



NSW Department of Education and Training

GLOUCESTER HIGH SCHOOL**NEWSLETTER**

WELCOME JOSELA!

Hello! My name is Josela Carrasco but everybody calls me Josie. I'm from Sante Fe in Argentina and I'm 17 years old. I arrived in Australia on February 18 this year and started school just a few days later. The subjects I have chosen to do are: Maths, English, Biology, Music, Drama and Visual Art. I really like Gloucester, the school, my host families and all the people I have met here. I realise that Australia is as awesome as I imagined it to be.

My main hobby is music. I studied piano and all the music theory subjects for many years in Argentina, so I hope to learn more about Australian music. I also like animals and nature so I will probably look to continue my studies in this area.

I wanted to be an exchange student because I think it is very interesting to learn about other people's culture and landscape. Living in Australia for one year is the best way to do this. I'd love to meet more people and learn as much as I can about them and their country.



Josella Carrasco pictured with Lilly Burrows and Hannah Yates

PRINCIPAL'S REPORT



Following my report you will notice a letter written to me by Mr Allan Donnelly from Bungendore. He writes about himself and his son, Jack, spending some days walking in the wilds of Tasmania with a group of Gloucester High School students, completing their Gold level Duke of Edinburgh expedition. He expresses the highly developed interpersonal skills of this group, and states that the group were “engaging, articulate and intelligent”. As Principal, correspondence like this makes me so proud. It makes me remember how great it is that, when given opportunity, solid training and quality leadership, our students really do rise to, and often exceed, our expectations. Well done

to Ellen, Rick, Hannah, Beau, Dylan, Matt, Alex and Luke for your exceptional consideration, acceptance and maturity. And to Kevin and Sharon Costa for your leadership and support. You really are the embodiment of our CARER ethos!

In contrast to paragraph 1, it is a shame that, recently, a small number of students have thought it acceptable to behave in a way contrary to our expectations as a school. **Teachers are here to teach and students are here to learn – it's as simple as that.** Students who deliberately disrupt the learning in classrooms can expect serious consequences for their actions. Students who refuse the reasonable requests of teachers regarding work or behaviour can likewise expect serious consequences. It has also been greatly disappointing that some students think it's OK to deal with other students and staff in an aggressive manner. My message to these people is simple - if you genuinely can't treat others the way you would like to be treated, then it's about time you learnt. I, and the rest of the staff, have very high expectations of the behaviour and work ethic of Gloucester High School students. I applaud the majority of you whose conduct, appearance and attitude are all first rate, and challenge you to let these people know that it's **not OK** to undermine the quality education you deserve!

On a different front, you may have noticed some recent talk about the Gonski Report into the funding of Australian schools (or perhaps you didn't, given recent political events!). The report states “Every child should have access to the best possible education, regardless of where they live, the income of their family or the school they attend. The panel believes that the key to achieving this vision is to strengthen the current national schooling reforms through funding reform. Many schools, **particularly those in the government sector**, are suffering from lack of capital investment”. I will be sending a letter to our local Federal member to urge his support for the implementation of the recommendations of the Gonski report. It is about time that Public Education be allowed to operate on a level playing field, and not continue to financially lag behind our private school counterparts. We are a system that, for many years, has provided quality education for all comers, and we deserve to be treated with equity!

Cheers!

LETTER FROM ALLAN DONNELLY

24 February 2012

Dear Pat

In January this year I walked the Overland Track with my 12 year old son, Jack. It was the same week that your Duke of Edinburgh students were there. I just wanted to tell you what a great bunch of young men and women they are. They made my son very welcome and he enjoyed many hours in their company. I chatted with several of the group and they were engaging, articulate and intelligent. Wonderful company. The weather at Kia Ora Hut was particularly foul and close to 40 walkers squeezed into a hut for 24. Your students showed wonderful but etiquette making room for the others and keeping themselves tidy.

Your group is lucky also to have the leadership of Kevin and Bob. They gave just the right balance of direction and independence.

I would be grateful if you would let the group know just how much more memorable the trip was because of their hospitality and friendship.

