at the Gloucester Soldiers Club on Saturday November 16th from 6:30pm. This is one week following the final HSC examination. Tickets are now available from the school office for \$35.00 per head with each student allocated three (3) additional tickets for the event. Alternate meals will be catered by Foodworks and Perenti. There is no specific theme this year but formal dress is expected. Decoration of the venue is being coordinated by Year 12 students Lilly Burrows, Stacey Mitchell and Veda Steadman and professional photographs will be taken by Sharon Benson at the Rotunda across from the Olympic Swimming Pool from 5pm on the day. Please note that this is an alcohol-free event.

Mr Davis

DID YOU KNOW

4GB THUMB DRIVES are for sale at the School Office.

Gloucester High School 4GB Thumb Drives are \$10.00 each



YEAR 10 BOYS ON THE SLAB

Phillip Rivera, Jalil Virzi-Hartigan, Matt Ryan, Ken Wamsley, Peter Harris and Jack Cole have worked during Term 3 on improvement to the Year 7 playground. They had been working with a tradesman from TAFE and created two new large picnic tables and also planned, excavated, formed and poured two new hand ball squares from concrete. The feedback was overwhelming from the TAFE teacher on how excellent these boys worked and the level of commitment they showed. Year 7 are also very happy with new seats and more space to play handball. The whole school community appreciates how well the boys presented themselves and also adding value to the school environment, Well done and thank you boys!

Mr Wisely
Head Teacher TAS



MULTICULTURAL VISIT – 2013

The Gloucester High School Multicultural Festival has now become an annual event and a very significant part of the school year. This year's Multicultural Festival will take place from Tuesday 3 December to Friday 6 December. The festival will culminate in our Multicultural Day on Friday with a range of cultural food, music and events taking place in the school and will also include a Music and Drama Night on the Thursday night.

An exciting part of this event will be a visit from a number of students from the Miller Intensive English Centre in South Western Sydney. These students will represent a very diverse range of cultural backgrounds and will provide our students with a valuable insight into the lives and backgrounds of those with different life experiences to their own.

As a part of this visit we are looking for families willing to billet these students during their 4 day visit.

If you are interested in providing accommodation for these visiting students please complete the expression of interest form below and return to Mr Davis before the end of Week 3, Term 4. This is a great opportunity which has proven to be a very valuable experience for students and families who have hosted visiting students in the past.

Mr Scott Davis
Multicultural Festival Co-ordinator



EXPRESSION OF INTEREST TO BILLET VISITING STUDENTS

I would be interested in providing accommodation for _____ student(s) from Tuesday 3 December to Friday 6 December 2013.

Student Name: _____

Parent Signature _____

IMPORTANT UPDATE FOR YEAR 10 PARENTS AND STUDENTS

A year meeting was held on Tuesday 15 October where the following issues were discussed:

- Students who are planning to leave school at the end of Year 10 (i.e. not coming back into Year 11) must sit a numeracy and literacy examination for their RoSA certificate. The examinations are completed online and will be held in November. Students are asked to see Mr Cavanagh as soon as possible about this matter.
- Students should be beginning to plan their study and revision program for the upcoming yearly examination in Week 6 from Monday 11 to Friday 15 November.
- Peer support training will be held in Week 4 for all Year 10 students. Training involves one school day and will be held at the Baptist Church Hall. Once training has been completed, interested students can apply to be a peer support leader to work with the incoming Year 7 2014 students.
- Mr DeAngelis updated students on information regarding TAFE and traineeships
- A leadership/study skill day will be held later in this term for all students to assist with early preparations for Year 11 –more information will be available at a later date.
- Future leadership roles were discussed – students are encouraged to be actively involved in their school and or local community to develop skills that may assist with future leadership roles (i.e. school leadership such as SRC, Captain, House Captain)
- Year 11 jumpers – a number of students have expressed interest in being part of the organising committee to design the Year 11 jumper. Estimated cost for a jumper will be \$85, which includes the jersey, school crest, number and name on the back (maximum of 12 characters including spaces), Year 12 2014 and student name on the front.
- An order for the jumpers will be placed early Term 1 2014 - more information will be provided to the students later this term.

Sue Keirstead
Year 10 Adviser

YEAR 10 - LEAD AND INSPIRE....

Leadership and high expectations are the themes for our incoming senior students. Students will be taken through leadership training and reflection sessions later this term with a focus on senior success, getting the most out of school. All students have shown capabilities for excellence based on their abilities and/or attitudes and we are keen to further develop these valuable attributes.

Study skills and surviving the HSC will also be a topic for discussion during the last weeks of Year 10, giving the students the ability to manage their time, prioritise and take control of their level of success.

Students have also been asked to think carefully about their transition into Year 11 and how they can take advantage of recognition of skills, if they have a part-time job or are interested in a traineeship. Mr DeAngelis, our new Careers Adviser is the best person in the school to contact if you have any enquires.