Kind Regards

Allan Donnelly



JINDABYNE EXCURSION 2012

Gloucester High School has booked a Winter Camp again at Jindabyne Sport and Recreation Centre for Year 11. The camp is in Week 1 of Term 3, from **Sunday 15 July to Friday 20 July**.

The cost is the same for skiers and snowboarders but those students who have skied or snowboarded before are charged slightly more because all of their lessons and free time will be using chairlifts whereas the beginner slope has a rope tow and this makes the lift ticket slightly less.

For those students who have NEVER skied/snowboarded before the cost will be approximately \$900.

For those who have had a try at skiing/snowboarding before the cost will be approximately \$940.

This cost covers bus transport to Jindabyne, accommodation, food, ski/board hire, lift tickets, ski/board lessons, transport to the ski fields and use of the facilities at the centre. The camp includes three days skiing and two days of outdoor activities at the Centre.

Due to the cost of this excursion, it is suggested that students pay in instalments on the following dates:

Deposit	\$200	Friday 24 February 2012 (PAID)
Instalment 1	\$200	Friday 30 March 2012 (Week 9, Term 1)
Instalment 2	\$200	Friday May 2012 (Week 1, Term 2)
Instalment 3	\$200	Friday 18 May 2012 (Week 4, Term 2)
Balance outstanding		Friday 8 June 2012 (Week 7, Term 2)

If you have any questions regarding the excursion please contact me at the school on (02) 6558 1605.

Scott Davis

Year 11 Advisor

Jindabyne Payment Slip

Name: _____

Amount paid: \$ _____

Jindabyne Payment Slip

Name: _____

Amount paid: \$ _____

2012 PRIORITY SCHOOL PROGRAMS SURVEY

This program provides funds to directly support students in schools, with a focus on improved Numeracy and Literacy outcomes. To have any chance of receiving the funding, we need to have a 100% response to the survey enclosed in the envelope! So, please take the time to fill out the survey accurately and truthfully. I must stress that any information in the survey remains absolutely confidential.

When you receive the envelope:

- Fill in the survey form
- Put the survey form in the envelope, seal the envelope and write your child's full name on the tear-off tab
- Give the sealed envelope to your child to **return to school by Friday 9 March 2012.**

The sealed envelopes will remain sealed and will be posted from school.

The school will not open any envelopes.

SENIOR JERSEYS

The Year 11 senior jerseys have now been ordered so it should be about 6 weeks before they arrive, just in time for Autumn (and the cold!). That means that those students who have not paid the balance of their fee for the jersey will need to do so by Friday 16 March (Term 1, Week 7). A slip to accompany payment is attached below.

Please call Mrs Lyn Harwood at the school on 6558 1605 if you are unsure as to whether or not you have paid in full. The initial deposit was \$50.00, with a second (and final) payment of \$30.90 required to make up the full payment of \$80.90

Mr Davis

Year 11 Adviser

Senior Jersey Payment

Name: _____

Balance paid: \$ _____

CAREERS NEWS

Year 12 Students who intend to apply for some Health Profession Courses have to sit a UMAT Test as well as achieve the required ATAR. These Degree Courses are for Medicine, Dentistry, Physiotherapy, Optometry, Pharmacy, and Health Sciences at some Universities. Check the entry requirements online with the University you intend to apply to next year or see me to look it up in the UAC courses handbook. There are some of these in the senior centre and I also have more. You have to book to do the test on 25 July, before you even apply or have completed your HSC. The test costs around \$200 to complete and is usually only conducted in the major cities. Contact me if you need more information.

UNIVERSITY ROADSHOW

The University Roadshow will again be visiting our area.

This involves session from UNE, CSU and SCU. They are held between 8 and 9 March in Wingham, and Taree each year.

We will not be taking a bus but if you and your parents would like to attend one of these sessions see me for details.

THE UNIVERSITY AND EMPLOYER CAREERS MARKET

The University and Employer Careers Market for our Region is in June/July each year at Chatham. We will be taking a Bus to this Event and it is a chance for Year 10, 11 and 12 students to get Course and Employment information from a wide range of institutions. More information at a later date.

There are other similar events around the area throughout the year. I will advise these dates as they occur so people may independently attend with their student if these are at a more convenient time. We cannot attend all of these, and Chatham will be the only Bus Excursion for a Careers Market.

Mr Greg Green
Careers Adviser

CHAPLAIN'S CHAT

Happiness is being busy. The Chaplaincy department of Gloucester High School has been very busy this term with many happy students sharing breakfast on Thursday mornings and many more sharing their stories of holiday and school experiences.

Changes and challenges in life continue to surprise both students and staff. As a community we work closely together to support and care for those who have lost significant people through death and through separation.

Well-being and Chaplaincy Departments continue to help students affected by all kinds of changes so that they can achieve their potential and enjoy life despite the challenges.

This term the students who attended the Seasons for Growth program in 2011 will continue to find encouragement and support through a Reconnect segment of the Seasons Program. They will also develop more skills for life and for learning as they take part in two community projects.

Community Project: School Memorial Garden. Maintenance and Beautification

During the last two weeks of Term 4 in 2011 the groups of students who had participated in the Seasons for Growth Program regenerated, re-planted the Gloucester High School Memorial Garden. Students worked closely and collaboratively as a group and were acknowledged for their efforts with an award at the school assembly.

Community Project: Visitation and entertaining elderly people in the local aged care facilities. (Last week of term 1)

Another program called Chase your Dreams is beginning on Wednesday 14 March during which students who participate will understand

- the importance of hard work and dedication to achieving one's dreams
- the value of setting goals and how to do this regularly
- how to deal with and grow stronger through set-backs
- the value and input of the people in their life, and develop an understanding that everyone is different and has particular qualities and skills that should be acknowledged and accepted.

Seasons For Growth Program will be again in Term 2.

Eulalie O'Keefe
Chaplain

NIDA/ON-STAGE DRAMA EXCURSION

On Tuesday 7 February, 23 students from Years 9, 10 and 11 Drama travelled to Sydney to attend a playbuilding workshop at the National Institute of Dramatic Art (NIDA) and On-Stage, a showcase of the best HSC Individual and Group-devised performances from 2011.

At NIDA, Australia's premier actor training centre (Mel Gibson, Cate Blanchett and Hugo Weaving have all studied here), the workshop was designed and coordinated by an industry professional to support work currently being undertaken in the classroom. Playbuilding is a key component of Drama at all levels of study. In the workshop, students explored movement and physical theatre as a way into creating character and developing performance. The workshop was followed by a tour of NIDA that included visits to the costume design/construction department and an exhibition of some amazing set models.

From Randwick, students travelled (fittingly) to Broadway for On-Stage, where they were exposed to some innovative plays exploring a range of topics, from computer machinations and parental abuse to apartheid and September 11. These performances and the exhibition of HSC Drama Individual Projects in the foyer provided students with an appreciation of the standard of work that is achievable in Drama.



UNIFORM ORDER

The last order for this Term will be sent to the supplier on 16 March. Make sure you are prepared for the colder months and order your Hoodies now.

Order forms are available at the canteen and orders and money should be left with Mandy by this date.

Vicki Eather.

OPEN GIRLS TOUCH

Yesterday, the Open Girls Touch team travelled to the Taree Rec Grounds to play in the first round of the knockout competition.

In game 1, Gloucester played the hosts Chatham HS. Gloucester were stunned early by the pace of play of Chatham to be down 4-0. However, the girls matched their opponents in the second part of the game with Hannah Yates scoring, followed by Brodie Preston from a restart. Natalie Williams took a great intercept and ran the length of the field to score. Hannah West scored late in the game with the final result 8-4 to Chatham.

In the second game, Gloucester faced Wingham HS. Again Gloucester struggled with Wingham's direct play up the centre. Wingham led 4-0 before a try to Caitlin Wardrop and one to Brodie Preston saw the score at 4-2 with Gloucester outplaying their more fancied opponents. A late try to Wingham made the final score 5-2.

The third game of the day saw Gloucester play fierce rivals Bulahdelah. Gloucester got off to a flyer with Sarah Everett scoring early. Tragedy struck not long after with in form player Hannah Yates rolling an ankle in general play. This left the girls with only 1 sub but a fighting effort saw them prevail 8-2. Natalie Williams scoring 1 try, Caitlin Wardrop 2, Sarah Everett 3 and Brodie Preston 2.