The challenge has been for Year 10 to raise the bar of personal expectations and strive to achieve their best during 2014/15. Ms Keirstead and the support team for Year 10 are planning and coordinating programs to provide the best opportunities possible for all students.

Mr Mik Wisely
Head Teacher Year 10

GLOUCESTER SCHOOLS TRI CHALLENGE 2013 CONTINUED ...

Jessica Turner, Maddy Bignell and Sian Hoggett came in 24th overall (1h:35m:54s).

The best Gloucester Primary School team finishing in 1h:38m:55s was, Mitchell Williams, Azren Snow and James McLeod.

The best leg times were: Bike – Mitch Kellner 22m:53s, Kayak – Jack Wilson 24m:33s, Run – Lachlan Clarke 19m:57s.

Congratulations to all the competitors for making the effort to train and compete.



The Tri Challenge does not happen without the support of a lot of organisations and individuals, so a very big “Thank You” is in order for all those who helped make the event so enjoyable. The Gloucester Shire Council and the land owners along the course deserve a special mention for continuing to allow us to hold this special event. Thanks go to Barrington Outdoor Adventure Centre for the use of their kayaks and the training they provide for our students prior to race day. Thanks also to Gloucester SES, Police and Ambulance for their assistance during the day, Graham and Julia Green for the use of their truck, and Bernie Edstein and Drew Garland for riding sweep for the bike leg. Thank you to the P&C for providing the barbeque and drinks at Rocky Crossing. Last but not least the staff and students of GHS deserve a big thanks for their enthusiasm and co-operation throughout the day.

Greg Leighton
Race Director



You can view more photo's of the Tri Challenge on our school website. Click the following link <http://www.gloucester-h.schools.nsw.edu.au/gallery/2013-tri-challenge>

BOOK CLUB

Pick up your Book Club Catalogue Order (Issue 7) from the LIBRARY. Orders for this issue need to be returned and paid for at the Front Office by 28 October 2013.

BARISTA COFFEE TRAINING

Year 11 Hospitality participated in the Barista two day training course provided by North Coast TAFE. The course is an introductory course for hospitality students wanting to enter the hospitality industry or looking to refine their skills. Students learnt to prepare and serve espresso coffee from Cappuccino to Latte and Staff were lucky enough to sample some of these. I would like to congratulate the Hospitality students on their professionalism and approach at the course.

Mrs Harris

More photos available on our school website - <http://www.gloucester-h.schools.nsw.edu.au/gallery/hospitality-coffee-road-show>



ESSENTIAL SECONDARY SCIENCE ASSESSMENT

This is for Year 8 students which will be held on Monday 11 November 2013. The test takes approximately 80 minutes. The test is an interactive, multimedia test completed entirely on a computer. It is called ESSAonline.

ESSAonline contains multiple choice, short response and extended response tasks that are grouped around real-world issues, including scientific investigations. This is a diagnostic test, with tasks framed on Stage 4 outcomes and essential content in the NSW Science Years 7-10 syllabus. Students will be tested on their:

- Knowledge and understanding of science
- Understanding and skills in the process of scientific investigation
- Ability to evaluate evidence, make judgements and think critically
- Ability to access information and communicate scientific ideas.

Students also complete a survey about their opinions, attitudes and values.

Since students complete ESSAonline on a computer, each student needs to bring headphones or earbuds that plug into a school computer. Earbuds for an ipod portable player are suitable.

If your child has a disability that needs special consideration or has been educated in English for less than one year, please contact the school to discuss special provisions or possible exemption from the test.

Results of the test will be available during Term 1 2014. Information about each student is treated confidentially and held securely to ensure that the right to privacy of all students is maintained. A personal report for each student will be sent to parents/ carers to describe the science knowledge and skills demonstrated by the student in the test. There will be information about how your child's results compare with overall performance of all students in the test. You will be invited to complete a parent survey about the test and science learning.

Mrs Mary Doust

SHINE

Year 9 girls have just started the Shine program. This program will be run once per week for 8 to 9 weeks during Period 2 on Mondays.

The intent of SHINE is to create an environment where girls can discover for themselves that they are valuable; created one of a kind; able to affect the course of their own life; having purpose, significance and much to offer. SHINE is committed to seeing teenage girls connected to positive pathways in their lives and encountering their true value. SHINE is a practical, inspirational and values forming program that runs for 8 sessions in the school environment and one outside of school.

The sessions covers:

- Skin care, makeup, hair care and nail care
- Will power, feelings, peer pressure, problem solving, etiquette and deportment.
- The hopes and dreams girls have for their life, and loving who they are and being the best they can.

The SHINE program does conclude with a graduation dinner, however details of that will be forwarded to you in week four of the program.

Should you have any questions please do not hesitate to call me at the school on 65581605

Mrs Judy Ingram

YEAR 7 2014

One of the most valuable activities that Year 7 students participate in each year is this three-day camp which provides an excellent opportunity for students to develop positive peer relationships and to learn new skills through a variety of stimulating and challenging activities.

The camp is booked for Monday 17 March until Wednesday 19 March 2013 (Term1, Week 8). The combined cost of accommodation, food and transport will be approximately \$280.00 per student, depending on the level of interest. (These estimates are currently based on a group of between 60 - 70 students minimum for the camp to go ahead as it has over the past ten years).

I would like to gather feedback to determine interested numbers for next year's camp. Please fill out the attached form and return it to the school office as soon as possible . I will provide further updates in Term 1, 2014 and keep you informed about the costs, and other relevant information.

Toni Corbett
Year 7 Adviser

YEAR 7 CAMP 2014 - EXPRESSIONS OF INTEREST

I would like my daughter/son/ward _____ to attend the Year 7 camp in March 2014.

(Please Print)

I am not interested in my daughter/son/ward _____ attending the Year 7 camp in March 2014.

(Please Print)

Parent's Name: _____ (Please Print)

Parent's Signature: _____

Date: _____

Living With Teenagers

Are you Living with a Teenager?

Need to reclaim your Sanity?

Come along to this helpful program that may change the way you view your teenager and learn strategies & gain support

A dynamic and interactive program for the Parents/guardians / grandparents of Teens in the Gloucester area FREE!

Living with Teenagers will look at:

**Being Assertive
Communication
Alcohol/Drugs
Bullying
Peer Pressure
Setting Goals**

**Sleep
Driving
Study
Cyberspace
Boundary Setting
Family Separation**

**Self-Esteem
Discipline
Behaviour
Depression
School exams
Suicide**

The above program will be held at
Gloucester Youth Centre

Tuesday Oct 15th & Oct 29th from 1pm to 3pm
61 King Street

please book /register your interest /ask questions via:

Sheryl Tester -Youth Development Worker 02 6558 2559

ydo@gloucester.nsw.gov.au facebook

Gloucester Youth Centre (please "LIKE"us) or

Lynne English - Manning Support Services 02 6551 1800

reception@mssinc.org.au



Please leave name & contact details & if you require child-care or transport- Thankyou

Living With Teens Rego

Lynne MSS 65511800 or

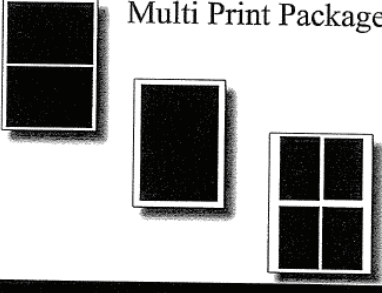
Sheryl Youth Centre 65582559

SATURDAY NOVEMBER 16, 2013 From 5pm
AT THE ROTUNDA

PHOTO PRICING AND PURCHASE

12x8in Prints \$20

Multi Print Packages



2
0
1
3

All photos will be available
for purchase from
www.sharonbensonphotography.com

Any Questions
please call
65589404



Links for the website through facebook
Sharon Benson Photography 



Is supporting your Centre

You're invited to participate in a Portrait Fundraiser

Where: Gloucester Public

When: Sunday 3rd November

Only \$20 Secures your appointment time and you receive a 10x13" colour or Black and White portrait presented in a quality Australian made timber frame.
(Limit one per family or person)

Plus

You will be treated to a mini photo shoot with the optional portraits and Cd Rom available.

To Book

Contact: Therese

On: 65589436

Please visit Jaspa at www.jaspaphotography.com

for ideas on styling and what to wear.

100% of funds collected from the fundraiser are donated back to your organization.

Thank You

TENNIS

Is back

Kids coaching

Starting Friday night the 11th of the October

Parent's social hit

\$5.00 per single \$15.00 per family

Time 5.30 to 7.30

Hotdog and or barbecue

Any questions contact

Brett Ashton on 0414305506

or

Kim Hebblewhite on 0408402804



19 Dec to
24 Dec 2013
9am - 5pm

NAVIGATE YOUR OPTIONS



FREE
Careers Advisory
Service

www.cas.det.nsw.edu.au
1300 300 687

Get online or call for free advice.



THE CAREERS ADVISORY SERVICE

offers professional,
friendly and impartial
advice following the
release of your HSC results.

This free service is available by phone or through the **Careers Advisory Service** website www.cas.det.nsw.edu.au. From **Thursday 19 December to Tuesday 24 December 2013** careers advisers will be available on **1300 300 687** or via **email** to answer your enquiries. Parents and carers may also use this service if they are seeking advice on your behalf.

The Careers Advisory Service website also contains helpful information to assist you in clarifying course choices, employment opportunities, career pathways and training options.



Education &
Communities



SCHOOL VISION STATEMENT

Gloucester High School aims to develop a supportive learning environment that engages all students, Teachers and community in the pursuit of excellence.



Education &
Communities

Principal
Deputy Principal
Address:
Telephone:
Email:

Mr Pat Cavanagh
Mr Mike King
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