The fourth and final game of the day saw Gloucester play Taree HS. With only 1 sub and playing their 4th game straight, the girls fell 6-1. Hannah West was the try scorer for Gloucester.

Overall, the girls played very well and improved as the day went on.

Mr Cameron

LIBRARY NEWS

PREMIER'S READING CHALLENGE 2012

Years 7, 8 & 9 can register online for the NSW Premier's Reading Challenge 2012.

Students must complete a set amount of reading by September 1: at least 15 PRC books and no more than 5 personal choice books.

For further information, have a chat to Ms Grey or if you have already signed-up please let her know. GHS Library has 341 titles that appear on the PRC Reading List!

CAN YOU HELP?

If you have any board and/or card games in reasonable condition that you no longer use or need, please consider donating them to the Library. Games like *Dominos*, *Checkers*, *Chinese Checkers*, and *Connect Four* teach strategy and thinking skills. Games such as *The Game of Life*, *Monopoly*, *Scrabble*, *Jenga*, and *Yahtzee* all teach math skills as well as strategy and thinking skills. Board games teach all sorts of things, such as friendly competition and good sportsmanship. They build learning and social skills and are just plain FUN.

SCHOLASTIC BOOK CLUB, Issue 2 # March 2012 is now available in the Library. Return your order with payment **by 23 March 2012**.

SENIOR BOOK CLUB

Stay tuned! Commences next term.

JUNIOR BOOK CLUB

Students in Years 7-9 are invited to join the Junior Book Club. This is a fun way to encourage reading, literacy and a sense of community in our school.

The first book for 2012 is *The Museum of Mary Child*, by Cassandra Golds.

This novel is valued at \$15-00 and must be paid for by each member before a school order is placed with the bookseller. Remember, this purchase is tax deductible.

The first Junior Book Club meeting will be held at lunchtime on Tuesday 3rd April in the Library Annexe. Bring your lunch.

Please submit your completed Membership Form and pay \$15-00 to the front office no later than Wednesday 14 March, 2012.

GHS Junior Book Club 2012 Membership Form

I hereby consent to my son/daughter/ward
(Year) participating in GHS Junior Book Club 2012.

I understand that being a member of the GHS Junior Book Club involves my child:

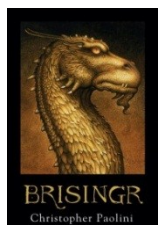
- purchasing and reading at least six carefully-selected books
- agreeing to meet during one lunchtime to discuss the book
-

Signature of Parent/Guardian: Date:

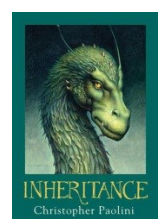
NEW BOOKS IN THE LIBRARY



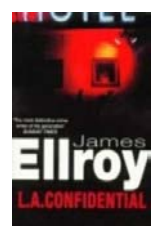
ELDEST is the second book in the *Inheritance Cycle* by Christopher Paolini and the sequel to *Eragon*. *Eldest* begins following several important events in *Eragon*. The story is the continued adventures of *Eragon* and his dragon Saphira, centring around their journey to the realm of the Elves in order to further Eragon's training as a Dragon Rider.



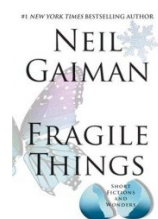
BRISINGR is the third book in the *Inheritance Cycle* by Christopher Paolini. *Brisingr* focuses on the story of Eragon and his dragon Saphira as they continue their quest to overthrow the corrupt ruler of the Empire, Galbatorix. *Brisingr* begins almost immediately after the preceding novel *Eldest* concludes.



INHERITANCE is the fourth book in the *Inheritance Cycle* by Christopher Paolini. It began with *Eragon*.....It ends with *Inheritance*. Not so very long ago, Eragon – Shadeslayer, Dragon Rider – was nothing more than a poor farm boy and his dragon, Saphira, only a blue stone in the forest. Now the fate of an entire civilization rests on their shoulders.



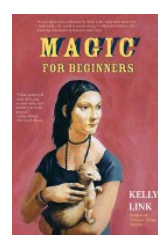
L.A. CONFIDENTIAL – Christmas 1951, Los Angeles: a city where the police are as corrupt as the criminals. Six prisoners are beaten senseless in their cells by cops crazed on alcohol. For the three L.A.P.D. detectives involved, it will expose the guilty secrets on which they have built their corrupt and violent careers..... Author James Ellroy



FRAGILE THINGS - A stunning book of short stories by the acclaimed fantasy writer, Neil Gaiman. These stories will dazzle your senses, haunt your imagination and move you to the very depths of your soul. This extraordinary book reveals one of the world's most gifted storytellers at the height of his powers.



TWENTIETH-CENTURY CRIME FICTION aims to enhance understanding of one of the most popular forms of genre fiction by examining a wide variety of the detective and crime fiction produced during the twentieth century. It introduces different theoretical approaches to crime fiction and will be a useful supplement to a range of crime fiction courses.



MAGIC FOR BEGINNERS -In this dazzling collection, prize-winning short story writer Kelly Link takes the ordinary and makes it strange - and the strange and makes it ordinary. Engaging, funny, eerie and magical, these nine stories prove Link to be an original and important talent. Of all the books you read this year, this will be the one you remember.

SCHOOL UNIFORM PRICES

JUNIOR (YEAR7-10)

Sky blue polo shirt	\$20:00	in stock
Sky blue polo shirt	\$22:00	new stock
Navy shorts	\$15:00	pre-pay order
Navy hooded jacket	\$32	pre-pay order
Spray jacket	\$54:00	in stock
Pattern for skirt	\$3:00	in stock
Navy polo sport shirt	\$20:00	pre-pay order

SENIOR (YEAR 11-12)

White Senior Polo Shirt	\$23:00	in stock
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FORMAL

School Tie	\$20:00	in stock
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STUDENT EMERGENCY CONTACT REPORT

Thankyou to everyone that has returned their Emergency Contact Detail Report . It is still not too late to return them so we can keep your childs's details up to date.



SCHOLASTIC - Book Club

Pick up your Book Club Catalogue Order (Issue 2) from the **LIBRARY**.

Orders for this issue need to be returned and paid for at the Front Office by 23rd March 2012


[GLOUCESTER HIGH SCHOOL](#)

2012 FEES

Please return this sheet to school with your payment. Thank you.

JUNIOR CONTRIBUTION				
Years 7 & 8	Whole year	046-001	\$40.00	
By Four Instalments	Per term		\$10.00	
Years 7 & 8 PRACTICAL	Whole year	046-003	\$40.00	
By Four Instalments	Per term		\$10.00	
Years 9 & 10	Whole year	046-001	\$48.00	
By Four Instalments	Per term		\$12.00	
SENIOR CONTRIBUTION				
Years 11 & 12	Whole year	046-002	\$60.00	
By Four Instalments	Per term		\$15.00	
TAFE STUDENTS	Whole year	046-002	\$40.00	
By Four Instalments	Per term		\$10.00	
ELECTIVE SUBJECTS - Years 9 & 10				
Agriculture	9/10	043 010	\$40.00	
Drama	9/10	043 001	\$15.00	
Food Technology (\$25 per term)	9/10	043 031	\$100.00	
Graphics	9/10	043 023	\$50.00	
Information Software Technology	9/10	043 006	\$40.00	
Music	9/10	043 045	\$40.00	
Photographic/Digital Media	9/10	043 049	\$50.00	
Technics - Metal	9/10	043 021	\$60.00	
Technics - Timber	9/10	043 022	\$60.00	
Visual Arts	9/10	043 040	\$35.00	
ELECTIVE SUBJECTS - Years 11 & 12				
Agriculture	11/12	043 011		
Construction VET	11/12	043 026	\$60.00	
Drama	11/12	043 002	\$20.00	
Early Childhood	11/12	043 037	\$20.00	
Food Technology	11	043 032	\$50.00	
Food Technology	12	043 032	\$20.00	
Hospitality Food costs per year	11/12	043 033	\$100.00	
Industrial Technology	11/12	043 020	\$60.00	
Info Processing & Technology	11/12	043 007	\$40.00	
Metals & Engineering VET	11/12	043 027	\$60.00	
Music	11/12	043 046	\$50.00	
Photography/Video/Digital Imagery	11/12	043 048	\$60.00	
Primary Industries	11/12	043 013	\$20.00	
Software Design Development	11/12	043 008	\$30.00	
Visual Arts	11	043 041	\$50.00	
Visual Arts	12	043 041	\$30.00	
			Total	\$

STUDENT'S NAME

YEAR

DATE

GHS STUDENTS COMPETED AT THE 2012 ABCRA NATIONAL FINALS AND NOWENDOC CAMPDRAFT



Olivia Gray riding Jewel at the ABCRA National Finals in Tamworth . Olivia was placed 5th in the 2nd round.



Jessie Coulter riding Sandy at Nowendoc Campdraft 2012 .

Jessie was awarded an Encouragement award for the Most Improved Junior Rider.



Wyatt Young riding Acre Liberty Beau at the ABCRA National Finals in Tamworth. Wyatt was received Juvenile Runner Title.



Logan Penfold also competed at the ABCRA National Finals, Logan rode Shannonvale Twilight .

In the 8-U13 years Campdraft he placed 3rd in Round One with 76 points and placed 5th overall (over the 3 Rounds).

Logan also competed in the Australian Stock Horse Association (ASHA), Gloucester Branch, for 2011 he was placed

1st Junior Cutout- Shannonvale Troubles

1st Junior Dressage -Shannonvale Twilight

1st Junior Working Horse -Shannonvale Twilight

RUNNER-UP—Junior Campdraft -Shannonvale Troubles



Transport
for NSW

Helping learner drivers become safer drivers

FREE workshops for parents and supervising drivers

To provide practical advice about:

- Current laws for L and P licence holders.
- Supervising learner drivers.
- Completing the Learner driver log book.
- The benefits of supervised on-road driving experience.

The next workshop in your area will be held:

Time and date:

Wednesday
28 March 2012
6.00 - 8.00 pm

Venue:

CWA Rooms
108 Church Street
Gloucester

Book now on:

4925 4200
enrolments@
weahunter.com.au

Hearing Impaired Children and their families and friends.

March event

SUNDAY 4th March 2012

2:00 pm to 5:00pm at Taree Aquatic Centre

Manning River Drive Taree.

Hope to see you all there.....



Any info required:

Text or leave a message for Robyn on
0428 688 612

POD support groups are coordinated by Parent Council for Deaf Education (PCDE), the peak body for parents of children who are deaf or hearing impaired in NSW. Ph: 9871 3049 E: pcde@bigpond.com
www.pcde.org



SHAKESPEARE in Gloucester

TWO BIG SCHOOL DAYS

Informative workshop session with director and actors following the performance.

performances

All performances take place at
Gloucester Soldiers Club Auditorium (RSL)
Denison St, Gloucester

BBQ Lunch
available

Thursday 10th May 2012

10.00 am

Friday 11th May 2012

10.00 am

\$10.00 per head

info & bookings

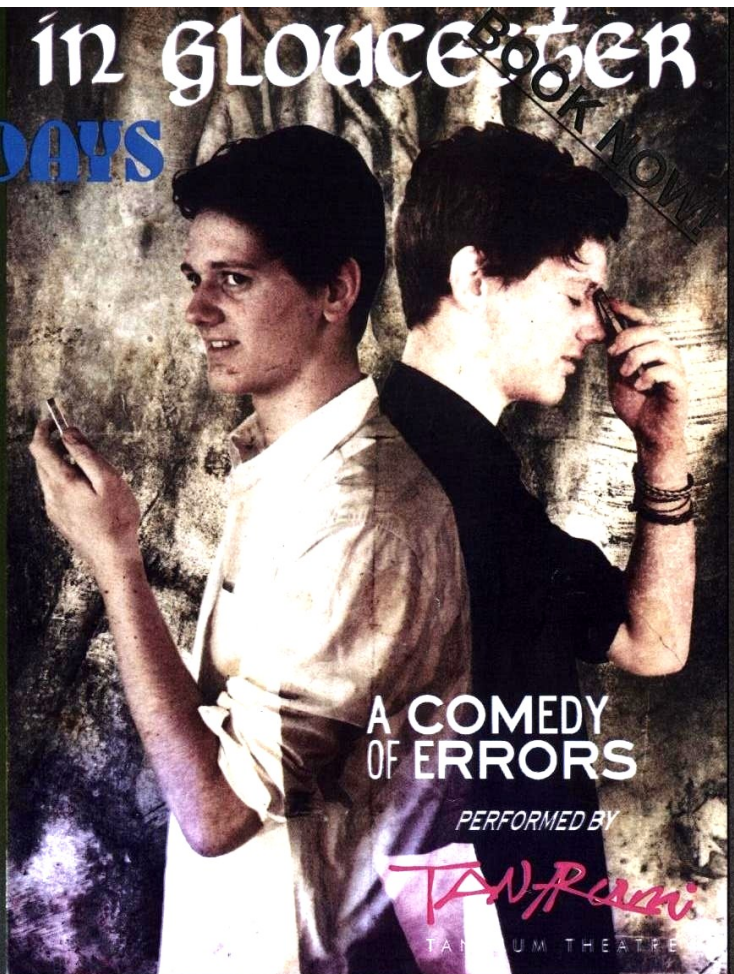
Gloucester High School

Tel: 6558 1605

Fax: 6558 1229

Contact: Scott Davis

[sjbjdav@bigpond.net.au](mailto:sjjbjdav@bigpond.net.au)





Health

Hunter New England Local Health Network

22 February 2012

Dear Parent,

The Lower Mid North Coast Children, Young People and Families Service and Manning Support Services (Gloucester) are running a series of FREE parenting seminars as part of the **Positive Parenting Program (Triple P)**.

The Triple P Seminar Series is a series of presentations on positive parenting for people with children aged 3-12 years. The seminars are designed to provide an overview and introduction to the principles of positive parenting for any interested parent. Parents learn how to use positive parenting to encourage children to learn the skills and competencies they need and to promote their health, development and overall wellbeing.

This will be a series of three seminars and each session is about 90 minutes long which includes time at the end for any questions you may have as a parent.

The most benefit will be gained from attending all three of the seminars however, attending just one or two can still be very beneficial to parents.

The seminars are being held during the Gloucester Playgroup on the following dates:

Wednesday 7 March @ 10:00am to 12:00 midday
Seminar 1: The Power of Positive Parenting

Wednesday 14 March @ 10:00am to 12:00 midday
Seminar 2: Raising Confident, Competent Children

Wednesday 21 March @ 10:00am to 12:00 midday
Seminar 3: Raising Resilient Children

Venue: CWA Rooms, Church St Gloucester

See over for more details about each seminar.

If you plan to attend, we'll need to know that you're coming and all you need to do is call Gloucester Community Health Centre on 6538 5058 and register your name for all or some of the seminars.

The seminars run for one hour with the extra time set aside for questions and discussion of parenting issues. We will provide tea, coffee and refreshments.

We look forward to seeing you at the seminars!

Andrew Harvey
Counsellor
LMNC Children, Young People and Families Service

Feenoa Ray
Family Support Worker
Gloucester



Department of Primary Industries

MEDIA RELEASE 21 FEBRUARY 2012

Becoming confident has never been so easy

Did you know that when people are asked what they fear most in life, the majority say 'public speaking'?

How often have you envied people who can so easily address a large group of co-workers or friends and secretly wished that that was you?

Well it can be; just one day improving your ability to speak publically, communicate better, and most importantly, develop that all important confidence.

Well known trainers Sandra Martin and Natalie Shepard will present a one day workshop at **Tocal College, Paterson on Sunday 11 March 2012**. Courtesy of the Department of Primary Industries Rural Support Funding the workshop is also priced at just \$50 per person. That's a saving of \$225!

This essential workshop will cover:

- How to conquer your pre-speaking nerves and overcome your fear of public speaking.
- Creating strong first impressions with your audience and clients
- How to use the stage so your audience stay engaged and interactive.
- 3 strategies for delivering impromptu speeches or presentations without any preparation
- Writing and delivering an unforgettable speech in 4 easy step
- The do's & don'ts of body language and gestures.
- How to answer the two questions that every audience asks.
- Voice modulation that will keep your audience engaged; and
- How to use language that will captivate and lead your audience.

Sandra Martin says "We believe there is no single skill more important for an individual's personal and professional advancement than the ability to speak well in public".

"Whether it be in a business or corporate or social environment, effective communication and conversation are paramount to a person's success," adds Natalie Shepherd.

Previous participants have described the public speaking course as "life-changing", "empowering", and "a completely new perspective to speaking". One attendee stated: "this is by far the best workshop I've done, it's so much more than just public speaking, it is empowering. I've gone from a nervous blithering mess, to a competent & confident presenter. Looking forward to my son's 21st!"

The workshop group is kept small to ensure loads of personal attention and opportunities to practice new skills in a supportive environment so book now to secure one of the limited places.

Bookings are essential. Please Contact Caroline Long Tel 6544 4902 or email caroline.long@industry.nsw.gov.au for further details.



OESOPHAGEAL
CANCER

AUCTION

ART ANTIQUES COLLECTABLES

1:30 PM SATURDAY 17 MARCH

STROUD SCHOOL OF ARTS

Morning tea & sausage sizzle available

Raffle + Cake Stall

Original art: Robert Pope, Anna Niblic Heggie, Maeve Vella, Jarwin Jagurmurra **Prints:** Jan Aldritt-Miller, Georges Meis, Deidre Hunt **Photographs:** Brian Corlis, Matt Filson, Susan Filson **Silver:** 19th c. tea set, **Silver-plate:** antique & modern **Porcelain China:** Burslam soup tureen & gravy boat, Royal Doulton beer mug/ plates, Royal Winton covered butter dish, Wellington plates **Crystal/Glass ware:** early 20th c crystal wine glasses, decanter **Leatherware Hand made:** Dirk Heyink Clutch bag, belt **Quilt Hand made** by Chloe Hutchinson **Furniture:** baby's cot wooden (old), wooden rocking chair, bed-ends, small wooden chest drawers **Books:** 18th c French, early 20th c children's

Disabled access available.

NO Buyer's Commission. Payment: cash or cheque. No credit card or Eftpos.

A Project of Stroud Lions Club

Contact: Susan & Rex Filson ph 4994 9163 email: 4mattsfund@gmail.com

AMAZING FACTS

* Boorer Carrot

Weight: 2592 grams

Top: 36cm round

Bottom: 12cm round

Length: 32 cms

Length with stalk: 117cm

* Average carrot weighs 75 grams!



SCHOOL CALENDAR—TERM 1

Thursday	8 March	Biology Excursion - Diamond Head
Friday	9 March	Year 12 Workshop Day—Wingham High
Tuesday - Wednesday	13-14 March	Senior First Aid Course
Friday	16 March	Art Express and Picasso
Friday	16 March	Mathew Doyle Workshop
Monday	19 March	Encore/ Sydney Opera House
Monday - Wednesday	19-21 March	Year 7 Great Aussie Bush Camp
Thursday	22 March	P&C Meeting
Monday - Friday	26-30 March	Year 10 Work Experience
Monday -Thursday	2-5 April	Year 10 Work Experience
Thursday	5 April	Excellence Assembly
Friday	6 April	Good Friday

CANTEEN—TERM 1



Phone –65589963



Monday	12 March	Elona
Tuesday	13 March	Kerry
Wednesday	14 March	Paula
Thursday	15 March	Kristy
Friday	16 March	Elona
Monday	19 March	Elona
Tuesday	20 March	
Wednesday	21 March	Yvonne S
Thursday	22 March	Elona

SCHOOL VISION STATEMENT

Gloucester High School aims to develop a supportive learning environment that engages all students, teachers and community in the pursuit of excellence.



Education & Communities

Principal Mr Pat Cavanagh
 Deputy Principal Mr Mike King
 Address: 129 Ravenshaw Street, Gloucester NSW 2422
 Telephone: 6558 1605 Fax: 6558 1229
 Email: gloucester-h.school@det.nsw.edu.au